

Xpressions

2024-'25
Annual College Magazine



North Bengal St. Xavier's College
A Jesuit Institution

Accredited with 'B+' by NAAC (1st Cycle)



College with a Difference



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NORTH BENGAL ST. XAVIER'S COLLEGE

A Jesuit Institution

A CO-EDUCATIONAL CATHOLIC MINORITY COLLEGE | AFFILIATED TO THE UNIVERSITY OF NORTH BENGAL
INCLUDED UNDER 2(F) AND 12(B) OF UGC ACT 1956

Accredited with 'B+' by NAAC (1st Cycle)

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Message

I extend my heartfelt congratulations on the publication of yet another edition of *X-pressions*, the annual magazine of North Bengal St Xavier's College, Rajganj. This magazine stands as a testament to the diverse activities and achievements of the College throughout the year. I deeply appreciate the unwavering efforts of the management, staff, and students in shaping North Bengal St Xavier's College into a premier educational institution of North Bengal.

I am delighted to see the College continue to expand its facilities — including the women's hostel, additional rooms in the men's hostel, a spacious and aesthetically pleasing canteen, and the relocation of the second campus to Matigara. Visiting the College is always a joy, offering an inspiring academic ambiance and a spirit of purposefulness and professionalism. Truly, it is a 'College with a difference'!

Best wishes and blessings!

Fr Shajumon C.K, SJ
Provincial
Darjeeling Jesuit Province



NORTH BENGAL ST. XAVIER'S COLLEGE
RAJGANJ / SILIGURI CAMPUS
WEST BENGAL

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Message from the Principal

*"The more that you read, the more things you will know,
the more that you learn, the more places you'll go."*

~ **Dr. Seuss**



Dear Students, Faculty, Alumni/ae, and Well Wishers,

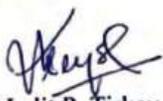
It is with great pleasure that I introduce this year's edition of our College Magazine, *Xpressions*, which has become a forum for thought-provoking ideas and creative output, delineated through writings which have been penned down skilfully. Our college magazine is also an engaging chronicle of institutional events. It is an authentic record of the milestones and various activities that are undertaken by North Bengal St. Xavier's College

throughout the year. Thus, it stands as a testament to the creativity, hard work, and intellectual prowess that define our college community. In these pages, you will find enwrapped a vibrant tapestry of reports, articles, stories, poems, photography, and artwork that reflect the diverse talents and perspectives of our students and faculty. Each contribution is a window into the unique minds that make our institution a place of learning, growth, and innovation. *Xpressions* thereby serves as a platform for our college community to voice its thoughts, share experiences, and showcase talents.

We all know, behind every achievement there is the hard work of some dedicated people. It is no different in producing this college magazine of high quality. Behind its success there is a dedicated editorial team that has worked painstakingly in compiling reports and other materials to form it into a yearly magazine. Therefore, I would like to sincerely congratulate the editorial team led by the Chief Editor, Dr. Rajarshi Bagchi, for their fabulous work in bringing out this year's college magazine. I also sincerely appreciate all those who contributed through creative writings, and reported various departmental and extended activities of the college.

Wish you all a happy reading!

Warm regards,


Fr (Dr) Lalit P. Tirkey, SJ
Principal



From the Desk of the Editor . . .



It is with great joy and delight that we present the new edition of *Xpressions*, the annual magazine of North Bengal St. Xavier's College. In its glossy pages, our readers will not only get a glimpse of our institution's growth in terms of academic milestones, but also feel the cultural vibrancy and social impact that we have generated in the previous year. Whether it be the setting up of a brand new campus at Matigara (Siliguri), the introduction of new learning initiatives like 'Math Talks', or new forums like X-Potential, not to mention the myriad initiatives, camps, and programs held by the various departments, clubs, cells, and committees of the college – *Xpressions* 2024-25 continues to encapsulate the dynamic and evolving character of our esteemed institution.

Embracing this spirit of dynamism and change, we have modified the structure of this year's edition by slightly altering the sections. We have distributed the content of the "Students' Corner" section throughout the length of the magazine, keeping students' writings right at the beginning under a new section titled, "Creative Crossroads". We have also introduced the use of AI tools in creating the design and illustration of the cover page of the magazine.

As the Chief Editor of *Xpressions* (2024-25), I express my sincere gratitude to our respected Principal, Fr. Dr. Lalit P. Tirkey S.J., for continuing to repose his faith on me. On behalf of the Magazine Committee at NBSXC, I humbly thank Rev. Fr. Shajumon Chakkalakkal S.J. (Jesuit Provincial & President of the Governing Body, NBSXC), Fr. John Kennedy Susai S.J. (Jesuit Superior), Vice-Principals of Rajganj Campus – Fr. Dr. Dennis Soosai S.J. (Administration) and Dr. Sourish Dasgupta (Academics), Fr. Basil Toppo S.J. (Vice-Principal, Matigara Campus), IQAC Coordinator Dr. Bipranch K. Tiwary, Dean of Students Ms. Nitya Rai, Fr. Dr. Dhivviyanandam Iradayaraj SJ (Estate Manager), and other esteemed members of the college authority and administration.

I also convey my warm regards to the Heads of the Departments, the Conveners and Coordinators of the clubs, cells, and committees of our college, the Teaching and Non-Teaching Staff, and to our printing partner (Agarwal Offset). My heartfelt thanks to esteemed colleagues in the Magazine Committee (NBSXC) for their gracious help, suggestions, and cooperation. A special note of thanks to Pavan Ma'am, Subham Sir, and Monami for helping me with the proofreading of the final draft. Last but not the least, I thank and appreciate our student-contributors for submitting their write-ups and artwork with great spirit and enthusiasm.

Xpressions 2024-25 strings together a colourful collage of ideas, achievements, reflections, and creative output – all of which highlight our aspiration for scaling greater heights of excellence and becoming significant agents of change. Like its predecessors, we hope and believe that the current edition of *Xpressions* will serve as both archive and inspiration for our institutional growth and potential – serving as a mirror to our past, a record of our present, and a beacon for our future.

Thank you and happy reading!

~ **Dr. Rajarshi Bagchi**
Chief Editor, *Xpressions*

Principal's Annual Report (July 2024 ~ June 2025)

It is my great pleasure to present the Principal's Annual Report (July 2024-June 2025), wherein we acknowledge and celebrate our achievements through the outstanding performances of our students and staff in the year gone by. The report also highlights the important activities which were organized by various departments and cells of the college during the academic session 2024-25, and thereby reflects upon how we can soar even higher in the future.

At the outset, let me congratulate all those students who have become toppers in studies or have been outstanding performers in non-academic fields.

I. Academic Performance of our Students

- **Sreemoyee Sengupta** (2023-24 batch of Microbiology) graduated from the college, having secured 1st position in the University of North Bengal. She now pursues her M.Sc. from Banaras Hindu University.
- **Results of the Graduating Batch 2024 (Rajganj Campus):**

Course	Appeared for Exams	O	A+/A	B+/B	F	Total
B.A. (Hons)	130	0	42	62	26	130
B.Sc. (Hons)	60	02	29	10	19	60
B.Com. (Hons)	47	0	07	09	31	47
B.A. (Prog.)	01	0	0	0	01	01
B. Com. (Prog.)	06	0	0	01	05	06
TOTAL	244	02	78	82	82	244

- **Results of the Graduating Batch 2024 (Siliguri Campus):**

Course	Appeared for Exams	O	A+	A	B+/B	F	Total
B.Com (Hons)	10	0	0	01	06	03	10
B.Com(G)	01	0	0	01	0	0	01
B.B.A (Hons)	15	0	0	03	09	03	15
TOTAL	26	0	00	05	15	06	26

II. Students' Achievements in Non-Academic Field (Games/Sports)

- **Navneet Chettri**, a 6th Semester student from Botany Department was selected for North Bengal University Volleyball team. He also represented our college in the East Zone Inter-University Volleyball Tournament held in North Orrisa University from Nov. 19-23, 2024.
- **Sameer Dhanuka** (Dept of Commerce - 2nd Semester) won Bronze Medal in the Triple Jump during the Inter-College Athletics Meet, 2024, organised by the University of North Bengal.

III. Achievement by Teaching Faculty

a. Completion of Doctoral Studies:

We congratulate our five faculty members for successfully defending their doctoral theses and receiving **Doctor of Philosophy (PhD)** degree in the academic session 2024-25. They are:

- **Fr. Dr. Dhivvyanandam Irudayaraj, S.J.** (Dept. of Mathematics) with the thesis titled, “A Study on Herscovici’s Pebbling Conjecture’, from Manonmanian Sundarnar University, Tamil Nadu, on the 19th of July, 2024.
- **Dr. Rajarshi Bagchi** (Dept. of English) with the thesis titled, “‘*Withagaint* the Other’: Ethics of the *Feminine ‘Self/s’* in Select Works of H el ene Cixous”, from the Department of English, Raiganj University (North Dinajpur, West Bengal), on the 19th of November, 2024.
- **Dr. Kamal Kishore Prasad** (Dept. of CS/BCA) with the thesis titled, “*Network Security Through A Mobile Agent Based Intrusion Detection Framework*”, from Sri SatyaSai University of Technology & Medical Sciences, Sehere, Madhya Pradesh, on the 21st of December, 2024.
- **Dr. Payel Saha** (Dept. of Comp. Sc/BCA) with the thesis titled, “An Approach towards Development of Artificial Neural Network Techniques to Detect Lupus Disease”, from the Department of Computer Science & Application, University of North Bengal, on the 25th of March, 2025.
- **Fr. Dr. Dennis Soosai, S.J.** (Dept. of Microbiology) with the thesis titled, “Studies on Molecular Diversity, Anti-Cancer and Anti-Inflammatory Effect of Rutin from Buckwheat (*Fagopyrum Sp.*) Cultivars of Sikkim and Nepal”, from the Department of Plant Biology and Biotechnology, Loyola College (Madras University), Chennai, on the 17th of June, 2025.

In all, we now have 23 faculties with Ph.D. and about half a dozen on the verge of defending their PhD theses, along with a few more set to follow suit.

b. Awards and Recognitions for Faculty Members:

The following faculty members of our college received awards/recognitions in different fields:

- **Dr. Bipransh Kr. Tiwary** (Dept. of Microbiology) was conferred with the prestigious national level SENIOR TEACHER Award for 2024 by Microbiologists Society of India during a ceremony held at Graphic Era University, Dehradun.
- He was also awarded **Research Excellence Award** for 2024 on Teachers’ Day at North Bengal St. Xavier’s College.
- **Dr. Jackson Gurung** and his five co-researchers have received the ‘Inventor(s) Patent Right’ for their invention titled, “Biodegradable Composite Material for Enhanced Soil Decomposition as a Sustainable Plastic Alternative”, which was awarded on 04.07.2024.
[S. Jana, A. Saha, J. Gurung, S. Pattanayak, L. Mishra, D. Saha, P. Majumder, and B. Dey, ‘Biodegradable composite material for enhanced soil decomposition as a sustainable plastic alternative’, Patent Application No. 202431051322, Govt. of India (Filed Date: 4th July 2024)]

c. Publication by Faculty members in Journals/Books/Book Chapters:

In the academic session 2024-25 many teachers of our college published their research works, which included seven (07) Book Chapters and twenty-four (24) Journal Articles in SCOPUS or UGC-CARE listed journals. The following faculty members published their research works:

Book Chapters

- **Sagar Sharma** (Dept. of Commerce) authored a book chapter titled, “The paradigm shift from the Traditional Shopping to Online Shopping in India - Consumer’s Perspective” in (P. Garg Ed) book, *Advances in Business Strategies and Management* in Helmand Books Publications, July 2024.
- **Dr. Payel Paul** (Dept. of Botany) co-authored a book chapter titled, ‘Evolution of Biofuel Development as a Source of Sustainable Bioenergy’ in *Genetic and Genome-Wide Microbial Insights: Bioenergy*, published by Academic Press (Elsevier) in 2025.
- **Dr. Soumyadip Ghosh** (Dept. of English) authored a book chapter titled, “‘What Verse Shall I Recite for You?’: A Dialogue Between Modernism and the Progressive Legacy in the Select Non-Film Works of Javed Akhtar”, (pp. 95-108), in (Rai, Dubey & Singh Eds), *English Literature: A Modern Perspective*, Malik and Sons Publishers, New Delhi, January 2025.
- **Fr. Dr. Dennis Soosai SJ** co-authored a chapter titled, “Anticancer effects of rutin from *Fagopyrum tataricum* (tartary buckwheat) against osteosarcoma cell line” in *Molecular Biology Report*, 2024.
- **Dr. Bipransh Kumar Tiwary** co-authored a chapter titled, “Biofilm Formation by *Staphylococcus aureus* in Bovine Mastitis: Relationship with Pathogenesis and Antimicrobial Resistance” in *Biofilm Associated Livestock Diseases and their Management*, published from Springer Nature, Singapore, 2025.
- **Dr. Haimanti Barman** published three (03) book chapters:
 - i) “Akhtaruzzaman Elias-er ‘Chilekothar Sepai’: Ek Vinno Somoyer Proswor” in P. Mondol & A.Rahman (Eds) *Bangladesher Kothasahityo: Phire Dekha Panchash Bachar (1972-2021)*, published by Prativash, 2024.
 - ii) “3rd Theatre er Prekshite: Badal Sircar er ‘Evam Indrajit’”, in P.K. Bhattacharya’s edited book, *Writtick NatyoPatrika*, published in Oct. 2024.
 - iii) “Narir DwaitoMukhaboyob: Nari O Nagini” in *Tarashankar Bandopadhyaya-er Srestha Galpo: Bisleshoni Pathh* by Dr. Bikash Paul, published in 2024.
 - iv) “Suchitra Bhattacharya-er ‘Kancher Deowal’: Dampottyto Samparker Antorbunon” in *Suchitra Bhattacharya: Nari Chetanar Unmesh* (Ed. Dr. Sanchita Saha), published by Ashokgatha, 2024.

Publications in Journals

- **Rosemary Subba** (Dept. of Geography) published an article titled, ‘A Brief Analysis of Gender Development Index of India’, in *Global Business School Impact*, ISSN: 2454- 8545, Volume 10, issue 01(2024).
- **Sumita Roy Choudhury** (Dept. of History) published a paper titled, “Women and Healthcare System in Darjeeling and Jalpaiguri during the 19th and 20th Century” in *KARATOYA*, North Bengal University Journal of History, Volume 16, 2024.
- **Dr. Soumyadip Ghosh** (Dept. of English) published a paper titled, “‘Between the Justice and Injustice a Hair Has Been Laid Down’: Locating the Strain of Language Poetry in the Select Prose-Poetry of Joy Goswami”, in the *Journal of the School of Language, Literature and Cultural Studies*, Series: 26, Book No. 03, published from Jawaharlal Nehru University, New Delhi.
- **Rajyavishek Pradhan** (Dept. of Political Science) published a paper titled, “The Weaponisation of Soft Power: From China to its Footprints in South Asia”, in *The Organisation for Research on China and Asia* (ORCA) on November 27, 2024.

- **Fr. Dr. Dennis Soosai SJ** (Dept. of Microbiology) co-authored and published a paper titled, “Mitigation of H₂O₂ induced Reactive Oxygen species and Proinflammatory cytokines by Buckwheat” (*Fagopyrum tataricum*) in *Biocatalysis and Agricultural Biotechnology* 63 (2025).
- **Fr. Dr. Dennis Soosai SJ** (Dept. of Microbiology), “Nutritional and Human Health Benefits of Buckwheat (*Fagopyrum Sp.*) of Nepal and Sikkim Himalayan Region”.
- **Dr. Abhisikta Bhaduri** (Dept. of Physics) co-authored and published a paper titled, “Biowaste-Derived Triboelectric Nanogenerators for Emerging Bioelectronics” in *Advanced Science*, 11, 42, on 9th September, 2024.
- **Dr. Abhisikta Bhaduri** (Dept. of Physics) co-authored and published a paper titled, “Self-powered Fluoride Detection and Removal System Using Waste Material Utilization and Self-healing Capabilities” in *Materials Today Communications*, in December 2024.
- **Dr. Payal Paul** (Dept. of Botany) co-authored and published a paper titled, “Prolonging Mulberry Leaf Longevity with Silver-doped Copper Oxide Nanoparticles: A Postharvest Approach” in *Discover Plants Journal*, in 2025.
- **Dr. Payal Paul** (Dept. of Botany), co-authored and published a paper titled, “Harnessing Endophytes: Innovative Strategies for Sustainable Agricultural Practices”, in *Discover Bacteria Journal*, in 2025.
- **Dr. Kamal Kishore Prasad** (Dept. of Comp. Sc/BCA) co-authored and published a paper titled, “A Novel Mobile Agent-Based Intrusion Detection Framework For Network Security Using SI-GAT and PP-FQCC ”, in *Educational Administration : Theory and Practice*, 30(5), 2024.
- **Dr. Biprانش Kumar Tiwary** (Dept. of Microbiology) co-authored and published three papers:
 - a) “Scalable Ultrasound-assisted Synthesis of Hydroxy Imidazole N-oxides and Evaluation of their Anti-proliferative Activities: Mechanistic Insights into the Deoxygenation of Dioximes”, *RSC Advances* 15, no. 2 (2025): 938-946.
 - b) “Peptidomics and Molecular Dynamics on Bioactive Peptides Produced and Characterized from the Fermented Whey of “Panchali” Sheep of West India”, in *Food Chemistry* 142466, (2024)
 - c) ‘Targeting Quorum Sensing as a Next-Generation Approach to Bacterial Infections’. *J Microbiol Biotechnol*, 9(4): 000307, 2024.
- **Fr. Dr. Dhivvianandam Irudayaraj SJ**, (Dept. of Mathematics) co-authored and published the following papers:
 - a) “PEBBLING ON SHADOWGRAPH OF CYCLE” in *Palestine Journal of Mathematics* 14, no. 1 (2025).
 - b) “VERTEX SQUARE FREE DETOUR NUMBER OF A GRAPH” in *Journal of Applied Mathematics & Informatics*, 43, no. 2 (2025).
 - c) “Monophonic Cover Pebbling Number of Standard and Algebraic Graphs” in *Communications in Mathematics and Applications* (Web of Science), 2024.
 - d) “MONOPHONIC PEBBLING NUMBER OF DERIVED GRAPHS” in *Journal of Computational Analysis & Applications*, 33(8).
 - e) “Monophonic Cover Pebbling Number (MCPN) of Network Graphs” in *UTILITAS MATHEMATICA*, 121(11), p.24, 2024.
 - f) “Non-split Domination Cover Pebbling Number for Some Class of Middle Graphs” in *Mathematical Sciences and Applications* (pp. 24-29), CRC Press.
 - g) “Topological Properties on Neural Networks Using Graph Properties” in *Circuits, Systems, and Signal Processing*, pp.1-28, (Scopus, Web of Science).

- h) **Fr. Dr. Dhivviyanandam Irudayaraj & Dennis S** published a paper titled, “Integrating Indigenous Knowledge Systems in Higher Educational Institutions of Tamil Nadu: Pathways to Cultural Preservation and Sustainable Development”, in *International Journal of Entomology Research*, Volume 9, Issue 11, Page No. 66-68, 2024
- i) “An Automated Multimodal Medical Image Fusion Framework for Alzheimer Detection Using Deep Learning”, in *Journal of Combinatorial Mathematics and Combinatorial Computing*, Volume 126. 73-9, 2024.
- j) “Monophonic Cover Pebbling Number of Middle Graph of Standard Graphs”, in *Indian Journal of Natural Science (Web of Science)*.
- k) “Pebbling Number of Star Related Graphs”, *Indian Journal of Natural Science (Web of Science)*.
- **Dr. Chandrani Choudhuri** (Dept. of Botany) co-authored two articles:
 - a) “Carbon Storage in Sacred Groves of Uttar Dinajpur: Implications for Climate Change Mitigation and Conservation Strategies” in *Environment, Development and Sustainability*, <https://doi.org/10.1007/s10668-024-05454-z>
 - b) “Impact of Silver Nanochitosan in Protecting Wheat Seeds from Fungal Infection and Increasing Growth Parameters” in *Plant Nano Biology*, <https://doi.org/10.1016/j.plana.2024.100116>
- **Dr. Jackson Gurung** (Chemistry Faculty) co-authored two articles:
 - a. J. Lalthlengliani, **J. Gurung**, and A. K. Pulikkal, Effect of amino acids on mixed micellar systems of drug promethazine hydrochloride and anionic surfactant AOT under physiological conditions, *Journal of Drug Delivery Science and Technology*, 2025, 110, 107037. <https://doi.org/10.1016/j.jddst.2025.107037>
 - b. L. Mishra, L. Hauchhum, **J. Gurung**, and R. Gupta, Environmental impact and performance comparison of solar and grid-powered dryers, *Energy Sources, Part A: Recovery, Utilization, and Environmental Effects*, 2025, 47 (1), 61–73. <https://doi.org/10.1080/15567036.2024.2441417>

d. Our Faculties as Resource Persons/Invited Speakers

- **Dr. Aparna Chatterjee** chaired a technical session in an International Conference organized by the Sociology of Sports Research Committee, Indian Sociological Society, held in Oluvil University, Sri Lanka on 22nd February, 2025.
- **Dr. Aparna Chatterjee** served as a resource person in an International Conference on ‘Contemporary Social Issues: A Global Perspective’ session organized by Bharathi Women’s College, Chennai, on 24th February, 2025.
- **Dr. Aparna Chatterjee** chaired a technical session in a National Research Scholars’ Conference on ‘Siliguri: A Historical, Geo-Political, Socio-Economic and Ethno-Cultural Matrix’ organized by Salesian College (Autonomous) Sonada and Siliguri, on 2nd May, 2025.
- **Dr. Aparna Chatterjee** served as a resource person and presented a valedictory address in a National Research Scholars’ Conference on ‘Siliguri: A Historical, Geo-Political, Socio-Economic and Ethno-Cultural Matrix’ organized by Salesian College (Autonomous) Sonada and Siliguri, on 3rd May, 2025.
- **Dr. Aparna Chatterjee** served as a resource person for an Add-On Course on ‘Ethnography’ organized by Surya Sen College, Siliguri, on 21st September, 2024.

- **Dr. Chandrani Choudhuri** acted as a PhD Supervisor for Dr. Divya Chouchan. Under her guidance, Dr. Chouchan received doctoral degree on the 5th of February, 2025, for her thesis titled, “Application of metallic nanochitosan against postharvest fungal pathogen of wheat and elicitation of resistance by solid matrix priming”.
- **Rajyavishek Pradhan** delivered a special lecture titled, “*The Geopolitical Chessboard: Indo-China’s Strategic Moves and the Remaking of South Asia*” at Salesian College (Autonomous), Sonada, on April 12, 2025.
- **Rajyavishek Pradhan** was one of the resource persons for an add-on course titled, “*Cornerstone of Indian Constitution: Perspectives and Trajectory*”, organised by the Department of Political Science, Domkal Girls’ College, Murshidabad, for the academic session 2024-25.
- **Fr. Dr. Dhivvianadam Irudayaraj, S.J.**, was resource person for a Five-Day National Webinar on Professional Development and Resource of STEM Education, where he delivered a talk on “*Green Technology: Building a Sustainable Future*” at St. Anna’s College for Women, Vishakhapatnam.
- **Fr. Dr. Dhivvianadam Irudayaraj, S.J.**, was resource person for a Six-Day National Level Faculty Development Program on “*Pedagogical Issues in Mathematics Education and Professional Development and Collaboration*” at Bon Secours College for Women, Thanjavur, Tamil Nadu.
- **Dr. Biprانش Kumar Tiwary** was a resource person during an Eleven-Day Training Program on *Recent Advances in Tissue Culture and Micro-propagation Tools and Techniques in Pineapple and Other Horticultural Crops* from the 28th of June to the 8th of July, 2024, sponsored by RKVY- RAFTAAR, Government of Bihar. He delivered a talk on the topic, “Microbes for Secondary Metabolites Production in Sustainable Agriculture” on the 6th of July, 2024.
- **Dr. Biprانش Kumar Tiwary** was a resource person at a National Seminar on *Microbial Mystery: Investigating the Unknown and Unseen* (MMIUU-2024), organised by the Department of Microbiology, Darjeeling Government College, on the 27th of September, 2024.
- **Dr. Biprانش Kumar Tiwary** was a resource person at an International Conference organized by the Biotechnology Society of Nepal (ICBSN-2025) on “*Biotechnology Innovations for Knowledge and Entrepreneurship (BIKE)*”, Kathmandu, Nepal, held from February 24-25, 2025.
- **Dr. Biprانش Kumar Tiwary** was a resource person at a National Seminar on *Microbial Technology for Health Environment and Employment*, held at the Department of Microbiology, Vidyasagar University, from 7th-9th of March, 2025.
- **Dr. Biprانش Kumar Tiwary** was a resource person at an International Conference on “*Biomake in India II*”, organized by Krishna Institute of Allied Science, Krishna Vishwa Vidyapeeth, Karad, Maharashtra, held from 19th-21st of January, 2025.

e. Paper Presentation in National/International Seminar/Conference / Workshops

- **Dr. Payel Paul** presented a paper titled, “Light and scanning electron microscopic characterization of pollen grains of some economically important wetland angiosperms from India”, at Ministry of Science and Technology, Young Scientist Conference, under the theme ‘*Frontiers Area of Research – Life Sciences*’ from 30th Nov – 3rd Dec, 2024, at IIT Guwahati.
- **Dr. Aparna Chatterjee** presented a paper, ‘Gender, Power, and Play: Transgenderism in Sports in India’ in an International Conference organized by the Sociology of Sports Research Committee, Indian Sociological Society, held in Oluvil University, Sri Lanka, from 21st to 23rd February, 2025.

- **Dr. Payel Saha** presented a paper on “Animal Detection Using SSD model with Raspberry pi for Vehicles” at the 6th International Conference on *Soft Computing and Its Engineering Applications*, organized by Charotar University of Science & Technology, Changa, (India) from 10th-12th Dec., 2024.
- **Sumita Roy Chouhdhury** presented a paper titled, “Colonial Encounters and Indigenous Remedies: The Transformation of Ayurveda and Folk Healing in Darjeeling, Terai, and Dooars (1850–1947)” at a National Seminar organized by the Department of History, Siliguri Mahila Mahavidyalaya, in collaboration with the Centre for Buddhist Studies, Raiganj University, on the 26th of April, 2025.
- **Dr. Kamal Kishore Prasad** presented a paper titled, “A Critical Review on Anomaly Detection: AI and Machine Learning Approaches”, at an International E-Conference on *Sustainability Approach: Role of Science & Technology* (SART-2024), organized by Sharadchandra Art and Commerce College, Oct. 11, 2024.
- **Rajyavishek Pradhan** presented a paper titled, “The Marital Race Theory and the Gurkhas in the 21st Century: Dynamics and Geo-politics in South Asia”, in ICCSR-ERC Sponsored International Conference on *Re-imagining South Asia: Geopolitical Inquests*, organised by Salesian College (Autonomous), Siliguri.
- **Dr. Asim Mitra** presented a paper titled, "Empowering Women, Sustaining Communities: Conceptual Model for linking community-based ecotourism and quality of life satisfaction" at the International Conference organized by Fr. Lafont Centre for Excellence in Research and Innovation of St. Xavier's University, Kolkata, on the 21st and 22nd of March, 2025.
- **Rosemary Subba** presented a paper titled, “Retrospecting Glacial Lake outburst flood in Sikkim: A critical juncture between climate, human and disaster” in an international conference and 45th Annual Meet of the Institute of Indian Geographers on *Mapping the Future: Geography for a Better World*, organized by the Department of Geography, North Eastern Hill University (NEHU), Shillong, Meghalaya from the 19th-21st of Dec., 2024.
- **Dr. Haimanti Barman** presented a paper titled “Swadhinota-Poroborti Bangla Sahitya: Nari Porisor” in an International Seminar on *Ashapurna Devi-r Chhotogolpo: Narir Nijwasi Sattwar Atmadarpan* from 19th -20th Feb, 2025.
- **Dr. Jackson Gurung** participated in the three-part series of the Web of Science Training & Certification Program 2025 – Season 1 (Certificate ID: 547736) held on the 27th, 29th, and 31st of January 2025.

IV. Dept Seminars -Workshops/Invited Lectures

- **Dept. of BCA/Comp. Sc.** organised: i) Special Lecture on “Machine Learning and its Applications” by Dr. Rakesh Kumar Mandal, Associate Prof., Dept of Computer Science & Technology, NBU; ii) Technical Workshop on “Advanced Ethical Hacking and Cyber Security” in collaboration with ISOEH, Siliguri.
- **Dept. of Commerce conducted:** i) “Career Counselling Session” by Mr. Vinit Rathi, Manager, Career Launcher, Siliguri, on March 19, 2025 ; ii) Students’ Workshop on “Income Tax E-Filing” on the 30th of April, 2025, with Dr. Pintu Prasad (Assistant Professor, KGTM, Bagdogra) as the Resource Person.
- **Dept. of Microbiology** organised an International Workshop-cum-Seminar on “Molecular Biology and Immunology (MBI 2025)” in association with the Internal Quality Assurance Cell (IQAC), NBSXC, and in technical collaboration with DNA Labs, CRIS, Dehradun, and the Microbiologists Society (MBSI) India from the 19th-21st of April, 2025.

- **Dept. of Microbiology** also organised an “Industrial Visit to DNA Lab, Dehradun” from the 4th to the 12th of April, 2025.
- **Dept. of English** organized a “Workshop on Communicative English” on the 11th of March, 2025, conducted by Ms. Sunita Lama (Teaching Faculty and ESL Instructor, Inspiria Knowledge Campus, Siliguri).
- **Dept. of English** also arranged a Special Class on the 3rd of March, 2025, titled ‘Cracking CUET and NET/SET Exams’ at Hall 1, Xavier Block (Rajganj Campus, NBSXC). The special class was conducted by Ms. Soumili Sarkar (Alumna, Dept. of English, NBSXC, 2023 Graduating Batch).
- **Dept. of Sociology** organized a workshop on “Ethnic Diversities of West Bengal” in collaboration with the Dept. of Sociology, St. Xavier’s College, Burdwan, on the 17th of February, 2025.
- **Dept. of Sociology** also conducted a ‘Project Tour to Rashmela, Cooch Behar’.
- **Dept. of Mathematics**, in collaboration with Dept. of Data Science (St. Xavier’s College, Palayamkottai, Tamil Nadu) organized a two-day International Conference on “Recent Trends in Data Science” from Oct. 25-26, 2024.

V. Activities by College Clubs, Cells, & Committees

Different Clubs, Cells, and Committees of the College also engaged staff and students all year round:

- The **Women’s Cell** observed *International Women’s Day* on the 7th of March, 2025, with a thought-provoking and empowering session titled, “She Matters: Prioritizing Women’s Health and Well-Being”, with two eminent healthcare professionals—Dr. Saheli Saha, a renowned oncologist, and Dr. Neha Bansal, a respected gynaecologist—as the speakers.
- The **Women’s Cell** also organized a ‘Self-Defence Workshop’, aimed at promoting personal safety, as well as empowering and boosting confidence among especially girl students.
- The **Internal Complaint Cell (ICC)** conducted an awareness programme on the ‘Sexual Harassment of Women’ with the theme, “Prevention, Protection, and Redressal) Act, 2013: Transforming Workplace Culture” on February 12, 2025. Dr. Sanyukta Moitra (Asst. Professor, Dept. of Law, NBU) was the resource person.
- The **Career Placement Cell** coordinated by Seikh Raunak Mandal organized: i) Industrial visit to Featherlite Buildcon Factory for 37 students; ii) Workshop on “Discovering the Career opportunities in Government Sector & Maximizing One’s Potential” by Rice Education; iii) Workshop on Building Impactful Interpersonal Skills; iv) A session on “21st century skills mastery & Ai tools for productivity and creative management as a fast track career” and “On Campus Placement Drive by First Source” on March 25, 2025.
- The **AICUF Unit** of the college conducted the following activities: i) Visit to Howrah South Point, Bakuabari, which is a home for the specially-abled and disadvantaged children; ii) On August 13, 2024, AICUF celebrated *International Day of World Indigenous Peoples*; iii) Organized a workshop on “Transformation & Reflection on Grass Roots Realities of Youth”, with resource persons Mr. Suman Ghale, Boni Rani Ghale, and Pasang Tamang from IMCS Nepal and Pax Romana; iv) Participation by some AICUF members in a state level AICUF Camp at Don Bosco, Kolkata, for reflection and discussion on the theme “Social Justice Warriors”; v) Organised “Breaking Taboos by Creating ‘Awareness on Menstrual Cycle’” for girl students of Standards VI-VII, at Harihar High School, Mogradangi, in collaboration with our NSS unit; vi) 3 of our AICUFers attended a *Students’ Leadership Programme* themed, “Lead Change -- Discernment in Leadership” (Feb 12-14, 2025) at St. Xavier’s College, Kathmandu, Nepal.

- The **Life Coaching & Wellness Cell** in collaboration with Dept. of Psychology organised: i) Poster making contest to generate awareness on “Suicide Prevention Week”; ii) organized “Act of Kindness” to observe Kindness Week on March 6, 2025. It was followed by students mobilising hampers for procuring gifts for Group-D workers’ children; iii) organized a Special Talk by Dr. Pavanbir Kaur on "Manners & Etiquette", held on the 13th of February, 2025.
- **X-istence (The Nature Club)** conducted the following activities:
 - i) “Tree Plantation Drive” in collaboration with college AICUF and NGO ‘Purba Dhansara Jote Jana Kalyan Samity’, ‘Himali Terai Gorkha Seva Samiti’, and the Sashastra Seema Bal (SSB), Ranidanga, in our college campus, on the 3rd of Sept., 2024; ii) “Enrollment for Internship Program” (for the second year in a row) with Purba Dhansara Jote Jana Kalyan Samity (PDJJKS), an NGO based in Siliguri, from Feb. 24, 2025.
- The **NSS Unit** of the college was instrumental in the installation of “Sanitary Napkin Vending Machine” on November 12, 2024.
- “**X-Ponential, The Current Affairs Forum**” was formed with Fr. John Kennedy Susai SJ and Mr. Rajyavishek Pradhan as its coordinators. The club was inaugurated on the 30th of September, 2024, which was followed by its first seminar, focusing on the “*R.G. Kar Medical College Incident*”.
- **X-Ponential** also successfully organised an insightful seminar on "The Trade War: Clash of Tariffs" on the 11th of March, 2025.
- The **Cultural Committee** organised – besides annual Xtravaganza and Xhilarate (with Student Council) – all the other cultural programs and competitions that engaged our staff and students.
- The **Game & Sports Committee** of the college organised, besides annual Sports Day (X-uberance), the first-ever Inter-College Kho Kho Tournament on Sept. 24 & 25, 2024, wherein 16 Men’s team and 19 Women’s team participated.

VI. Celebration of Important Days

- Under the aegis of **X-istence, the Nature Club** of NBSXC (and under the supervision of its coordinator, Ms. Barsha Dey), the college celebrated *World Environment Day* on the 6th of June, 2022 by organising Reels Competition; ii) *Earth Day Celebration* (in collaboration with AICUF, Dept.(s) of Pol. Sc., Sociology and Geography) by organizing Special Lecture, Essay competition and 3-D Model-Making Competition.; iii) the **Cultural Committee** organized celebration of *Cultural Diversity Day* on the 8th of May, 2025.

Besides these, *Republic Day*, *Christmas Day* and *Feast of St. Francis Xavier* (patron Saint of the College) were also celebrated in a modest scale.

VII. Other Important College Events

- **Alumni Association** of the college organised a Free Health Camp and Eye Testing for the Non-teaching staff, students, and villagers from our neighbourhood

VIII. Infrastructural Development & Future Plans

- On the 10th of January, 2025, the Siliguri Campus of the college was shifted to a new site near Jesu Ashram and National Highway as the **NBSXC, Matigara Campus**, with inauguration and blessing by the Chairman of Founder Body of the college, Fr. Shajumon SJ. The first Vice Principal of this new campus is Fr. Basil Toppo S.J.

- At Rajganj Campus, **three(03) Water Coolers** were installed, thanks to Mr. Prasun Banerjee (Public & International Relations Officer, NBSXC), who tapped the requisite fund from the proprietors of Star Cement.
- The **NBSXC Women's Hostel** named, "Patricia Hostel for Girls", is finally complete and ready to accommodate female students; work is in full swing towards completion of the **centralised Mess for both hostels and College Canteen**. We are thankful to Fr. Dhivvianandam Irudayaraj SJ for his tireless supervision of these works.
- Finally, **Rain Water Harvesting** has been put into place, and the **25KV Solar Panels have been recalibrated** to help provide greener energy for the college.

IX. Future Plans

- To complete the two floors of the 3rd Building (Loyola Block II).
- To prepare extra rooms to accommodate 4th Year students in near future.
- To start preparing for the 2nd Cycle of NAAC.

X. Conclusion

In conclusion, as we reflect on the remarkable achievements of this academic year, I am reminded of the words of William Butler Yeats: "Education is not the filling of a pail, but the lighting of a fire." The collective achievements of our staff and students have kept aflame the passion for excellence and learning within our college community. We are proud of our shared successes, and eagerly anticipate the great strides we will continue to make together in the future.

We thank the God Almighty for all the blessings bestowed upon each one of us in the last year. Our eyes are now gazing towards the next year, when the college prepares for its 2nd Cycle of NAAC. We also bid adieu to the last batch of students under CBCS system in the previous session. Under NEP we look forward to welcoming the new batch and the 4th year students – something that will make the teaching-and-learning dynamic quite unique. We invoke God's abundant grace upon this institution as it enters into its 19th year of journey in the academic session 2025-2026.

Thank you and God bless us all!



Rev. Dr. Lalit P. Tirkey, SJ
Principal, NBSXC.

Purpose of Human Life



Have you ever thought about who you really are? Have you ever wondered why we have this human body? Maybe we could have been born as an animal or a bird. Have you ever thought about your existence in this world? Have you ever considered the purpose of human life? Most of us do not ponder over these existential questions. Then let us explore our existence vividly as stated in the *Bhagavad Gita*. Why take the help of the *Bhagavad Gita*? Because, just as every new gadget comes with its manual designed by the designer, similarly, this human form of a gadget has its manual created by the Supreme Designer - God in the form of Shri Krishna, about 5000 years ago. Therefore, it is the summary and authority on the most confidential Vedic knowledge.

Returning to our discussion, as stated in *Bhagavad Gita*, Chapter 2, Verse 17-

*avināśi tu tad viddhi yena
sarvam idaṁ tatam
vināśam avyayasyāśya na
kaścit kartum arhati*

~ “That which pervades the entire body, know it to be indestructible. No one can cause the destruction of the imperishable soul.”

Then, our real identity is not this temporary arrangement known as ‘the body’. Our actual identity is that of eternal souls free from birth, death, disease, old age, or other forms of temporality and suffering. Now let us understand the purpose of human life as stated in the *Bhagavad Gita*, Chapter 7, Verse 19-

*bahūnām janmanām ante
jñānavān mām prapadyate
vāsudevaḥ sarvam iti
sa mahātmā su-durlabhaḥ*

~ “After many births and deaths, he who is actually in knowledge surrenders unto Me, knowing Me to be the cause of all causes and all that is. Such a great soul is very rare.”

As the Supreme Authority and the Supreme Lord, Shri Krishna says that a soul, after transmigrating millions of cycles of birth and death, finally knows its original position: it knows Krishna as the Supreme Cause of all causes and surrenders to His lotus feet. Krishna states that such a soul is extremely rare. Therefore, the sole purpose of this rare human birth is to surrender as soon as possible to the lotus feet of the Supreme Personality of the Godhead. The question then arises ~ How to surrender to the Lord?

The simplest answer is – by rendering service to Him and to His dear devotees, who are already engaged in His service. The key is that the ‘Service’ must be ‘Lovingly Devotional Service’ because, as stated in the scripture *Hari-bhakti-vilasa* —

*bhaktyā tuṣyati kevalam na ca
guṇair bhaktipriyo mādhaḥ*

~ “It is only the lovingly devotional service that attracts Madhav, not anyone’s qualities.”

Let us then strive to make the purpose of our human life a successful one by rendering loving devotional service at the lotus feet of the Supreme Godhead. Let us engage ourselves in glorifying His Holy Name, His qualities, His form, and make this life a success.

~ **Shruti Pandit**

4th Semester, Dept. of BBA (NBSXC)

Serenity's Symphony

In twilight's hush, where shadows play,
Amidst the trees, a gentle sway,
The breeze whispers secrets, soft and low,
As petals unfold and flowers grow.

The forest awakens, fresh and bright,
A tapestry woven, in morning light,
The sun's warm touch, ignites the day,
And all around, new life finds its way.

The river's voice, a soothing sound,
Echoes through the valleys, all around,
Its gentle flow, a lullaby sweet,
As the earth awakens from its sleep.

In this serene and peaceful place,
I find my heart, and a sense of space,
A connection to the land, so true,
A feeling that, my soul belongs to you.

The mountains stand, like sentinels of old,
Guarding the secrets, of ages untold,
Their peaks a challenge, to the sky so bright,
A testament to nature's majestic might.

As day gives way to the evening's hue,
The stars appear, like diamonds anew,
The world is bathed, in a soft, lunar glow,
And in the silence, my spirit starts to grow.

In nature's symphony, I find my peace,
A sense of belonging, for the world's release,
A feeling that I'm part of something grand,
A universe connected, hand in hand.

So let me wander, through this world so fair,
And let the beauty of nature be my care,
For in its splendour, I find my heart's delight,
And a sense of wonder, that will guide me through the night.

Reflections from the Window

On Easter morning, I stand and stare
Out the window at a world so bare,
The sunshine casts a golden glow,
But my heart feels heavy, with a sorrow to show...

I think of childhood days, so pure and bright,
When Easter eggs and candy brought so much delight!
The world seemed innocent, with love and laughter free,
But now it's tainted, with sins of humanity...

The streets are empty, save for strangers' faces,
Their eyes cast down, in a world of empty spaces,
The laughter silenced, the joy has lost its way,
As the world awakens to a new sinful day...

I long for simplicity, for innocence and light,
For a world that's untainted by the darkness of night,
But as I stand here, lost in thought and time,
I realize that change is the only constant that's mine...

The world may change, but hope remains the same,
A chance for redemption, a new holy flame,
That burns within our hearts, a love that's strong and true,
Guiding us forward to a brighter Easter, anew....

~ Deepshikha Deb

6th Semester, Dept. of English (NBSXC)

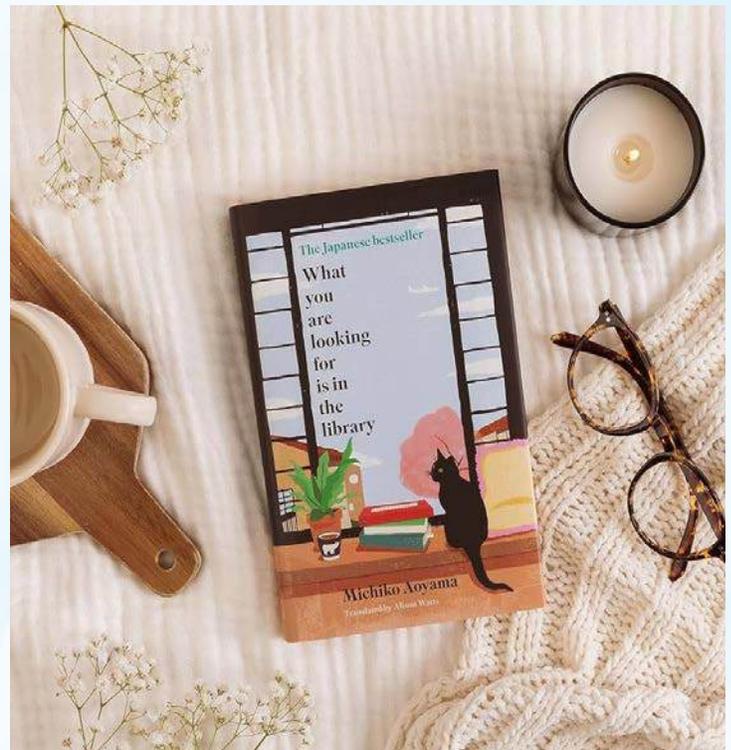
Book Review :

What you are looking for is in the library by Michiko Aoyama

“What are you looking for?” is a common question which we generally ask ourselves at some point in our lives. The book *What you are looking for is in the library* by Michiko Aoyama, translated by Alison Watts, tries to enlarge this question in a unique way. It helps readers realise the essence of life and what they truly desire. It feels like a warm hug for those who are lost or unhappy with their career, job, or life itself.

What you are looking for is in the library centres around five different characters who are at different phases of their lives. Tomoka is unhappy with her current job and is unaware of her skills. This makes her feel lost and useless. Ryo, a man in his thirties, feels discontented with his current job and dreams of starting his own antique shop, though he is uncertain about how to make it happen. After returning from maternity leave, Natsumi, once a magazine editor, finds her job downgraded, and motherhood feels different from what she had envisioned. Hiroya, disheartened after his first job, no longer works, but the library provides him with a sense of belonging, and helps him rebuild his confidence. Lastly, Masao, a retired old man, struggles with his new identity and purpose. But he finds guidance in a way he had never imagined, leading him towards the next stage of his life.

They say, “the library is not just a place where stories live. It is a place where you come to understand your own story better. Every book you pick up is a mirror, reflecting what you have not yet realized about yourself.” This book feels like a cosy embrace, gently exploring the journey of finding one’s place and happiness in the world. What I loved the most is its underlying message about the importance of community and human connection. In a world that often feels underwhelming with its emphasis on individualism, it was refreshing to read a story that celebrated simple acts of kindness, trust, and genuine relationships. The characters’ interactions with each other – the way they learned to open up and support one another – have



been sketched in a very heart-warming manner. It reminded me of the quiet but profound ways in which we all influence each other’s lives. I feel that Sayuri Komachi, the librarian, possesses a quiet yet almost magical presence that resonates throughout the story. Though she remains mysterious and we do not delve deeply into her personal life, her interactions with the library’s visitors leave a lasting impression. She is not the central figure, but her gentle guidance acts as a light, demonstrating the power of books and the journeys they can inspire.

By the time I reached the final page, I realized this book had quietly woven itself into my heart. The characters felt like long-lost friends, and their journeys and growth stayed with me long after I closed the book. *What you are looking for is in the library* was more than just a story; it reminded me of how books can entertain, heal, and bring us closer to understanding ourselves and others. It is one of those stories that stays with you, like the comforting scent of a beloved bookstore, or the serene ambience of a quiet library corner.

~ Bipasha Routh

4th Semester, Dept. of English (NBSXC)

Our Planet, Our Power

"The miracle is not to fly in the air or to walk on water, but to walk on the earth."

~ Chinese Proverb

The consumption of the 'Forbidden Apple', the 'Fall' from Heaven to Hell, the 'Genesis' of Earth, and the commencement of humanity – as delineated in *The Holy Bible*, this series of cosmic events gave rise to the beautiful blue globe we call our home. However, do you ever sit to ponder how this planet – created for the sake of humankind – is gradually perishing and diminishing because of its inhabitants' neglect? The planet we adore so much keeps bleeding, yet we remain unequipped, and our measures are futile. Have you ever wondered if the world handcrafted by God for His favourite children will survive long enough for our descendants?

'Our Planet, Our Power' is a slogan that reminds us of our roots that are imbued with the blood of Mother Nature. "Dust thou art, to dust returnest" – we rise from the Earth, we return to the Earth. Regardless of being the most intelligent species on the face of the Earth, we tend to forget that the planet we reside on has always given us an arm and a leg for our survival. Do we ever stop to think that the plastic we use to bring home our groceries, the cars we ride to reach our destination, the ACs we use to relieve ourselves of the excessive heat and global warming, the trees we cut down to build roads that connect our cities, and the forests we burn down to build great skyscrapers are slowly rotting our home away?

Despite being a source of despair for decades, human beings gradually realised the repercussions of their actions as pollution, earthquakes, and landslides became more frequent. The rising seas, melting ice, irregular rains, and devastating storms are not simply the wrath of nature, but the echoes of our choices. To counter such misfortunes effectively, The Earth Summit, or the United Nations Conference on Environment and Development (UNCED), was initiated in Rio de Janeiro in 1992. The summit also led to the adoption of important environmental treaties, including the United Nations Framework Convention on Climate Change (UNFCCC) and the Convention on Biological Diversity (CBD) to achieve the primary goal of addressing the concerns about environmental protection

and sustainable development. India, like many other nations, participated in the summit and adopted the principles outlined in the Rio Declaration and Agenda 21. April 22 turned up as the date to demonstrate our unwavering support for environmental protection and is now celebrated as "Earth Day".

In conclusion, it is important to note that the planet does not solely belong to us, humans. The planet houses around 2 million to 1 trillion species including all eukaryotes and prokaryotes. Earth is as much theirs, as it is ours. The planet has designed itself as a home to fit every species into it, yet self-seeking mankind keeps evicting and relocating its co-tenants. In modern times, shifting from fossil fuels to renewable sources of energy is not just a technological transition, but a moral one. Our power does not lie in dominance over nature, but in restoring the balance we have disturbed. As Joshua Becker would say, "The most environmentally friendly product is the one you didn't buy." Thus, the time has come to pledge protection for Earth and make conscious decisions in unison to rebuild our planet, and turn it into our power.

~ Shakambhari Sinha

2nd Semester, Dept. of English (NBSXC)



It's You

Words that I can't speak,
Things that I always keep,
Secrets hiding in the ocean deep,
Only you I wanted to seek...

I want you to look into my eyes,
To let you know the truth and lies,
It will tell you how much I truly miss,
Someone like you was on my wish list...

In my dreams there is you and me,
Day after day it's still you that I see,
If that sweet dream will turn into reality,

I want you to know that my love will last till eternity...

~ **Monami Dhar**

6th Semester, Dept. of English (NBSXC)

Flow of Life

The little children once made their huts beside a river.
They lived there and played together around the
riverside.

And whenever the elders tried to enter,
They playfully blocked the way of the ingress...

But now,

They themselves are 'the adults'.

They've forgotten about
their riverside village.

So busy in their own lives,

But for what?

They do not know.

Wherever their elders have run, or are still running,

Now they also run, behind them,

Without rhyme or reason.

But the river remembers them.

It always has.

The giggling, the quarrels,
and the tears...

Every bend in the river thinks of them

And then flows away quietly,

With the belief that

Childhood will find them and bring them back,

Together.

~ **Mehuli Mandal**

6th Semester, Dept. of English (NBSXC)

Lost in Transition

They say that nothing stays the same,

With time everyone will change.

But time seems to be running out of phase,

Telling us to hurry up and find ourselves.

Is it so easy for us to let go of our old souls?

Because it seems to lose its presence,

In search of the new soul.

It's not possible to learn all the ways of the world
professionally,

Still they expect you to be moulded into a perfect adult,
impossibly.

Not too soft, not too strict, not too hard,

Just the perfect amount of emotion,

Like they are creating a potion,

With a perfect mix of pixie-dust, without any
caution.

It is not possible to get back to childhood with
innocence,

But I just wish to feel like a child who is free from
blame.

When everything gets too heavy, I wish to feel the pain,

Instead of the facade I hold in the world: I never wish to
feel that burden again.

Adulthood is all about the constant --

Where nothing is permanent,

Where everything tells me, "You have to be strong!"

Without expressing much, I always reply,

"Yes, I am strong."

Her Voice, Her Story

She is someone who works 24x7

To keep it simple for everyone.

She works hard till late in the night,

To keep everything for everyone:

Always perfect, always right.

Doesn't let anyone feel any burden,

As she carries all of them.

She is a daughter, a sister, a wife, a mother.

But most importantly – She is a Woman.

She keeps dreams of her own,

within those four walls,

So that the dreams of other's do not fall.

She is kind and warm, but when needed

She can be the fiercest of them all!

The world has moulded her like that --

They couldn't see the pure and

beautiful smile of her soul,

They tried to cage it in the name of

society's rule and role.

She knows she is strong,

and works hard for her dreams.

She knows it's her voice, she knows it is her story,

She should always be ready to set her wings free...

Because,

It's Her Voice & Her Story –

And It is all for Her Glory!

~ Debaroti Mondal

6th Semester, Dept. of English (NBSXC)

A Historical Overview on The Political Turmoil in

BANGLADESH



Bangladesh is no stranger to suffering violence. In fact, it was conceived in the womb of enormous violence and war in 1971. Again, in 1975, it saw gunmen assassinate the creator of modern Bangladesh, Sheikh Mujibur Rahman – the father of the now-excommunicated former Prime Minister, Sheikh Hasina.

Tracing the Roots of Communalism in Bangladesh: A Historical Perspective

The communal sentiment was developed with the formation of Muslim League in 1906. In 1909, the Morley-Minto Reforms Act accepted separate electorate for Muslims, and in 1940 Muhammad Ali Jinnah promoted the infamous ‘Two-Nation Theory’ which fuelled the fire and created an unbridgeable gulf between the Muslim League and the Indian National Congress. Due to the resultant communal riot in 1947, India was split into two nations.

The British colonists had planned to partition the Bengal Province on the basis of the minority population in the province, and had already fuelled religious sentiments by declaring the partition of Bengal in 1905. However, the partition was annulled in 1911 because of massive protests. It was in 1947 that Bengal was partitioned on religious basis and it became East Pakistan. It saw another shift in its national shape in 1971 when Bangladesh, a part of Pakistan from 1947-1971, gained its independence as a sovereign independent country. But since 1975, Bangladesh has witnessed at least 39 military coups and frequent instances of episodic violence. This, after a long and bloody struggle for autonomy from Pakistan, remains the unfortunate fate of the country.

Role of Moderate Muslim Leaders

Muslim leaders in pre-independence India demanded separate electorates to ensure that Muslims could elect their own representatives in legislative bodies

without being overshadowed by the Hindu majority. There was a growing concern that Muslims might lose their distinct cultural, religious, and political identity due to the dominance of the Indian National Congress (INC) and its perceived Hindu-majority politics. They even pushed for the increase in government support for Muslim education and employment opportunities, as they felt that Muslims were lagging behind in modern education and economic progress.

Simla Deputation (1906)

A delegation of Muslim leaders, led by Aga Khan, met Viceroy Lord Minto at Simla in 1906, presenting a memorandum that outlined Muslim political demands. The positive response from the British encouraged Muslim leaders to form a separate political organization. As a result of these demands and concerns, the All India Muslim League was officially founded on 1906, in Dhaka, with Nawab Salimullah, Aga Khan, and other leaders playing key roles. The League initially aimed to safeguard Muslim interests within British India but later evolved into a movement for Pakistan under the leadership of Muhammad Ali Jinnah.

Establishment of Aligarh University

Sir Syed Ahmad Khan believed that Muslims needed Western education to compete with the Hindus, who had embraced British-style education. He feared that without modern education, Muslims would remain backward and politically weak. This thought led to the

establishment of the Aligarh University.

Leaders like Sheikh Mujibur Rahman, Huseyn Shaheed Suhrawardy, and A.K. Fazlul Huq championed Bengali rights within the framework of Pakistan.

Role of Extremist Muslim Leaders

After 1947, Extremist Muslim leaders played a crucial role in the liberation of Bangladesh by advocating for armed resistance against West Pakistan's military rule. Their efforts, alongside the actions of moderate leaders, ultimately led to the creation of an independent Bangladesh. Tajuddin Ahmad (Prime Minister of the Provisional Government), although a political leader, strongly supported armed resistance. He led the Mujibnagar Government (1971) in exile and coordinated the war effort. He played a major role in securing Indian support for the Mukti Bahini (freedom fighters).

How Nationalism Fueled the Quest for Bangladesh's Liberation:

The idea of nationalism played a crucial role in the formation of Bangladesh, shaping the country's struggle for independence from Pakistan in 1971. Bengali nationalism emerged as a response to political, economic, and cultural discrimination by West Pakistan, leading to a strong movement for self-determination.

The first expression of Bengali nationalism emerged when Pakistan attempted to impose Urdu as the only state language. The Bengali Language Movement protested this decision, leading to the recognition of Bangla as one of Pakistan's state languages in 1956. This movement instilled a strong sense of Bengali identity and unity.

History's Impact: Shaping Bangladesh's Present through its Past

The rivalry between the Awami League and the Bangladesh Nationalist Party has shaped the political destiny of Bangladesh. This rivalry is not new – it has been forged by decades of antagonism dating back to the post-1975 period, especially after the assassination of Sheikh Mujibar Rahman and subsequent military regimes. Neither party has ever truly accepted the legitimacy of the other when in power, creating a winner- takes-all political culture.

Present Scenario:

The violent protests, strikes, and clashes between the Ruling Party (Awami League) and the Opposition (BNP/ Jamaat), leading up to and after the elections, are a clear result of deep-rooted political polarization.

Views of Historians:

As Gyanendra Pandey concludes, "It (i.e., this recent turmoil in Bangladesh) has turned aside from an exclusive concentration on high politics and the question of ultimate responsibility to reopen other issues crucial to an understanding of our recent history and politics, the suffering of bewildered and angry men, women and children in 1947, the construction of women and children as community and national property, the isolation of religion as the sole mark of a citizen's identity, the unashamed patriarchalism of the state."



~ Guntla Lavanya

6th Semester, Dept. of History (NBSXC)

Literature and Bollywood: An Everlasting Bond

Literature and Bollywood, the biggest film industry in the world, share a long history together. Literature has been a vital source of inspiration for Indian cinema, enriching it with strong narratives, engrossing characters, and thought-provoking topics in both classic adaptations and modern stories. Bollywood has brought timeless stories to life on the big screen by skilfully fusing the literary world with cinematic genius over the years.

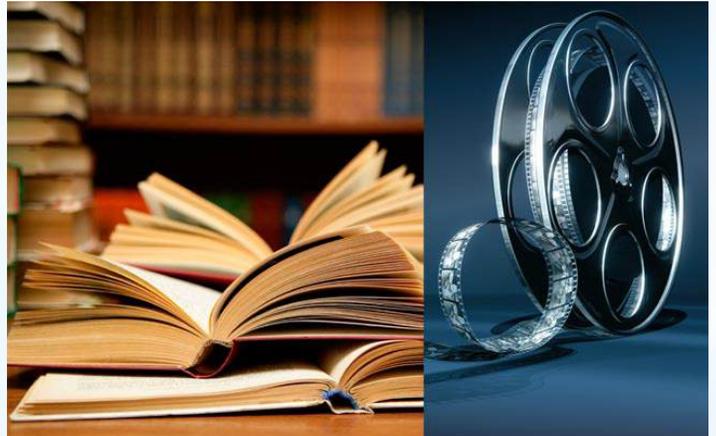
The 1935 film *Devdas*, which was adapted from Sarat Chandra Chattopadhyay's book of the same name, is among the first instances of literary adaptation in Bollywood. Many versions of the tragic love story have been made -- the most well-known being *Devdas* (2002), which was directed by Sanjay Leela Bhansali. In a similar vein, Munshi Premchand's writings have impacted movies such as Satyajit Ray's *Shatranj Ke Khilari* (1977), which used a subtle storytelling technique to depict the spirit of colonial India.

Bollywood has also welcomed literature from across the world. The three films of Vishal Bhardwaj's trilogy—*Omkara* (2006), *Haider* (2014), and *Maqbool* (2003)—are adaptations of the immortal tragic plays *Othello*, *Hamlet*, and *Macbeth* respectively by William Shakespeare. These movies make sense for contemporary audiences by imaginatively fusing Indian socio-political settings with Shakespearean drama. Classic literature adaptations, like Rudyard Kipling's *The Jungle Book*, have also gained popularity in Indian cinema.

Contemporary cinema continues this trend. Chetan Bhagat's bestsellers, such as *2 States* (*2 States*, 2014) and *Five Point Someone* (*3 Idiots*, 2009), have been made into popular Bollywood movies that appeal to young audiences. Likewise, Salman Rushdie's *Midnight's Children* and Arundhati Roy's *The God of Small Things* have also impacted film narratives. In addition, the emergence of web-based streaming services has created new opportunities for literary adaptations. It is evidenced by television shows like *The Night Manager* and *Sacred Games*, which are based on Vikram Chandra's popular books.

In addition to direct adaptations, Bollywood frequently uses literary ideas in its stories. Character arcs and moral quandaries in movies have been shaped by frequent allusions to epic stories like the *Ramayana* and the *Mahabharata*. These epics are used in contemporary political dramas in films such as *Raajneeti* (2010). Bollywood has also been heavily influenced by poetry, with well-known poets like Sahir Ludhianvi and Javed Akhtar influencing song lyrics and dialogue.

Literature provides Bollywood with a rich tapestry of emotions, conflicts, and philosophical insights, allowing filmmakers to craft narratives that are both entertaining and thought-provoking. As Bollywood evolves, its relationship with literature remains strong,



ensuring that timeless stories continue to find new expressions on the silver screen. Whether through grand adaptations or subtle literary influences, Bollywood continues to celebrate the written word, making literature an inseparable part of its cinematic journey. Bollywood's strong ties to literature ensure that classic tales continue to find fresh cinematic interpretations as the industry develops. Bollywood continues to honour literature, incorporating it into its filmmaking process through both overt and covert literary inspirations.

~ **Monami Dhar**

6th Semester, Dept. of English (NBSXC)

VENOM & VALOUR

The river glittered under the moon, its soft flow whispering old stories. Manasha Devi stood quietly on the banks, watching the water ripple beneath the night sky. The wind caressed her face, soft as a prayer. Tonight should have felt like victory. Chand Sadaagar had finally bowed to her, by placing a flower at her feet. Yet, even in his surrender, he had turned his face away. His pride refused to see her as anything more than a force to be feared. Manasha sighed. She had won, but at what cost? Was power only worthy of respect when it inspired terror? The weight of it pressed heavy on her heart. She had fought hard to be acknowledged, to be understood, but in the end, she was still alone.

A soft hiss drifted through the air. Manasha turned.

Medusa stood beneath an ancient tree, her form half-hidden in shadow. Her golden eyes flickered like dying embers, and her hair shifted softly, with serpents curling and coiling, their eyes glimmering in the dark. She stepped forward, each movement slow, almost cautious.

“You called me,” Medusa said, her voice low. “Why?”

Manasha studied her carefully. Then she calmly replied, “Because I know the weight you carry.”

Medusa laughed, bitter and sharp. “Do you? I was cursed, betrayed. Once, I was a maiden of Athena’s temple, devoted and pure. But when Poseidon’s desire defiled me, the goddess punished me instead of him”. Her fingers brushed the serpents resting against her neck. “Now my eyes turn others to stone. I was made into a monster.”

Manasha stepped closer to Medusa, her voice soft but steady, “You are not a monster. You are power.”

Medusa scoffed, “Power?! You were a goddess. You wanted power through worship. My gods left me broken.”

Manasha looked away, the memory of Chand Sadaagar’s cold acceptance cutting deep. “I never wanted worship. I wanted to be seen. Chand Sadaagar gave me a flower but refused to meet my gaze. Even when they accept us, they fear us.” She peered into Medusa’s eyes. “But fear, or guilt, is not the only path.”

Medusa frowned. “What do you mean?”



Manasha reached out, her fingers brushing one of the serpents. It stilled beneath her touch. “These snakes, they are not your chains. They are your strength. Athena wanted to bury you in shame, but she forged a weapon. The power to turn those who harm you into stone is not a curse. It is a protection.”

Medusa trembled. “Protection?”

“Yes.” Manasha took her hands in her own. “Don’t fear your snakes. Don’t be guilty or ashamed. Wear these serpents like a crown.”

Medusa closed her eyes. She could feel the dead weight of centuries slowly softening, lifting from her shoulders. When she opened her eyes again, she slowly walked to the river. One serpent slid from her head, curling around her arm. She knelt and released it into the water, watching as it slipped beneath the water’s surface. It felt like a sacrificial ritual: sacrificing not the pain, but the fear of it. Medusa turned back, her eyes glowing not with rage but with a quiet strength. “I am not broken.”

Manasha smiled softly. “No. You are reborn.”

The wind stirred, carrying their voices across the night. Manasha spoke once more, her words sharp as steel: “Let those who call us monsters, beware. The serpents have awakened and they do not forget.” Medusa smiled, and for the first time, the night felt warm.

Together, they stood beneath the moon, no longer cursed. No longer alone.

~ Suryai Nag

2nd Semester, Dept. of English (NBSXC)

Book Review :



STUDENT RIGHTS...

by AICUF-IMCS AsPac Publications



Student rights have long been a topic of discussion and debate within educational systems worldwide. Not every student is aware of their rights. The writers of the booklet, *Student Rights*, has kept those students in mind. This book was published in 2004 by the AICUF-IMCS AsPac Publications. Many writers and professors have contributed to this book. They include Prof. SJA Rachiaraj, Nazaras, Edison, Sylvia, Rajan, Manickam, Mary, Antony, Aileen, Elango and Bala Swamy Ch. This booklet carries twenty-seven chapters instructing values and ways of student rights, making them sensitive to their inalienable rights – right to participate in community affairs, to decide on policy matters, to enquire, discuss, listen, evaluate, etc.

The Preface of this booklet gives answers to questions such as, “Who is a ‘student’? What are ‘student rights’?”. It elucidates that a ‘student’ is an individual who is engaged in learning, typically enrolled in an educational institution such as a school, college, or university. Students are involved in acquiring knowledge, skills, and values through formal education or training programs. ‘Student rights’ are the legal and ethical rights granted to students to ensure they receive a fair, safe, and supportive educational environment. These rights are meant to protect students from discrimination, exploitation, and violations of their dignity and freedom, while enabling them to fully participate in their educational journey. This booklet raises strong statements like, how poorer sections of the society often face several barriers that deny them access to education despite the legal framework in India that ensures the right to education. Looking at the poor condition of government schools, parents do not want their kids to study there. And on the other hand, private schools have set their standards, following undeclared rules to exclude poor kids from enrolling. This is clearly a violation of student rights, and it amounts to discrimination towards underprivileged students.

Student Rights provides proper explanations to different articles like, Articles 14, 15, 19, 21, 29, 30, 39A, 46, and the concept of ‘rights’. Ch. 9 explains Article 19: this article guarantees freedom of speech and expression, which is an important right for students, especially when it comes to voicing opinions or protesting against injustices or unfavourable policies. However, the exercise of this right can be subject to reasonable restrictions related to public order, morality, and national security. Ch. 14, ‘Right to Reservation of Seat in Education’ states that the Right to Reservation of Seats in India is a key feature of the country’s affirmative action policy, ensuring that historically marginalized groups, such as SCs, STs, OBCs, and EWS, have the scope to access education and employment opportunities. It needs to be mentioned here that while the system has been critical in promoting social equality, there are ongoing debates about its effectiveness and fairness, particularly regarding its impact on merit and the needs of economically disadvantaged individuals outside the reserved categories.

Ch. 23, ‘Right not to Be Discriminated’ describes Article 15 which states that students cannot be discriminated against in educational institutions on the basis of religion, race, caste, sex, or place of birth. It promotes the concept of ‘equality in education’, providing every student with an equal opportunity. The 27th chapter of this booklet shares a story of a tempo driver in Chennai named ‘Anthony’. His parents were illiterate but they wanted Anthony to get education. They enrolled Anthony in a government school but teachers there evinced a complete disregard for their work. Eventually, Anthony lost interest in studying and dropped out of school after the sixth grade. He mentions that he was good in mathematics and could have become a mathematics teacher or a clerk. This highlights the critical situation of our education system where teachers are not committed to teaching. Students have a right to raise their voice and demand proper

education. Student rights are a critical aspect of the educational experience, ensuring that students are able to express themselves, learn, and grow in a safe and supportive environment. As society continues to evolve, so must the ways in which we address and protect the rights of students.

Pros: This book makes a useful resource for both students and educators. The inclusion of real-life examples helps readers grasp student rights and how it works, giving the book an engaging and relevant perspective.

Cons: This book contains contributions of many writers, thus, it is a complex writing having different writing styles. It might seem a little complex for people who speak English as a second language or are new to the language.

To conclude, I have learnt a lot from this booklet about the education system, student rights, and other social norms. I am highly in favour of recommending this book to each and every student who wish to know about their rights.

~ **Vibhuti Ddungdung**

2nd Semester, Dept. of History (NBSXC)



Flight for Dreams

I can sing with rhythm and tune,
If it's good, you must clap soon!
From classical notes to rock and rap,
Hear me once - you'll tip your cap!

I love to travel, far and wide,
All I'll see, the ebb and the tide.
With perfect winds, I'll soar with grace,
Exploring the world, each and every place!

Friendly I am, with all I can blend,
A smiling face to all I can always send.
Every friend is dear to me,
Bound in love, as one should be.

I work with care, with whole heart and mind,
At the right time, my skills you'll find.
Not a job, but a business bright,
I'll build my kingdom, strong and full of might!

The youth will stand with me,
Together we'll shape our legacy.
I'll better myself and walk with grace,
And spread over the world,
true harmony's fragrance...

~ **Snigdha Mallick**

6th Semester, Dept. of English (NBSXC)

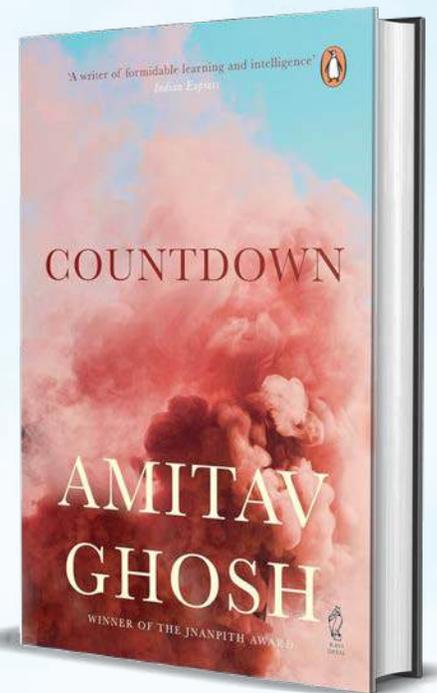
Book Review :

COUNTDOWN

by Amitav Ghosh

COUNTDOWN is the first non-fictional work by Amitav Ghosh that I have read recently, and his craft of being profound yet comprehensible makes this 84-pager an engrossing read. It was partially published as a newspaper article and hence the style is that of a journalistic piece. However, by the 84th page, one feels as if one has completed reading a long-form work of non-fiction. This essay is based on the 1998 nuclear tests, first by India and then followed closely by Pakistan in retaliation.

On May 11, 1998, the Indian government tested five (05) nuclear devices, some forty kilometres from Pokhran in Jaisalmer (Rajasthan). Seventeen days later, Pakistan tested nuclear devices of its own. About three months after the tests, Amitav Ghosh visited the Pokhran area, after which he visited Kashmir as part of the Defence Minister of India's entourage. He also went to the Siachen glacier in the Karakoram Mountains, where Indian and Pakistani soldiers have been exchanging fire since 1983. Ghosh then travelled extensively through Pakistan and Nepal.



Ghosh's energetic prose synthesizes personal experiences with comprehensive research, making his work both clear and insightful. The manner in which he incorporates identity, history, and politics into his thoughts is so enchanting that some scholars refer to him as a literary magician. The context that he provides about the nuclear tests places them in the story of colonialism and post-colonial identity. This makes the book useful not only for the events of 1998, but for the ongoing battle over identity and security in South Asia.



COUNTDOWN is in part an outcome of all these travels and the conversations of many hundreds of people in the subcontinent. It is, in its portrayal, a profoundly disturbing, chilling, as well as evocative and haunting analysis of the compulsions and the consequences of nuclearizing South Asia. It is a provocative piece of literature which interweaves the facets of identity, ethics, and power in the contemporary nuclear world. The themes that Ghosh raises are relevant in every epoch, and this book undoubtedly enhances debates on the use of nuclear arms and its aftermath for humanity. It is a quintessential book for those fascinated by the nexus of politics, history, and the human condition.

~ Monami Dhar

6th Semester, Dept. of English (NBSXC)

Unrealizable

What if I was born a bird,
I would have flown higher than the lark,
And escape realities of life that are quite so dark.

What if I was born a butterfly,
I would have extracted only the nectar of life,
So that there be no obstacles which could make me cry.

What if I was born a lioness,
I would have been of death quite fearless,
Ruling the world with majestic arrogance.

What if I was born a dove,
I would have spread only purity and spirituality,
Transforming the world into a heaven, guilt-free.

What if I was born with supernatural powers,
I would have bettered everything,
Making people greet me with flowers!

What if I could go back to infancy,
I wouldn't have cared for the mundane routines of life,
Dreaming peacefully of life as
just being some god's fancy.

~ Duenna Adhikari

4th Semester, Dept. of English (NBSXC)

Between Dreams and Reality



I wish to skim over the delicious edge of harmony,

That begins in loneliness
and ends in a cloistered solace.

I wish to listen to the melodious beat
of your heart,

That sings of pain and love,
of heart aches and stings of passion.

I wish to dance to the rhythm of thoughts
which my euphoric mind creates!

I wish to smell the autumn air
and the crisp breath of
the rainbow after a storm.

I wish to live and survive.

Live to the fullest, and only then, die.

I wish to be remembered
But with my follies forgotten.

Escape my reality sometimes,

But also stay grounded.

I wish to enjoy both:

My imagination and my existence!

~ Seema Ale Magar

2nd Semester, Dept. of History (NBSXC)

Looking Back: X-HILARATE 4.0

On March 1, 2025, the Students' Council of NBSXC successfully orchestrated X-hilarate 4.0, a students' festival designed to celebrate the richness of cultural expression and enhance community engagement on the college campus. The event combined live musical performances by student groups with special appearances by a guest band and a DJ, creating an unforgettable experience for all the attendees.



The festival was characterized by a meticulously crafted ambience, featuring dynamic lighting, carefully coordinated visuals, and an exemplary sound system. These elements collectively contributed to an



atmosphere that was both scintillating and immersive. The NBSXC College band delivered a series of engaging live performances that underscored the creative talent present on our campus.

In addition to the students' performances, a distinguished guest band, MO2, was invited to perform, thereby enriching the musical repertoire of the event.

A well-known DJ was also part of the line-up, providing a series of energizing sets that maintained a continuous flow of musical excitement.

The Students' Council demonstrated commendable planning and organizational skills. The event was supported by clear communication strategies, effective crowd management, and a seamless transition between the various performances, ensuring that the program was executed without disruption.

The event fostered a strong sense of community by engaging attendees, not only through the musical performances but also through interactive elements and social media integration. This holistic approach ensured that the festival resonated deeply with its audience.

~ Phunstok Namgyal

President, Students' Council (NBSXC)

Special Class on 'Cracking CUET and NET/SET Exam'

On the 3rd of March, 2025, the Department of English, NBSXC, conducted a special class on 'Cracking CUET and NET/SET Exams' at Hall 1, Xavier Block (Rajganj Campus, NBSXC). The session was conducted by Ms. Soumili Sarkar (Alumna, Dept. of English, NBSXC, 2023 Graduating Batch), who shared valuable insights into preparing for these competitive exams.

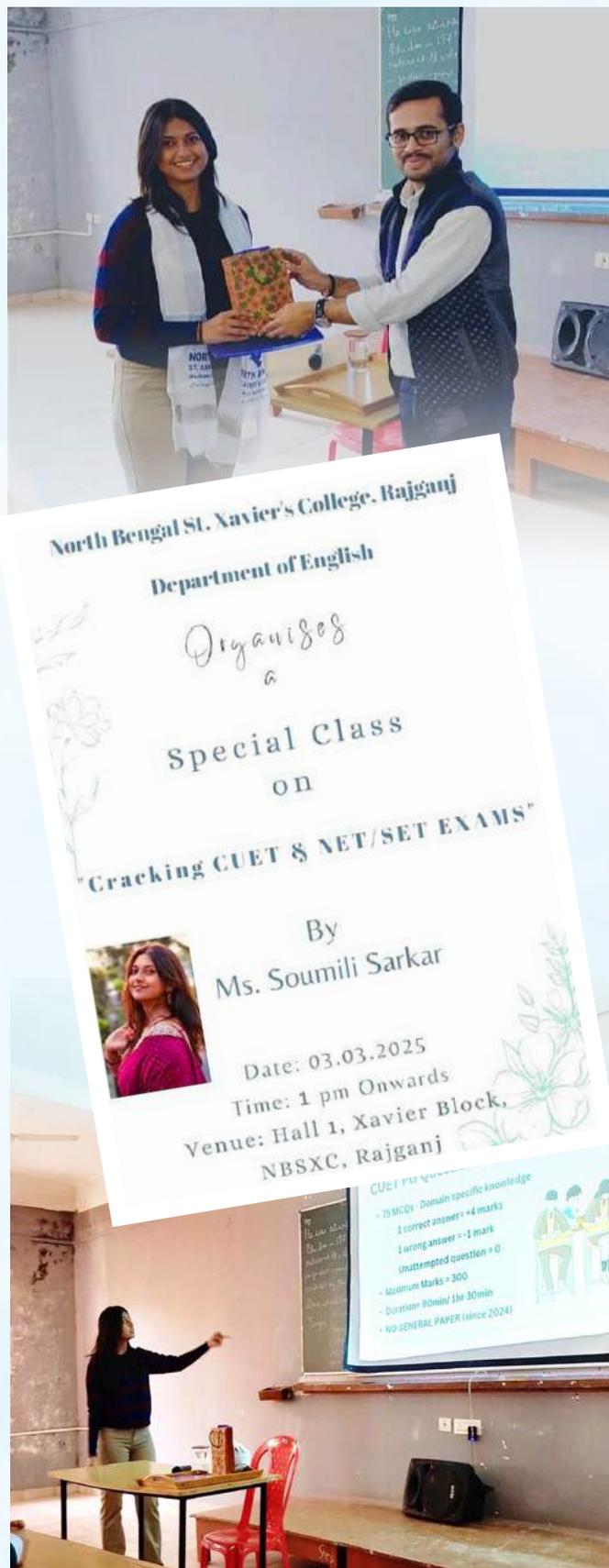
The session began with a warm welcome of the resource person by Dr. Rajarshi Bagchi (HoD, Dept. of English, NBSXC). It was followed by a brief introduction to the importance of CUET and NET/SET exams for students pursuing higher studies and academic careers.

Ms. Sarkar then proceeded with a PPT presentation, outlining key aspects of the preparation process. She identified the essential topics, which are required to make the exam preparations effective, with techniques, tactics, and planning to maximize success. She also emphasized on time management and provided a pragmatic approach to covering the syllabus. Ms. Sarkar shared her personal experience and challenges while preparing for these exams, making the session more relatable and insightful. The practical suggestions and clear instructions provided the students with a structured view for preparation.

The session concluded with an interactive (Q&A) segment, where students actively engaged in asking questions and clearing their doubts. Ms. Sarkar patiently addressed their queries, offering a detailed guidance. Overall, the session was highly effective, giving students a clear and structured approach to preparing for CUET and NET/SET. The insights provided by Ms. Sarkar not only clarified doubts but also motivated students to plan their studies more effectively.

~ **Koyena Banerjee**

6th Semester, Dept. of English (NBSXC)



Workshop on Communicative English

On the 11th of March, 2025, a Workshop was conducted by Ms. Sunita Lama (Teaching Faculty and ESL Instructor, Inspiria Knowledge Campus, Siliguri) on “Communicative English”. The event was scheduled at 1 PM in the Conference Room of Xavier Block (Rajganj Campus, NBSXC).

The workshop aimed at enhancing the skills of learning, comprehending, and speaking English, with the primary focus being on effective communication in real-life situations. The workshop was attended by around fifty-five students across the three semesters of the English department.



The proceedings commenced with an introductory speech delivered by Fr. Dennis Soosai SJ, Vice-Principal (Administration, NBSXC) and the felicitation of the esteemed guest-speaker. In a brief speech delivered by her, Ms. Lama emphasized the importance of learning English as a language to communicate efficiently and effectively. She also hinted at the perils of consistent incorporation of AI and corporate lingo into daily-life communications, turning the session into an insightful one.



At the very outset of the programme, a breathing exercise was conducted to relax the minds and bodies of the attendees, releasing the tensions of the day, and engaging in a mindful session. Next, a few word-searches were conducted in groups of ten, engaging the students into looking for words related to mental health as well as efficiency. This activity helped build a sense of engagement, infusing learning

with fun. A literary passage, based on the blinding effects of AI, was also read out by the guest speaker as part of developing listening and comprehension skills. Following this, a letter-writing task was given, wherein students were instructed to write and read out an editorial letter regarding AI’s active involvement in today’s world.



As the workshop approached its end, few cards were handed out to the students. Each card held a promise to Mother Earth, where one takes a pledge to do our part in saving the world from the dangers of global warming and climate change. Finally, the vote of thanks was delivered by the Head of the Department of English (NBSXC), Dr. Rajarshi Bagchi, which marked the successful conclusion of the program.

The Workshop on Communicative English was a great learning experience. Participants appreciated the interactive and practical approach of the speaker, which helped them build confidence and improve their English language skills. The workshop’s focus on real-life application and effective communication strategies made it a valuable experience for all attendees.



~ **Shakambhari Sinha**

2nd Semester, Dept. of English (NBSXC)

Seminar Presentation on “Partition Literature” By 6th Semester Students

‘Partition Literature’ is a genre of writing that emerged in response to the 1947 Partition of India, a cataclysmic historical event which resulted in the creation of India and Pakistan. Partition literature captures the human cost of this political upheaval, exploring themes of displacement, violence, loss, and identity. Through fiction, non-fiction, poetry, and memoirs, Partition Literature provides a powerful lens to understand the traumatic events of 1947, and its ongoing impact on the region and its people.

The 6th semester students of the Dept. of English geared up to give a seminar presentation on partition literature on March 19, 2025, in Hall 1 of Xavier Block (Rajganj Campus, NBSXC). The students were divided into nine (09) groups. Each group was allotted a topic from a text on partition literature.



It was a great learning curve for the students to research and present the facts of the India-Pakistan Partition, following their depiction in various partition literature texts like *Ice Candy Man*, *The Shadow Lines*, *Pinjar*, *Tamas*, *Train to Pakistan*, etc. among others. The entire event turned out to be exceedingly instructive and interesting. At the conclusion of the event, all the student-participants were lauded for their thorough research and impactful presentations. Special prizes were given to two speakers – Suvanjana Hore and Sukriti Rai for their outstanding work. We are grateful to the department, especially to Dr. Pavanbir Kaur (Asst. Professor, Dept. of English, NBSXC), for giving us this opportunity and experience.

Thanks to the seminar, we explored in great depth several dimensions of the India-Pakistan partition. We had previously studied about partition in the discipline



of history, including the clash of personalities like Gandhi, Bose, Nehru and Jinnah. But this was the first time we delved into the literary representations of these issues and tales of the human cost in terms of loss and suffering. We got to see the workings of the ‘Divide and Rule’ policy of the British Raj as well as the tangled web of politics between the Indian National Congress and the Muslim League. We also delved deep into aspects of communal politics, the ideology-identity-representation nexus, memory and migration, trauma, alternative historiography, and so on.

Through the lens of Partition Literature, we remember the past, learn its hard lessons, honour the resilience of those who survived in its bloody chapters – so that we continue to strive for a better, more compassionate tomorrow. May these stories stay with us, guiding us toward empathy, understanding, and peace.

~ Deepshikha Deb

6th Semester, Dept. of English (NBSXC)



Project Tour to Bunkulung, Mirik

The Department of Sociology, North Bengal St. Xavier's College, Rajganj, encourages and promotes educational trips to enhance knowledge and skills beyond classroom teaching and learning. The department organized a one-day project tour to Bunkulung, Mirik, on the 4th of May, 2024. The major objective of this project tour was to do a survey on the socio-economic conditions of Bunkulung village.

A total of eleven students, accompanied by three teachers, started the journey from Siliguri junction at around 10:30 am on the 4th of May towards Bunkulung via Dudhia road. The team reached the venue at around 12 noon. Lunch was served around 1 pm, and post lunch, the group visited Mirik town, which was an hour's drive from the home-stay.



Industrial Cooperative Society under MSME Department, West Bengal, produces refined honey. It is sold in the markets of Mirik, Kurseong, Darjeeling and Siliguri. This is a major source of income for the local people. Apart from this, home-stays, shops, agriculture, plant nurseries are the other sources of livelihood for the people of this village. There are approximately 175 households with almost 800 residents in the village. The Subba Tribe constitutes almost 80% of the village population.

The team gathered at night before dinner and played fun games with some interactive sessions and bonfire. The trip ended on the 5th of May, 2025. We are thankful to our department for providing



Mirik is a beautiful tourist spot nestled in the serene hills of the Darjeeling district. It was an exciting trip covering some famous spots like the helipad and the Mirik Lake. The scenic beauty of the hills, mountains, and landscape was mesmerizing.

After returning back to Bunkulung in the evening, students and teachers visited a honey-processing factory. Bunkulung Honey and Agro Processing

us with this opportunity to make unforgettable memories which we will cherish for a lifetime.

~ Bidhyata Dewan & Albina Biswakarma
4th Semester, Dept. of Sociology (NBSXC)

A ONE-DAY WORKSHOP ON ETHNIC DIVERSITIES OF WEST BENGAL

The Department of Sociology, North Bengal St. Xavier's College, organized a 'One-Day Workshop on Ethnic Diversities of West Bengal', in collaboration with the Department of Sociology, St. Xavier's College, Burdwan, on the 17th of February, 2025. West Bengal, located in the eastern part of India, is known for its rich culture and ethnic diversity. The workshop aimed at exploring the various ethnic communities and understanding their traditions, language, and contribution to the socio-cultural fabric of the region. The primary objective of the workshop was to educate participants about the historical, social, and cultural significance of these diverse groups, and promote inclusivity and mutual respect. The Department of Sociology, NBSXC, also signed a Memorandum of Understanding (MOU) with the Department of Sociology, SXC, Burdwan, on the same day with an objective of strengthening the ties between both the institutions and the departments in order to create opportunities for mutual growth.

The event was attended by the Vice Principal, Administration, NBSXC, Fr. Dennis Soosai SJ, faculty members and students of the Department of Sociology as well as other departments of NBSXC, and the faculty and students from the Dept. of Sociology, SXC, Burdwan. The programme commenced with the welcome address by Dr. Persis Mukhia, HoD, Dept of Sociology, NBSXC.



Following this, the teachers and students from St. Xavier's College, Burdwan, were felicitated and welcomed by Fr. Dennis Soosai SJ. He addressed the gathering and highlighted the importance of collaborative projects, thereby also sharing his invaluable insights on the ethnic diversity of West Bengal.

Following this, there was a graceful dance performance by Shawantini Chakraborty, from 2nd Semester, Dept of Sociology (NBSXC), on the song 'Eso Shyamala Sundara' by the widely acclaimed poet, Nobel Laureate, and multifaceted artist of India, Rabindranath Tagore. As India is home to a diverse range of tribal communities, each vibrant with their own culture, language, and traditions, a beautiful rendition of the song 'Kon Mati Se Janamalai Birisa Mahann' was performed by a group of tribal students. Some students also performed a Nepali Folk song.

Another highlight of the workshop included a presentation on the 'Tribes of North Bengal' by the students of NBSXC and 'Tribes of South Bengal' by the students of SXC, Burdwan. Following this, a beautiful tribal dance was performed by Binisha Singh and Albina Biswakarma from the 6th Semester, Dept. of Sociology, NBSXC, exhibiting the culture of the Tamang Community. Thereafter, Binisha Singh and Shawantini Chakraborty shared a Power Point presentation about the Department of Sociology, NBSXC. Following the cultural program, Dr. Aratrika Bhattacharya (HoD, Dept. of Sociology, SXC, Burdwan) addressed the gathering. In her speech, she explored the importance and scope of collaborative events like joint workshops





and departmental research, student exchange programmes, faculty exchange programmes, etc. between the two institutions. The vote of thanks was delivered by Dr. Aparna Chatterjee (Asst. Professor, Dept. of Sociology, NBSXC). A lovely song by Dr. Aratrika Bhattacharya (HoD, Dept. of Sociology, SXC, Burdwan) concluded the day's proceedings on a beautiful note.

~ Shawantini Chakraborty
2nd Semester, Dept. of Sociology (NBSXC)

PROJECT TOUR TO RASHMELA, COOCHBEHAR



On the 24th of November, 2024, the Dept. of Sociology, NBSXC, went for a project tour to Rashmela, Coochbehar. The excursion team comprised fifteen (15) students, who were accompanied by three (03) teachers from the department. It was a two-day trip – from the 24th to the 25th of November, 2024.

The trip started at 10 am on the 24th of November from NJP Station and reached Coochbehar around 1pm. After having lunch, the team headed towards the Rashmela. Rashmela, a major annual winter carnival in Coochbehar, is a significant festival that celebrates the worship of Lord Krishna and Radha, attracting large crowds and showcasing cultural traditions, local products, and artistic performances. The fair generates significant business and economic activity, with vendors arriving from across the region, and even beyond, to set up their stalls.

All the students were divided into groups and topics

were given to the respective groups to conduct a survey. After the survey was done, students explored the *mela* and returned to the hotel by 9 pm. Next day, the 25th of November, the group visited the Rajbari Palace, Coochbehar. The palace is well known for the legacy of the Koch dynasty, its architecture, and trove of cultural artifacts. After visiting the palace, the team headed towards the railway station and around 1pm they left from Coochbehar and reached NJP around 5pm, thereby concluding the project tour.

Overall, the group had a wonderful experience, had a great time, and made beautiful memories. The



students could also explore many lesser known aspects of the culture, religion, and the history of the Royal Koch family during the tour of Cooch Behar.

~ Binisha Singh and Bidhyata Dewan
6th Semester, Dept. of Sociology (NBSXC)

'SOCIOTHEQUE'

– A Departmental Quiz Competition

The Department of Sociology, NBSXC, organized an exciting Quiz Competition ('Sociotheque') on the 30th of September, 2024, for the 1st, 3rd and 5th semester students of the department. The main objective of the quiz competition was to give an opportunity to the students to expand their knowledge, boost their confidence, and garner motivation to learn the subject. Quizzes promote teamwork, communication, and time management when conducted in groups. The students were grouped into five teams, each consisting of three participants from all three semester. The topics for the quiz covered basic sociological concepts like family, marriage, gender, kinship, culture, social control and social stratification, Pioneers of Indian Sociology, etc.

Dr. Aparna Chatterjee, faculty member of the department, conducted the quiz. The quiz competition was structured into four rounds. Dr. Persis Mukhia (HoD) and Ms. Karma Diki Bhutia (faculty of the Dept. of Sociology) were the score-keepers. Hassi Chaudhary, a 6th Semester student from the department, was the time-keeper for the quiz. The competition witnessed active participation and enthusiasm from the students. After an intense



SOCIOLOGY

and competitive series of rounds, Group A – comprising Kenrick Minj and Neshme Tuti from 3rd Semester and Bidhyata Dewan from 5th Semester – was declared as the winner. The winning team was given a gold medal and a certificate of participation, the latter being given to all the participants as a token of appreciation. The event concluded with a group photo and a speech of appreciation by the HoD, Dr. Persis Mukhia. The department looks forward to organizing more such events in the future in order to provide students with opportunities for developing their knowledge and skills beyond the curriculum.

~ Neshme Tuti

4th Semester, Dept. of Sociology (NBSXC).

Report on Field Study in Kheri Para, Rajganj

The Department of Sociology, NBSXC, conducted a field study for its 6th semester students from the 17th to the 21st of March, 2025. This field study is a part of their academic curriculum as a Discipline Specific Course Paper (Paper-3). The field study took place in Kheri Para, a village near the college. The objective of this five-day field work was to provide students with practical exposure to sociological research methods and community engagement.

First Day of Field work:

Upon reaching our designated field site, we arrived at a primary school called Lahiri Busty Primary School. Two teachers were assigned to guide us throughout our fieldwork. They divided us into groups of three, and each group was given the task of mapping the village.

The groups visited the houses to collect relevant information. They learned from the residents that most of the people in the village were Christians, and the majority belonged to the Adivasi community, with a few Bengali and Nepali households.



Activities over the Next Few Days :



Next day, students collected household census data. For the remaining three days, individual field studies on various chosen topics were conducted. Various research methods, such as face-to-face interviews, questionnaires, observations, and case studies, were used to fulfil the main objectives of the study.

Students participated in the field trip with great enthusiasm. They were excited to meet new people and learn about the area. Though the field trip was primarily conducted for the final B.A. dissertation, it also helped students improve their communication skills and enhance their field knowledge. After

every lunch break, teachers and students gathered to discuss and explore further about the chosen study topics.

The field study was a valuable learning experience for students from both practical and academic perspectives. It not only broadened our understanding of sociological research but also allowed us to witness firsthand the diverse cultural and social structures of the community. Engaging with the villagers provided us with a deeper appreciation of their way of life, challenges, and traditions.



The fieldwork also strengthened our teamwork, adaptability, and problem-solving skills, which are essential for any aspiring sociologist.

This immersive experience has inspired many of us to explore field research further and delve deeper into the dynamics of rural sociology. Engaging directly with the community provided invaluable insights and reinforced our understanding of sociological research methods. The study encouraged and motivated students to pursue further exploration in the field of sociology, making it a truly enriching academic endeavour.

~ Albina Biswakarma

6th Semester, Dept. of Sociology (NBSXC)

Navigating Borders, Breaking Binaries:

My Journey through Sociology, Sports, and the Soul of South Asia

From February 21st to 27th, 2025, I had the immense privilege of participating in an international conference organized by the Indian Sociological Society. Spanning across Sri Lanka and Chennai, this prestigious event brought together scholars, researchers, and enthusiasts from diverse corners of South Asia to explore pressing social themes. It was within this vibrant academic atmosphere that I



presented my research paper, "Gender, Power, and Play: Transgenderism in Sports in India." The paper aimed to shed light on the intersections of gender identity, athletic participation, and societal power structures—an area of inquiry that is both timely and deeply personal for many communities in India. My involvement extended beyond the presentation. I had the honour of chairing a session in Sri Lanka, where I facilitated thought-provoking discussions among fellow sociologists. Each exchange was a reminder of the richness and diversity of perspectives in our region. Later, in Chennai, I was invited to serve as a resource person at Bharathi Women's College. The engagement with students and faculty there



was both intellectually rewarding and emotionally fulfilling, as we delved into topics of gender, representation, and empowerment in contemporary India.

Yet, this journey was more than an academic endeavour – it was a celebration of discovery. Sri Lanka unfolded like a vivid painting. The coastal charm of Oluvil, with its serene shores and gentle breezes, offered a peaceful retreat from the urban rush. Colombo was a burst of colour and energy – a perfect blend of tradition and modernity. The colonial architecture, bustling markets, and the aroma of Ceylon spices filled the air with a sense of timelessness. Kandy, nestled in the central highlands, captivated me with its spiritual aura and scenic beauty. The Temple of the Tooth Relic, surrounded by misty hills and tranquil lakes, left an indelible mark on my spirit.

The one-day sightseeing tour organized by the conference team was a delightful surprise. It allowed



us to explore the cultural and historical gems of Sri Lanka, from ancient temples to lively local markets filled with handcrafted artifacts and vibrant textiles. Travelling solo across borders was both exhilarating and enlightening. It gave me moments of quiet reflection and spontaneous adventures. Yet, the journey was far from lonely. I was fortunate to find warm companionship in fellow participants from Odisha, Maharashtra, Manipur, Tamil Nadu, and Sri Lanka. The camaraderie we shared—over meals, bus rides, academic sessions, and evening strolls—created a sense of kinship that transcended geography. We exchanged stories of our regions, laughed over linguistic confusions, and celebrated our shared curiosity. Each person brought their own flavour of culture, passion, and intellect, making this journey not just a professional milestone but a personal transformation. Immersing myself in the new culture was one of the most unforgettable aspects of this trip.



None of this would have been possible without the excellent organization and tireless efforts of the Indian Sociological Society and its collaborators. Their commitment to academic excellence and cultural immersion ensured that every participant felt welcomed, inspired, and enriched.

As I look back on those seven days, what lingers on is more than just academic pride – it is the thrill of exploration, the warmth of new friendships, and the deepened understanding of a world that is as complex as it is beautiful. This experience was not just a conference trip; it was a journey across identities, borders, and hearts.

~ Dr. Aparna Chatterjee
Asst. Professor,
Dept. of Sociology (NBSXC)

Departmental Seminar on “Decoding General Elections in India”

The Dept. of Political Science, NBSXC, held a one-day Departmental Seminar on “Decoding General Elections in India” on the 19th of September 2024, at the Conference Room (Xavier block, Rajganj). The primary objective of conducting the seminar was to provide participants with a deeper



understanding of the electoral process, its evolution, and its significance in the Indian democracy. It was also meant to analyze the challenges, reforms, and prospects of general elections through expert insights and discussions. The seminar was supervised by the HoD, Ms. Ambika Chettri, and the teaching faculty – Dr. Saikat Roy, Mr. Rajyavishek Pradhan, and Ms. Ankita Chettri.

The students were divided into groups of four (4), with the total number of groups summing up to ten (10). The topics were assigned to the groups through a chit-picking process. The sub-topics included:

- 16th General Election 2014
- Election Commission of India
- Electoral Reforms in India
- 13th General Election
- 6th General Election 1977
- 14th General Election 2004
- 18th General Election 2024
- Electoral Process and Elections in India
- First General Election 1951-52
- Elections and Constitutional Reforms

The seminar was introduced by Mr. Rajyavishek Pradhan (Teaching Faculty, Dept. of Pol. Sc., NBSXC), and then each group was called upon, one by one, to present their topics. At the end of the presentation, there was a Question-and-Answer round, where participants engaged in discussions, and clarified their doubts. Each participant worked diligently on their presentation, providing valuable

insights on the topic and showcasing their well-researched, engaging content. Furthermore, participants also presented visually appealing PPTs, making the discussion more interactive, and also helping to illustrate the key points effectively. Engaging in discussions and presentations allowed participants to build confidence, improve research skills, and develop a broader perspective on general elections in India. Overall, the seminar provided them with a platform for learning, discussion, sharing ideas, and improving communication skills while simultaneously deepening their understanding of the topic.

The faculty members gave constructive feedback, acknowledging the participants’ hard work and suggesting areas of further exploration. The seminar concluded with the announcement of winners, and recognizing the best presentation and contribution. This was followed by a vote of thanks, which acknowledged the efforts of the faculty and participants for their active participation and contribution in making the event a success.

~ Dechen Oungmu Bhutia & Barkha Bakhla

6th semester, Dept. of Political Science (NBSXC).



Poster-Making Competition on “Celebrating the Constitution Day”



The Constitution Day (National Law Day), also known as *Samvidhan Divas*, is celebrated in India on the 26th of November every year to commemorate the adoption of the Constitution of India. The Constituent Assembly of India adopted the Constitution of India on the 26th of November, 1949, and it came into effect on the 26th of January, 1950. November 26 was chosen to highlight the importance of the constitution and to spread the thoughts and ideas of Dr. B. R. Ambedkar.



The Department of Political Science, NBSXC, organised a Poster-Making Competition on the topic “Celebrating the Constitution Day” on the 21st of November, 2024, at 11:00 A.M at XF-3 room (Xavier Block, Rajganj). The objective of conducting this event was to increase and foster understanding of the constitution’s significance, its principles, and its role in shaping the nation. The event was overseen by the respected teaching faculty

of the department – Ms. Ambika Chettri (HoD), Dr. Saikat Roy, Mr. Rajyavishek Pradhan, and Ms. Ankita Chhetri.

In the event, students from the Department of Political Science and those with Political Science as their minors, were divided into six groups, with each group having a total of four to five members. Each group was given five minutes to present their posters. The sub-topics included:

- Secularism
- Justice, Liberty, Equality, and Fraternity
- Secularism
- Making of the Indian Constitution
- Preamble to the Indian Constitution
- Role of Judiciary



With much erudition and enthusiasm, the groups went ahead to present and deliberate upon their topics. Each group displayed a strong grasp of their chosen topic, presenting their findings with clarity and confidence. The event concluded with an interactive session. The students and teachers examined fresh opinions and looked at the topics from a new point of view. Throughout the event, the teachers shared their valuable feedback and guided the students. The event was wrapped off with a vote of thanks by Mr. Rajyavishek Pradhan, who presented his views and offered his recommendations while thanking all involved.

~ Seema Ale Magar
2nd Semester, Pol. Science Minor (NBSXC)

Fieldwork on Working of Local Self-Government in Rural Areas: A Case Study of Lebong Valley-I Gram Panchayat

The Department of Political Science, NBSXC, conducted fieldwork for the 4th Semester students on the 20th of December, 2024, in Lebong Valley-I Gram Panchayat. The chief objective behind this fieldwork was to provide the students with proper understanding of the functioning of local self-government in this rural region, along with the socio-economic conditions, cultural practices, and developmental initiatives shaping the lives of the local community.



Nestled amidst the serene hills of Darjeeling, Lebong Valley is a picturesque yet relatively underdeveloped region, where the majority of the population is engaged in agriculture, tea cultivation, and small-scale businesses. The study focused on offering an in-depth perspective on grassroots governance and on the efforts taken to enhance rural development. Upon reaching the village, the students along with the two faculty members, Dr. Saikat Roy and Miss. Ankita Chhetri, received a warm welcome from the residents, whose hospitality made the fieldwork even more enriching. Further, the students engaged in meaningful conversations with the local residents, allowing them to understand the perspectives of



the local community on governance, development programs, and their aspirations for the future. They conducted house-to-house surveys, visiting residents in their homes to collect first-hand information about their living conditions, sources of income, access to

governmental schemes, and their awareness of local governance initiatives. The survey provided valuable insights into how developmental policies are reaching the people, their participation in decision-making processes, and their expectations from the Panchayat.

Additionally, discussions were held with the Gram Panchayat members, including the Pradhan (Jyoti Tamang), the Upa-Pradhan (Pranita Rai), and other representatives, who elaborated on the Panchayat's organizational structure, fund allocation, and various governmental schemes implemented to enhance infrastructure, employment, education, and healthcare. They also shared their experiences in mobilizing resources, engaging with the community, and ensuring the effective execution of developmental programs.

This immersive fieldwork provided the students with some valuable insights into the functioning of rural governance while also highlighting the dedication



and perseverance of both the Panchayat members and the local community in driving development. Experiencing their collective efforts first-hand further deepened the understanding of grassroots administration and strengthened an overall appreciation for their commitment to progress.

~ Ms. Ankita Chhetri

Assistant Professor, Dept. of Political Science
(NBSXC)

Field Survey on the Nature of Political Awareness and Political Participation: A Case Study of Lataguri

The Department of Political Science, NBSXC, conducted a comprehensive field survey on February 15, 2025, in Lataguri, which aimed at assessing the level of civic consciousness, electoral engagements, and the factors influencing the level of political awareness and political participation in the region. The survey was a significant effort to explore how informed the residents are about political processes, and assessing their level of engagements in democratic practices. A total of 40 students, along with the departmental faculty, participated in the survey. Each student visited four (04) respondents, and the total number of respondents was 160. The survey targeted participants from various age groups, educational backgrounds, and socio-economic status.



The findings of this survey will serve as a foundation for further academic research. It will assist in formulating policies that aim to increase political awareness and participation, especially in rural areas like Lataguri. The survey highlights the need for educational initiatives that bridge the gap in knowledge and encourage active political participation among all citizens, thereby ensuring that the democratic process remains robust and inclusive.

~ Anushka Chakraborty

4th Semester, Dept. of Political Science (NBSXC).

International Webinar on “Global Engagements: India’s Foreign Policy in the 21st Century”

North Bengal St. Xavier's College
DEPARTMENT OF POLITICAL SCIENCE
IN COLLABORATION WITH IQAC, NBSXC

THE DEPARTMENT OF POLITICAL SCIENCE CORDIALLY INVITES YOU IN AN INTERNATIONAL WEBINAR ON

GLOBAL ENGAGEMENTS: INDIA'S FOREIGN POLICY IN THE 21ST CENTURY

WEBINAR HIGHLIGHTS:

- India's foreign policy has always been a subject of significant interest for scholars, policymakers, and practitioners alike.
- This international webinar seeks to provide students with an opportunity to deepen their understanding of India's foreign policy.

SPEAKERS


DR. SAROJ ARYAL
Associate Professor at Faculty of Political Science and International Studies, University of Warsaw.
Topic: Regional Security Complexes of South Asia: A Case Study of Post Colonial Consequences


DR. SOURADEEP SEN
Assistant Professor, Department of Political Science, University of North Bengal.
Topic: Love thy Neighbour? Observations on Indian Foreign Policy under Oligopoly

9 JANUARY 2025
Time: 1:00pm - 3:00 PM IST
Platform: Google Meet
Venue: Smart Classroom

Chief Patron Fr. Lallit P. Tirkey, SJ, Principal, NBSXC	Convener Ms. Ambika Chettri, Asst. Prof. HOD	Moderator Mr. Rajyavishok Pradhan, Asst. Prof.	Co-convener Dr. Sanket Roy, Asst. Prof Ms. Ankita Chhetri, Asst. Prof
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The Department of Political Science, in collaboration with the Internal Quality Assurance Cell (IQAC), NBSXC, organised an international webinar titled, “Global Engagements: India’s Foreign Policy in the 21st Century”, on January 9, 2025, from 1:00 PM to 3:00 PM IST. The event was conducted on the Google Meet platform, with a physical session hosted for the students in the Smart Classroom at the Loyola Block (Rajganj Campus) of the college.

The webinar aimed to provide students and scholars with deeper insights into India’s foreign policy, which has been a subject of great interest among policymakers and researchers. The programme, which was open to all, brought together students, research scholars, and faculty members of different institutions to explore the complexities of India’s foreign policy in a rapidly changing global landscape.

The webinar featured two distinguished speakers: Dr. Saroj Aryal (Associate Professor at the Faculty of Political Science and International Studies, University of Warsaw) and Dr. Souradeep Sen (Assistant Professor in the Department of Political Science,

University of North Bengal). The session was moderated by Mr. Rajyavishek Pradhan and was successfully coordinated by Ms. Ambika Chettri (HoD, Dept. of Pol. Sc., NBSXC), Dr. Saikat Roy, and Ms. Ankita Chhetri.

Dr. Aryal presented his insights on “Regional Security Complexities of South Asia: A Case Study of Post-Colonial Consequences.” He focused on regional geopolitics and complexities faced by India with its neighbouring countries, particularly in the context of historical conflicts and contemporary security concerns. Dr. Sen, on the other hand, delivered a thought-provoking lecture on “Love thy Neighbour? Observations on Indian Foreign Policy under Oligopolarity.” He examined the less-explored concept of ‘Oligopolarity’, and India’s contemporary challenges in navigating a complex and competitive geopolitical environment.



The international webinar proved to be a highly insightful event, offering an engaging platform for students, scholars, and faculty members to discuss India’s foreign policy complexities. The thought-provoking discussions and the engaging Q&A session allowed participants to interact with the speakers, raising pertinent questions about India’s strategic choices, economic policies, and diplomatic engagements. Such events continue to reinforce the college’s commitment to fostering critical thinking and global awareness among its students.

~ **Anushka Chakraborty**
4th Semester, Dept. of Political Science (NBSXC).

Educational Tour to Rabdentse Ruins and Chenrezig Temple, Pelling (Sikkim)

The History Department of North Bengal St. Xavier's College organized a study tour to Rabdentse Ruins and Chenrezig Temple in Pelling, Sikkim, on the 9th and 10th of March, 2024. The study tour was conducted for students of 2nd, 3rd and 4th semesters, providing them with an opportunity to explore historical and cultural heritage beyond classroom learning. The tour commenced at 8:00 AM on the 9th of March from our college and concluded at 7:00 PM on the next day, i.e., on the 10th of March. There were fifteen (15) students and two (02) teachers from the department, Sumita Ma'am and Pratik Sir, which ensured a well-structured and informative experience for all participants.

The main objective of the tour was to gain insights into the history of Rabdentse, understand the architectural and archaeological aspects of the ruins, and learn about Buddhist traditions at the Chenrezig Temple. Additionally, the visit aimed to enhance our appreciation for heritage conservation. This hands-on learning experience was expected to provide students with a deeper understanding of historical research and cultural preservation.



Our first destination was Rabdentse Ruins, an important historical site. Rabdentse served as the second capital of Sikkim from 1670 to 1814 AD. It was established by the second Chogyal (king) of Sikkim, Tensung Namgyal. The city was eventually destroyed by the Nepalese army, but the ruins remain a testament to Sikkim's glorious past. The visit began with a short trek through a forested path from Pemayangtse Monastery, offering a peaceful yet intriguing journey to the ancient site.

The visit to Rabdentse Ruins taught us several valuable lessons. It helped us understand how Rabdentse played a crucial role in Sikkim's political history, and how the architecture from that era has been preserved. We also learned about the efforts of the ASI in maintaining the integrity of historical sites, reinforcing the importance of heritage conservation. This visit made us appreciate the significance of historical research and how tangible remnants of the past can provide valuable insights.



After exploring Rabdentse, we proceeded to Chenrezig Temple and Skywalk, a major religious and tourist site in Pelling. The temple is dedicated to Chenrezig (*Avalokiteshvara*), the Bodhisattva of Compassion, who is highly revered in Tibetan Buddhism. As we entered the temple complex, we were mesmerized by the grandeur of the massive Chenrezig statue, which symbolizes wisdom and compassion. The temple walls were beautifully decorated with Thangka paintings and intricate murals, which depicted Buddhist teachings and legends. One of the most thrilling experiences of the tour was walking on India's first glass skywalk near the temple. This feature of a modern skywalk with an ancient temple architecture highlights how heritage and tourism can coexist.

Overall, the study tour to Rabdentse Ruins and Chenrezig Temple was an enlightening experience. It allowed us to witness history firsthand, understand architectural and archaeological details, and appreciate the spiritual and cultural essence of Sikkim. Visiting these sites deepened our knowledge of Sikkim's past and its Buddhist traditions, making history feel more tangible and real. Furthermore, the trip emphasized the importance of preserving historical and religious sites for future generations.

~ Koyel Dutta

4th Semester, Dept. of History (NBSXC)

Project Tour to Phuntsholing, Bhutan

On September 28, 2024, we embarked on a journey to Phuntsholing, Bhutan, a vibrant town at the base of the Himalayas. The scenic beauty of the area was immediately evident, especially when we crossed a stunning hanging bridge, offering views of the lush green valley below. Surrounded by impressive mountains, the town's winding roads were lined with traditional Bhutanese buildings that reflected the rich cultural heritage of Bhutan.

During our visit, we explored several monasteries, each showcasing intricate woodwork and colourful murals. A highlight was the Palden Tashi Chholing Shedra – a Buddhist learning centre that preserves Bhutan's Buddhist traditions, and serves as a peaceful place for pilgrims and visitors alike. We were particularly captivated by a mural depicting an elephant, monkey, bird, and rabbit, which symbolize cooperation and mutual respect. The vibrant dragons and golden Dharmachakra added depth to the artwork, enhancing its cultural significance. The use of bright colours in Bhutanese art like, red, blue, yellow, and green, carries a deep and esoteric symbolism which represents knowledge, wisdom, earth, and balance. These vibrant colours contribute to the welcoming and energetic atmosphere of Bhutanese culture.

Phuntsholing's history is deeply intertwined with the Wangchuck dynasty, which has ruled Bhutan



since 1907. The monarchy, starting with King Ugyen Wangchuck, has helped modernize the country while maintaining its spiritual traditions. As a border town, Phuntsholing plays a key role in Bhutan's trade and political activities with India.

Our time in Phuntsholing was a perfect blend of immersing in nature, culture, and tradition. The stunning landscapes, cultural richness, and historical significance left a lasting impression on us, making Phuntsholing a place we will always hold dear.

~ Meghna Sarkar

2nd Semester, Dept. of History (NBSXC)



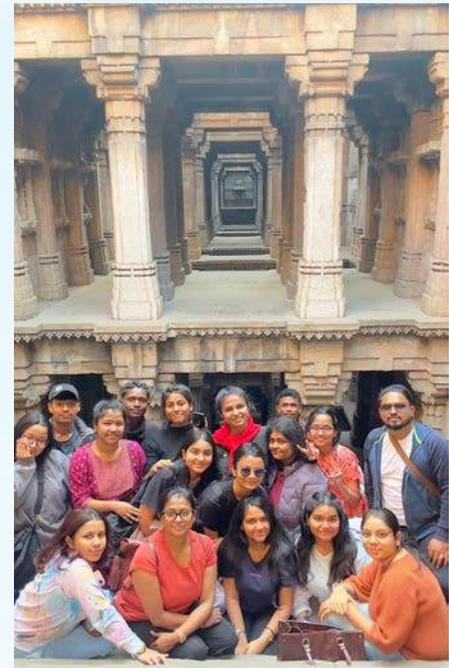
Exploring Beyond the Classroom: A Geographical Venture into the Heart of Gujarat

In February 2025, a group of fifteen (15) students of 4th Semester Geography Hons., along with two departmental teachers – Dr. Baidurya Biswas & Dr. Soumya Mitra – went on to explore the mesmerizing culture, economic conditions, beautiful terrain and landscapes of Gujarat - a land known for its extraordinary tourism and lip-smacking food. The 11-day long excursion was aimed at giving the students a close-up view on the life experiences and diverse ways of living of the people in that part of the country.

India is a country of diversity, but at the same time, she follows the ethos of “*Atithi Devo Bhava*”. It means “Guest is God”, implying that a guest should be treated as a deity. The students have gotten a first-hand experience of this unique phenomenon of high regard for hospitality during the trip to Gujarat.

The trip started from the NJP railway station on the 5th of February, 2025, following a 46-hour long journey to Ahmedabad, which itself was a mini geography lesson. On reaching Ahmedabad on the 7th of February, we went out for some local sightseeing, before boarding our next train to Bhuj, which was scheduled at night. Our itinerary was as follows:

- Taking a local auto we first went to see the centuries-old Dada Harir Stepwell.
- Next stop was the historic Sabarmati river-front and the Sabarmati Ashram.
- Next in line was the Atal foot over bridge, the newest addition to Gujarat’s tourism.
- Last, but not the least, was the soulful Jagannath Temple.
- Returning to the station and boarding our 7-hour overnight train to the walled city of Bhuj. Checking into the hotel, our next



stop was the heavenly Rann of Kutch, also known as the ‘White Desert of India’. Luckily, the Rann Utsav was going on, and we could explore the beautiful handicrafts and authentic Kutchi foods like *Dabeli*, while marveling at the ethereal sunset in the Rann. Dancing and witnessing the life and culture of the people there was worth everything.

The next morning, on the 9th of February, we went on a life-changing experience, which was our survey. Doing a survey of the 60 households in a small village called Bhujodi in Bhuj was nothing less than an adventure in itself. From meeting people and families, learning about their sources of income, seeing their hard work in the form of their handicrafts, and simply listening to their life struggles and ways of living made everything worth it. After the survey, our team drove for 5 hours in our private bus towards Rajkot, which was close to 231 km. On the morning of 10th Feb., we drove to the Gir National Park



to witness something magical – the biggest Asiatic Lions, along with so many different species of trees and animals not very easily spotted elsewhere! The 3-hour long safari got us to the Amla hills and a beautiful lake nearby, which somewhat depicted the Indian map, and was a whole adventure in itself.

The next day we were in Diu, which is located 58 km away from the Gir National Park, and was the most joyful city of Gujarat in the true sense. The 11th of February was all about exploring Diu, which included:

- The Diu Fort
- INS Khukri Memorial
- Khukri Beach
- The Gangeshwar Mahadev Temple
- Nagaon Beach

The beach experience was a fun-filled, chilling experience, with us doing water activities like parasailing, water disco ride, and the bumper ride among others.

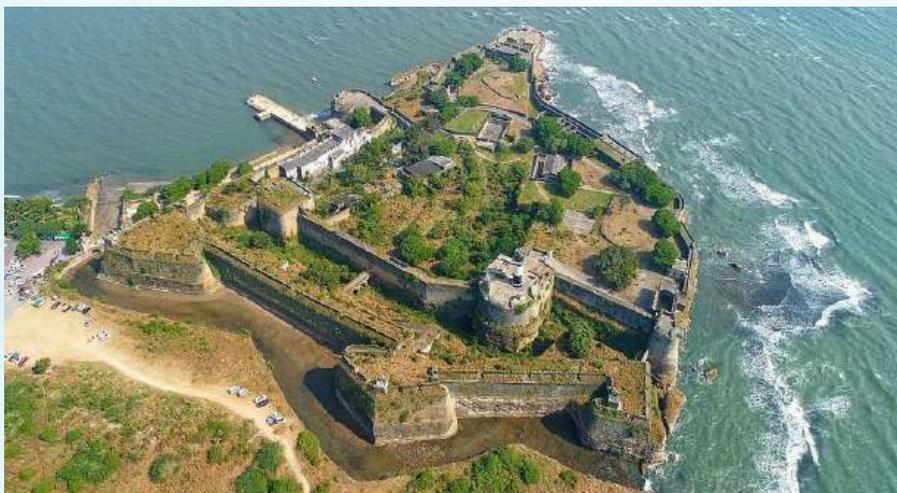
The next half of the trip was a spiritual journey to world-famous temples like the Somnath Temple, Kirti Mandir, Dwarkadhish, Beyt Dwarka, Nageshwar Jyotirling Temple, Rukmini Devi Temple,



Triveni Sangam (of rivers Kapila, Hiran, and Saraswati), and so on. Along the way we had the chance to taste authentic Gujrati Thali, which included *bajra ki roti*, *chana nu saak*, *sevta matar saak*, *posha nu saak*, etc., ending it with the perfectly sweet *srikhand* and a chilled glass of *chaas*. In the evening was scheduled a visit to yet another beautiful beach,

the Madhavpur beach, followed by our very own Cultural Night organized by our teachers at our hotel. It had games like passing the ball and musical chairs, along with a talent show. At the end of our trip, our travelling partner TravelHolic gifted us with a memoir, bringing us to the end of our very special first field-trip.

The following day was yet another travel day, with us boarding our 56-hour long train journey back to NJP, which was also quite memorable. The trip brought us a wealth of knowledge, experiences, and memories, which is worth every discomfort and challenge faced along the way.



~ Anshita Mohanty

4th Semester, Dept. of Geography
(NBSXC)

Observation of 'Suicide Prevention Week, 2024'

'Suicide' is a small word, but with enormous consequences. Suicide is a major public health problem with far-reaching social, emotional, and economic repercussions. In order to curb the rising incidence of suicide worldwide, the "World Suicide Prevention Day (WSPD)" was observed in 2003 by the International Association for Suicide Prevention in conjunction with the World Health Organization (WHO). This particular day is observed on the 10th of September every year. It aims to concentrate on the causes and effects of suicide, reduce stigma, and raise awareness among organisations, governments, and the public – all in order to convey a singular message: "Suicides Are Preventable".

To promote widespread awareness on this issue, the Department of Psychology, in collaboration with the Life Coaching & Wellness Cell, North Bengal St. Xavier's College (Rajganj), observed the "National Suicide Prevention Week" from September 8 to 14, 2024, in the college campus. The students were given the opportunity to make posters, placards, and other informational drawings on the prevention of suicide.

And the young ones grabbed the opportunity with open hearts. A lot of brilliant creations were submitted. These posters and placards were then put on display at the foyer of the Xavier Block (Rajganj) by the diligent students and teachers of the Department of Psychology. They also beautifully decorated the area with balloons and ribbons. Apart from these, a small yet powerful gesture was made by the students and teachers who decided to wear a 'suicide prevention awareness' ribbon, which signified their collective aim to fight against this social evil. Everyone worked on this project in unison, and brought the vision of raising awareness on suicide prevention to fruition.

~ Aavekaditya Dey

6th Semester, Dept. of Psychology (NBSXC)



STUDENTS' EDUCATIONAL TRIP to MIRIK

In the autumnal drizzle of September, a memorable visit to a captivating site unfolded. It was the Department of Psychology's educational trip to Don Bosco School, Mirik on the 27th of September, 2024.

The journey commenced at 1 P.M. in the afternoon. Seven students from the 3rd Semester travelled to Mirik from college. They were accompanied and guided by three respected faculty members, Ms. Anuja Tamang (HoD), Fr. John Kennedy Susai S.J., and Mr. Rohan Chettri. Upon arrival, everybody was affectionately welcomed by the Reverend Fathers and faculty members of Don Bosco School, Mirik.

This trip was organized in order to conduct a counselling and interactive session. The teachers systematically prepared various activities that included gratitude-sharing, reflection, memory lane sharing, *catharsis*, journaling, active listening, empathetic responding, and many more. Each exercise allowed the students as well as the teachers to reflect on their positive experiences, interests, dreams, and aspirations. The trip concluded on the following day (28th of September, 2024) with a recreational visit to the famous Mirik Lake.

The educational trip to Mirik was indeed a success, as it offered both personal growth and relaxation opportunities. It helped the students to gain a better understanding of one another and develop a sense of community. The interactive session, in particular, was the highlight because it allowed everyone to share meaningful instances of their lives, and connect on a substantial level.



~ Aavekaditya Dey

6th Semester, Dept. of Psychology (NBSXC).



Attending a National Seminar on 'Rational Ayush Prescription and Healthcare Professional Registry'

On December 28, 2024, students of the Department of Psychology, along with other interested learners from various departments of NBSXC, attended a National Seminar on "Rational Ayush Prescription and Healthcare Professional Registry", organised by Ayush Medical Officers' RBSK Association, (AMRA) West Bengal, in association with All India Institute of Ayurveda (AIIA), New Delhi, as NPVC Ministry of Ayush, Government of India. The seminar was supported by the National Commission for Indian System of Medicine and was held at the Hardware Merchant Association Auditorium, Janta Nagar, Siliguri. The seminar focused on 'Rational Ayush Prescription in the light of Ayush Pharmacovigilance Programme and Consultative meeting on Healthcare Professional Registry (HPR).'

The seminar commenced with an inaugural dance performance, setting an energetic tone for the day. This was followed by an introductory speech delivered by Dr. Galib from AIIA, New Delhi. Dr. Galib emphasized the significance of Ayurveda in the contemporary context, highlighting its relevance and potential in modern healthcare. The seminar then proceeded with two technical sessions that featured presentations by practitioners from across India. These sessions covered a diverse range of topics, including pharmacovigilance in Ayush practices, the potential of medical tourism, and the scope of homeopathy in addressing mental health concerns.

The keynote lecture was delivered by Dr. S. Bhattacharjee, Medical Officer specializing in Psychiatry at Siliguri District Hospital, Siliguri. Dr. Bhattacharjee's address centred on the critical topic of mental health in children and adolescents. His presentation provided valuable insights into the influence of parenting styles and effective interventions for substance-use disorder in this vulnerable section of the population.

The seminar concluded with a valedictory address by Dr. Popi Mahato. Dr. Mahato effectively summarized

the key takeaways from the various sessions and felicitated all the delegates for their participation. Her concluding remarks provided a comprehensive overview of the day's discussions and emphasized the importance of the topics covered.

Attending this national seminar provided a significant learning opportunity to our students. It provided them with an informative and enriching experience. The sessions offered a platform to gain knowledge from the expertise of experienced practitioners in the field of mental health, ayurveda, pharmacovigilance, and homeopathy. Students could acquire insights into the latest developments and research within mental healthcare practices. They could understand the potential of integrated approaches to healthcare, and learn about specific mental health challenges faced by children and adolescents, as well as potential intervention strategies.

The seminar facilitated students' learning, and provided them with insights into current trends and challenges in these significant areas.

~ Ms. Anuja Tamang

HoD, Dept. of Psychology (NBSXC)



REPORT ON

INDUSTRIAL VISIT, 2024

As part of the B.Sc. Microbiology curriculum, an industrial visit to Yuksom Breweries in Sikkim was organized from November 7-11, 2024, by the Department of Microbiology (NBSXC). The visit aimed to bridge the gap between theoretical learning and industrial practices, preparing students for future careers in microbiology and biotechnology.



The visit commenced on the morning of November 7, with twenty one students and two faculty members (Ms. Barsha Dey and Dr. Deepika Mazumdar). The team departed from Siliguri and arrived at Melli in South Sikkim, where Yuksom Breweries is located. Upon arrival, a warm welcome was extended by the management team, including Mr. Biswajit Das, General Manager of Yuksom Breweries. A brief orientation session was conducted, during which an overview of the company's history, production capacity, and industrial significance was provided.

The tour began with an introduction to the raw material processing unit, where the selection and preparation of ingredients such as malt, hops, and yeast were observed by the team. This was followed by a walkthrough of the brewing process, in which the steps of mashing, fermentation, and maturation were explained. The importance of microbiological techniques in ensuring sterility and consistency in fermentation was emphasized.

A major highlight of the visit was the microbiological quality control laboratory, where various analytical techniques for monitoring microbial contamination and ensuring product safety were demonstrated. Discussions were held between faculty members, students, and laboratory experts regarding

sterility protocols, contamination control, and microbiologists' roles in large-scale brewing operations.

The visit concluded with an overview of the packaging and distribution process, during which automated bottling and labelling systems were showcased. After an interactive session with industry professionals, the team headed to Pelling, where an overnight stay was arranged.

On the following days, visits to Pelling and Gangtok were undertaken, where natural and cultural sites were explored. A visit to Tsomgo Lake and Baba Mandir was arranged, while some students opted for an excursion to Nathula Pass. The trip was concluded with the return journey to Siliguri on November 11, 2024.

~ Ms. Barsha Dey

Asst. Professor, Dept. of Microbiology (NBSXC)

International Workshop-cum-Seminar on 'Molecular Biology and Immunology (MBI 2025)'

An International Workshop-cum-Seminar on Molecular Biology and Immunology (MBI 2025) was organized by the Department of Microbiology, North Bengal St. Xavier's College, Rajganj, in association with the Internal Quality Assurance Cell (IQAC), NBSXC, and in technical collaboration with DNA Labs, CRIS, Dehradun, and the Microbiologists Society (MBSI) India, from the



19th to the 21st of April, 2025. The event featured esteemed resource persons, including Dr. Bishnu Marasini (Senior Research Associate, Nepal Health Research Council, Ministry of Health and Population, Kathmandu, Nepal), Dr. Narotam Sharma (Scientist and Head), Dr. Ankita Singh (Junior Scientist and QC Manager), Mr. Vipin Nautiyal (trainee) from DNA Labs, Dehradun, India, and Fr. Dennis Soosai SJ (Principal-In-Charge, NBSXC).

The first two days of the event were dedicated to hands-on workshops, where participants learned advanced molecular techniques such as PCR, ELISA, and SDS-PAGE, followed by the third day, which featured oral and poster presentations by students and research scholars. The seminar was further enriched by insightful lectures from the resource persons.



MICROBIOLOGY

The event concluded with the declaration of results for the best oral and poster presentations, feedback sessions, and finally, with the Vote of Thanks by Dr. Bipranch Kumar Tiwary, Organising Secretary and Convenor of the event. A total of 196 participants, including research scholars, faculty members, and students from North Bengal St. Xavier's College and other institutions such as Ananda Chandra College (Jalpaiguri), Siliguri College, and St. Joseph's College (Darjeeling), attended the program. In support of the Microbiologists Society India (MBSI) initiative of promoting the health benefits of buttermilk, AMUL buttermilk was distributed to all participants and resource persons during the event.

The three-day event provided a comprehensive platform for in-depth understanding of advanced molecular techniques through hands-on training, expert-led sessions, and thought-provoking



discussions. The program achieved success due to the collaborative efforts of the organizing committee and the dedicated student volunteers from the department.

~ Ms. Nitya Rai (Asst. Professor),
Arohee Rai & Shayori Singh
(6th Semester) Dept. of Microbiology (NBSXC).

Departmental Seminar on “Machine Learning and Its Application”

The Department of Computer Science and Application, North Bengal St. Xavier's College, held a seminar on the 25th of September, 2024, in the Smart Classroom located in the Ground Floor of Loyola Block, Rajganj Campus. The topic of the seminar was, “Machine Learning and Its Application”.

The seminar began at 10 am, starting with the introduction and welcoming of the speaker, Dr. Rakesh Kumar Mandal (Associate Professor, Dept. of Computer Science and Technology, NBU). The



an insightful lecture on Machine Learning and its Applications, introducing students to new concepts that they had not encountered before.



After the lecture, the vote of thanks was delivered by the HoD of the Dept. of Computer Science and Application (NBSXC), Dr. Payel Saha, in which she thanked the esteemed speaker, faculty members, and the students of the department, for their support,

guest was felicitated by Mr. Partha Sarathi Dutta and Dr. Kamal K. Prasad.

cooperation, and contribution in making the seminar a success.

A small introduction about the seminar and the speaker was given by the students of the department. After the introduction, Dr. Rakesh Kumar Mandal delivered

~ Dr. Payel Saha

HoD, Dept. of Computer Science & Application (NBSXC)

Report On Dept. Activities (Session 2024-25)

The Department of Commerce, NBSXC (Rajganj), successfully organised two significant events in this academic session. The first event was a One-Day Students' Seminar, which was held on the 7th of March, 2025. The topic for the seminar was, “Emerging trends in Commerce and Management”. This event provided an excellent platform for students to showcase their research and presentation skills.

The other event was a Career Counselling Session, which was conducted on the 19th of March, 2025.



The keynote speaker for the session was Mr. Vinit Rathi (Manager, Career Launcher, Siliguri). It was conducted recognizing the importance of career guidance in shaping a student's future. The session covered a wide range of topics including higher education opportunities, job prospects in Commerce and Management, Data Analytics, etc. The department shall be organising more such events in the coming months.

~ Mr. Sagar Sharma

HoD, Dept. of Commerce (NBSXC, Rajganj)



Departmental Seminar on “Fundamentals of Mechanics”

The Department of Physics (NBSXC) organized a one-day departmental seminar on the 23rd of September, 2024, titled “A Seminar on Fundamentals of Mechanics”. The seminar was designed as an academic event to encourage students to delve deeper into the foundational principles of mechanics—an essential area of physics — and to foster critical thinking, independent research, and effective communication skills among undergraduate students.

The seminar commenced promptly at 9:30 AM in the Smart Class Room (Loyola Block, Rajganj). The event brought together students and faculty in a collaborative environment, focused on academic enrichment and peer learning.

Each student participant was given an opportunity to make a 10-minute presentation on a topic of their choice related to the fundamentals of mechanics. Topics were expected to be diverse, ranging from Newtonian mechanics and laws of motion to more advanced discussions involving conservation laws, rigid body dynamics, and oscillatory motion. This format allowed the students not only to explore specific areas in depth but also to learn from their peers' presentations, creating a dynamic and interactive learning experience.

The seminar served multiple purposes. It was not just an academic requirement but also a platform to enhance students' public speaking and scientific communication skills—an essential aspect of scientific education. Participants were encouraged to use visual aids, models, or simulations, wherever applicable, in order to make their presentations more engaging and informative.



Faculty members were present throughout the session to provide feedback, ask questions, and evaluate the quality of the presentations. Their involvement added further academic value to the event, turning it into a meaningful exchange between teachers and students. Grishma Rai was awarded for the Best PowerPoint Content, while Saptarshi Chatterjee received the Best Presentation Award for overall content delivery and communication skills.

In conclusion, the departmental seminar on “Fundamentals of Mechanics” was a successful and enriching experience for all involved. It allowed students to step beyond textbook learning, and engage with physics in a more hands-on and participatory manner. Events like this reflect the department's commitment to nurturing young scientific minds, and preparing them for future academic and professional pursuits in the field of physics.

~ Dr. Abhishikta Bhaduri

Asst. Professor, Dept. of Physics (NBSXC)

Commemorating A Century After Relativity: A Special Talk on “A Brief History of Radiating Stars”

“Einstein’s Theory of Relativity” is a landmark in the Physical Sciences – it is a motivation for many to begin a serious study of Physics; it is a topic that opens up the mysteries of the universe. In order to commemorate a century after the Theory of Relativity came to surface, a Special Lecture was organised by the Department of Physics (NBSXC) on the 26th of July, 2025.

The eminent speaker for the day was Dr. Megandhren Govender from Durban University of Technology (DUT), South Africa. Dr. Megan is an internationally renowned researcher in the field of Astrophysics and Cosmology. He has numerous research papers published in prominent journals of Physics and Mathematics. Dr. Sourish Dasgupta (VP, Academics, NBSXC) introduced the esteemed speaker to the audience and formally welcomed him to the institution. This special session was conducted by Dr. Tamal Mazumder, Dept. of Zoology (NBSXC).

Dr. Megan delivered a special talk on “A Brief History of Radiating Stars”. Not only the students of the Physics Department, but also students from other department of science spontaneously participated in this session. The motivation behind organizing this event was to enhance their interest in the subject, and inspire them to take up higher studies and research in this field.



Dr. Megan’s talk proved to be exactly what was aimed for. The students thoroughly enjoyed his lecture, took active participation during the interactive session, and definitely seemed to be highly motivated about Astrophysics. Last but not the least, the enormous support and encouragement by our respected Fr. Principal Dr. Lalit P. Tirkey SJ was instrumental in making this event a success.

~ Ms. Shreya Majumdar

HoD, Dept. of Physics (NBSXC)

Exploring the Green Trails: A One-Day Botanical Excursion Through Chitre to Deorali, Kurseong

The Department of Botany, NBSXC, organized a one-day botanical excursion to Kurseong, with an adventurous and academically-enriching trek under the guidance of faculty members of Botany Department – Fr Dr. Dennis Soosai SJ, Dr. Sourish Das Gupta, Dr. Payel Paul, and Mr. Subash Kumar Gupta – and local forest officials. The trek started from the picturesque Chitre Pine Forest down to



Deorali, passing through the lush landscapes of Kurseong. The purpose of this excursion was to provide students with hands-on learning in plant identification, ecological observation, and ethical specimen collection. The trail led participants through diverse vegetation zones marked by subtropical and temperate flora. Students had the opportunity to observe and document a wide array of plant species, including *Rhododendron arboreum*, *Magnolia champaca*, *Arisaema* species, wild orchids like *Dendrobium nobile*, and various pteridophytes such as *Nephrolepis exaltata* and *Dryopteris* species. The mosses and lichens carpeting the forest floor and rocks also caught the attention of many.

Under faculty supervision, selected plant specimens were collected for herbarium preparation and future reference. Each collection followed standard botanical protocols, ensuring minimal disturbance to the ecosystem and adherence to ethical guidelines. The specimens will be catalogued and preserved in the college herbarium for educational use.



from routine, inspiring a deeper respect for nature.

The group also observed invasive species like *Ageratina adenophora*, initiating discussions on ecological balance and biodiversity threats. The rich biodiversity of the sanctuary made it an ideal natural classroom to discuss forest stratification, plant adaptations, pollination strategies, and the importance of conservation. Beyond academics, the tranquil surroundings, mist-covered hills, and chirping birds offered a refreshing escape

~ Aishwarya Pradhan

4th Semester, Dept. of Botany (NBSXC)

Learning Beyond Classrooms: National Workshop on 'Herbarium Techniques & Plant Nomenclature'

On May 28, 2025, I had the wonderful opportunity to attend a one-day national workshop on "Herbarium Techniques & Plant Nomenclature", organized by the Department of Botany, University of North Bengal. The workshop was a valuable academic experience that offered both theoretical insights and practical training, both of which are essential for any student of botany.

The inaugural session was graced by Prof. M. N. Roy, Dean of Science, Commerce, Humanities, and Law, NBU, along with other distinguished faculty members. Among the sessions, the one led by Dr. Subir Bandyopadhyay, Former-Scientist, Botanical Survey of India, stood out for its depth and clarity. His lecture on plant collection and preservation techniques laid a strong foundation for the hands-on session that followed.

The highlight of the day was a visit to the NBU Herbarium, where we created our own herbarium sheets and learned about the digitization of plant specimens - a timely and innovative addition to traditional botanical practices. The workshop maintained a highly interactive atmosphere, encouraging participant engagement and discussion.

The event concluded with a valedictory session and distribution of participation certificates. I am sincerely thankful to the organizers, especially Dr. Manoranjan Chowdhury, Dr. Swarnendu Roy, and Dr. Sujit Mondal, for their guidance and support.

This workshop has greatly enhanced my understanding of herbarium science and plant nomenclature, and I eagerly look forward to attending more such enriching programs in the future.

UNIVERSITY OF NORTH BENGAL

One day National Workshop on
Herbarium Techniques & Plant Nomenclature

28th MAY, 2025, WEDNESDAY, 11 AM – 4 PM

Organizing Secretary

Dr. Manoranjan Chowdhury
Professor
Dept. of Botany
University of North Bengal
+91 9564103349

Dr. Swarnendu Roy
Assistant Professor
Dept. of Botany
University of North Bengal
+91 9474514100

Workshop Highlights

- Botanical Nomenclature (ICN)
- Use of Herbarium in Plant based Research
- Collection, Pressing, Preservation Techniques
- Scientific Documentation and Labeling
- Hands-on Training and Demonstration
- Herbarium digitalization

Venue: NBU Herbarium, Department of Botany, University of North Bengal

RESOURCE PERSON
Dr. Subir Bandyopadhyay
Former-scientist,
Botanical Survey of India

Who can participate:
UG, PG & RS from any branch of Life Science (Participants no. is limited to 30)

SCAN HERE TO APPLY

Registration Deadline 26TH MAY 2025

<https://forms.gle/e3cWgYQ96VgADhoF6>

PATRON
Prof. M. N. Roy
Dean, Faculty of Science, Arts, Commerce and Law

CHAIRMAN
PROF. A. SAHA
HOD, Dept. of Botany, NBU

CONVENOR
PROF. S. C. ROY
Dept. of Botany, NBU

MEMBERS
PROF. ARNAB SEN
Dept. of Botany, NBU
DR. J. B. BHANDARI
Dept. of Botany, NBU

Contact for more details: **Dr. Sujit Mondal**, NBU Herbarium ☎ +91 9681845572 ✉ sujit@nbu.ac.in
For payment related issue: Mr. Alishis Rai ☎ +91 7076446623

~ Shanto Shubra Bhattacharya

2nd Semester, Dept. of Botany (NBSXC)

A Two-Day International Seminar on “Recent Trends in Data Science”

A two-day international seminar on “Recent Trends in Data Science”, held from the 25th to 26th October, 2024, marked a significant academic event for researchers and academicians of the concerned field across the country. The seminar was jointly organized by the Department of Mathematics, NBSXC (Rajganj) and the Department of Data Science, St. Xavier's College, Palayamkottai, Tamil Nadu. This collaborative event brought together intellectual minds from various institutions to discuss emerging advancements in Data Science and its mathematical



foundations.

Held over two consecutive days, the seminar provided a vibrant platform for knowledge exchange, idea sharing, and interdisciplinary collaboration. A total of 104 scholars, researchers, and academicians from renowned institutions across India participated, presenting their research papers and innovative findings. The diversity of topics ranged from machine learning algorithms, big data analytics, statistical modeling, artificial intelligence applications, and deep learning, to mathematical optimization, graph theory, and data-driven decision-making.

The seminar commenced with an inaugural session featuring eminent personalities from academia and industry, who highlighted the relevance of data science in modern problem-solving and strategic planning. Keynote speakers Dr. Ikenna Ukabuiro (ABIA State University, Nigeria), Dr. J. Praveen Kumar (SMART, Singapore), and Dr. N. Krishnan (Manonmanian Sundaranar University, India) emphasized the role of data science in transforming industries, healthcare, education, and governance. Their insightful talks underscored the critical need for integrating mathematical rigour with computational

intelligence.

Throughout the two days, parallel technical sessions were conducted, allowing participants to present and discuss their research work in thematic clusters. The interactive nature of the sessions fostered meaningful dialogue among presenters and attendees, providing constructive feedback and encouraging future collaborations.

Workshops and panel discussions were also held, focusing on current research challenges and future prospects in data science. These sessions were especially beneficial for young researchers, offering them a roadmap for impactful research and publishing strategies.

The concluding session included a valedictory ceremony during which certificates were distributed, and notable contributions were acknowledged. Organizers expressed their gratitude to all participants, session chairs, reviewers, and technical staff, whose collective efforts made the seminar a



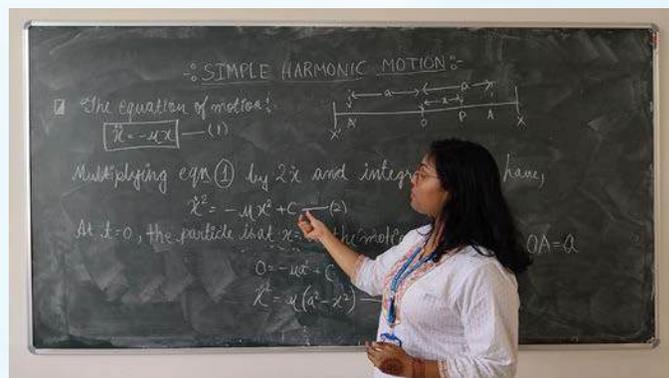
resounding success.

In conclusion, the seminar not only showcased cutting-edge research in data science and mathematics but also strengthened academic networks and interdisciplinary cooperation. It served as a catalyst for future research endeavours, motivating participants to continue exploring and innovating in the rapidly evolving domain of data science.

~ Mr. Tushar Das
HoD, Mathematics (NBSXC)

Math Talks: By Students, For Students

An Innovative Learning Initiative by the Mathematics Department, NBSXC



In a bid to enhance student engagement and digital learning, the Department of Mathematics (NBSXC) has launched an innovative academic activity titled, “Math Talks: By Students, For Students.” This initiative encourages students to create their own lecture videos on various mathematical topics, transforming them from passive learners into active content creators. This program aims to enhance both the teaching-learning process and the communication skills of students. It provides them with an opportunity to explore topics deeply, articulate mathematical ideas clearly, and utilize digital tools effectively.

Students from different semesters have enthusiastically participated in this initiative, selecting topics ranging from foundational concepts like calculus, algebra, probability and statistics to advanced subjects such as linear algebra, real analysis, differential equation and numerical methods. Each student or group is responsible for scripting, explaining, and presenting the topic in a clear and engaging manner, often using visual aids, diagrams, and screen recording tools.

The objective is two-fold: first, to reinforce the participants’ own understanding through teaching, and second, to create a growing repository of quality educational resources that can be used by peers for revision and self-study. Faculty members from the department are guiding and mentoring the students throughout the process, ensuring academic accuracy and presentation quality.

These lecture videos are being uploaded to the department’s official YouTube channel and learning management system, making them accessible to a wider student audience. The initiative not only supports digital learning but also encourages peer learning and content creation in education.

“Math Talks: By Students, For Students” reflects the department’s commitment to foster innovation in education. It empowers students not only to understand mathematics better but also to become confident communicators and digital contributors in an increasingly knowledge-sharing world.

~ **Mr. Tushar Das**
HoD, Mathematics (NBSXC)

Xavier Annual Management Convention (XAMCON) 2025: Inspiring Young Business Minds of North Bengal

A two-day management convention was organized by North Bengal St. Xavier's College at the Matigara Campus on the 24th and 25th of April, 2025. The event, XAMCON 2025, is a much-awaited confluence of undergraduate students across North Bengal. Determined to cultivate strategic thinking and upskill students at a performative level, this two-day convention endeavoured to maximize participation and actively engage young minds.

The first day commenced with the gracious presence of the respected Principal, Fr. Dr. Lalit P. Tirkey SJ (NBSXC, Rajganj & Matigara Campus), and our honourable Chief Guest, Dr. Pintu Prasad Jaiswal (Assistant Professor at KGTM, Bagdogra). The esteemed judges presiding over the various events included faculty members from reputed colleges in Siliguri, dignitaries like CA Sandeep Agarwal, Prof. Risha Chettri of Salesian College, and entrepreneurs such as Roshan Bhandari, who is also a member of the college alumni association. A series of cleverly strategized management games followed, posing exciting challenges to the participants.

As part of the Xavier Management Convention (XAMCON), an intra-departmental fest hosted by the Dept. of Commerce (NBSXC Matigara) and a business quiz titled "What The Buck" were organized with great zeal, which attracted enthusiastic participation from all. "The Big Picture" was a marketing poster-making competition where participants had to create visually engaging and informative displays of business ideas, ensuring the inclusion of the brand's name, logo, and tagline. "The Scavenger Hunt" was a thrilling and engaging



activity conducted with great enthusiasm. It began with a warm welcome to all participants, followed by a briefing on the rules and regulations to ensure fair play and smooth execution. "The Selfie Sell" competition encouraged creativity and marketing skills. Participants had to click selfies with the assigned product, create a brand name and tagline, and submit them within the stipulated time. The winners of the first day were students from North Bengal St. Xavier's College, Matigara Campus.

The second day of XAMCON 2025 commenced on a similarly vibrant note, with a legion of participants from Siliguri Institute of Technology, EIILM (Jalpaiguri Branch), and KGTM Bagdogra. As part of the inter-college business fest, the "Hard Selling" event witnessed enthusiastic participation, with students showcasing their marketing and persuasive skills by creatively pitching products to impress the judges. "Xamstock" was held on the same day, judged by Richuta Agarwal and CA Sanket Singhvi, who brought their expertise and insights to the competition. SIT (Siliguri Institute of Technology) emerged as the winner, with EIILM securing the runner-up position. Events like "Big Picture" and "Selfie Sell" drew many participants, but "Ad-Venture" and "XAMtank" were the most awaited categories. In these events, the students of NBSXC (Rajganj Campus) emerged as winners, eventually becoming the overall champions of the second day of XAMCON 2025.

The two-day event ended on an exhilarating note, culminating in a grand success through the relentless efforts of our esteemed faculty members and students from the Dept. of Commerce and Management.

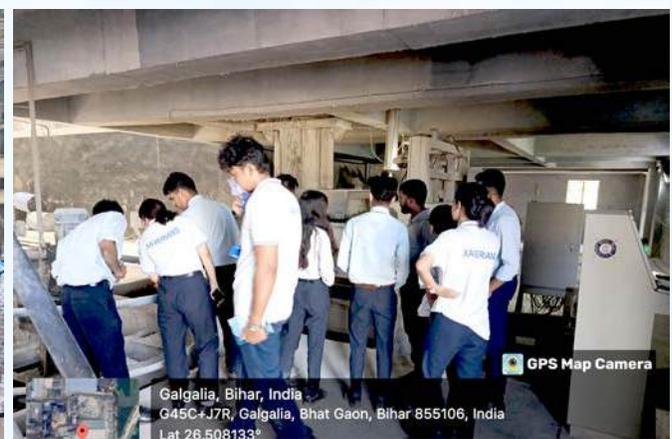
~ Prof. Chandreyee Bhattacharjee
Dept. of Commerce and Management (NBSXC)

List of Activities for the Session 2024-2025

Serial No.	Date of Commencement	Programme Details
1	7th September 2024 (Saturday)	Industrial Visit to Featherlite Buildcon Factory Total Visitors - 37 Male - 21 Female - 16
2	10th January 2025 (Friday)	Inauguration of New NBSXC Campus at Matigara.
3	19th February 2025 (Wednesday)	Workshop on Building Impactful Interpersonal Skills Speaker – Mr. Prajwal Choudhary (Director, Chatterbox) Total Attendees – 53 Male – 30 Female – 23
4	04th March 2025 (Tuesday)	Workshop on Design Thinking Speaker – Mr. Shobit Agarwal Total Attendees – 49 Male – 30 Female – 19
5	06th March 2025 (Thursday)	A session on 21st century skills mastery & Ai tools for productivity and creative management as a fast track career Speaker – Prof. Dhiraj Barpujary (Kaziranga University) Total Attendees – 48 Male – 30 Female - 18

~ **Sekh Raunak Mondal**

HoD, Department of BBA (NBSXC, Matigara)



Report for the Session 2024-2025

Serial No.	Date of Commencement	Programme Details
1	7th September 2024 (Saturday)	Industrial Visit to Featherlite Buildcon Factory Total Visitors - 37 Male - 21 Female - 16
2	30th January 2025 (Thursday)	Leadership Training For YUVA EC Total Attendees - 15 Male - 06 Female - 09
3	12th February 2025 (Wednesday)	Workshop on Discover the Career opportunities in Government Sector & Maximize Your Potential by Rice Education Resource Person - Mr. Partho Chatterjee Total Student Strength - 50 Male - 29 Female - 21
4	19th February 2025 (Wednesday)	Workshop on Building Impactful Interpersonal Skills Speaker - Mr. Prajwal Choudhary (Director, Chatterbox) Total Attendees - 53 Male - 30 Female - 23
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6	06th March 2025 (Thursday)	A session on 21st century skills mastery & AI tools for productivity and creative management as a fast track career Speaker - Prof. Dhiraj Barpujary (Kaziranga University) Total Attendees - 48 Male - 30 Female - 18
7	19th March 2025 (Wednesday)	On Campus Placement Drive by First Source Total Attendees - 13 Total Applicants - 08 Shortlisted - 03

~ Sekh Raunak Mondal

Convener, Career & Placement Cell (NBSXC)

AICUF MOTTO

“We Are Born In An Unjust Society,
And We Are Determined Not To Leave It As We Have Found It”.

TEAM BUILDING INAUGURAL SESSION



On July 27, 2024, AICUF (NBSXC) conducted a team building inaugural session for the 2nd and 3rd year AICUF students. The session was divided into four parts as followed:

First Session: It focused on the introduction of AICUF by Fr. Dennis Soosai, SJ. The important aspects that were discussed included leadership development, social awareness and action, spiritual growth, building a sense of community, advocacy and representation of prophetic role, personal transformation and integrity.

Second Session: It was all about living as a Christian youth, as highlighted by Dr. Pavanbir Kaur. Her session was about how as a youth we should include Jesus in our life, reading the gospels, and actually living according to it.

Third Session: It was about Ignatian Youth, as elaborated by Fr. John Kennedy, SJ. The discussion

centred on how to be a good leader and develop the qualities of a good leader.

Fourth Session: ‘AICUF in Action’ was organised to prepare the future plan of the cell as designed by Fr. Dennis Soosai, SJ and moderated by Mr. Rajib Kumar Lakra. Here the students along with Father discussed the activities which could be done in future.

Everyone actively participated, and the sessions were highly engaging and enlightening. The total number of students who attended each session was twenty (20).

~ Isha Glory Tirkey

Dept. of Microbiology (2nd year), NBSXC



HOWRAH SOUTH POINT (HSP) TUITION CLASSES



Howrah South Point (HSP) is a home for specially-abled children. On the 2nd of August, 2024, Fr. Dennis Soosai SJ, along with eight (08) AICUF students, went to HSP for an introduction with the children and their mentor. Mrs. Daliya, the Home In-Charge, warmly welcomed them and provided a brief introduction to the home's history. She also added that a separate home is present for boys in Mogradangi.

The group engaged in meaningful discussions about inclusive education and explored ways to support the children. With mutual consent, they scheduled regular visits for Wednesdays, Saturdays, and Sundays, commencing from August 10, 2024.

Every Wednesday, Saturday and Sunday our AICUF students dedicate their time for teaching and mentoring unprivileged children, sharing their knowledge and skills with those in need.

Shailesh Soreng and Isha Glory Tirkey are the in-charge for maintaining the record of students going to HSP. The volunteers interacted with the children at HSP, shared joyful moments, and then bid them farewell.



~ **Monika Samad**

Dept. of English (3rd year), NBSXC

WORLD INDIGENOUS DAY CELEBRATION

AICUFers of North Bengal St. Xavier's College celebrated World Indigenous Day on August 13, 2024, to recognize and honour indigenous peoples' cultural heritage and contributions.

The celebration commenced with a traditional welcome ceremony and a keynote address by Mr. Rajib Lakra, emphasizing the importance of preserving indigenous cultures.

AICUFers and students showcased traditional dances, music, and arts, while a cultural exhibition displayed traditional attire from various tribes, highlighting the rich cultural diversity of indigenous communities.

Principal Fr. Dr. Lalit P. Tirkey SJ stressed the importance of creating an inclusive environment for indigenous students and incorporating indigenous perspectives into the curriculum.

The celebration promoted unity, understanding, and recognition of indigenous peoples' rights and contributions, reaffirming our commitment to preserving their cultural heritage and promoting their well-being.



~ Esika Minj

Dept. of B.com (3rd year), NBSXC



AICUF ORIENTATION FOR FIRST YEAR STUDENTS

An orientation program was held for the first year AICUF students on August 24, 2024, in the Smart Room, Loyola Block, NBSXC. It aimed at introducing AICUF to the first year students. The emcees for the day were Barkha Bakhla and Isha Glory Tirkey.



The program began by taking blessings from the Lord, followed by a prayer conducted by Br. Aashish SJ. The first part of the program was the Introduction of the AICUF NBSXC Board members, their roles and responsibilities, followed by the introduction of the commissions and their representatives.



The second part included a session led by AICUF Convener, Fr. Dennis Soosai SJ, on personal transformation by focusing on the role of AICUF and understanding its mission. The meaning and significance of the AICUF logo was also explained in that session.

Further discussions were about how AICUF plays the role of bringing everyone together. After the session, group activities were held followed by an action song. At the end, AICUF enrolment form was given and registration was completed for the first-year students. The total number of students present were thirty-six (36).

~ Isha Glory Tirkey

Dept. of Microbiology (2nd Year), NBSXC



INTERACTIVE SESSION WITH IMCS, NEPAL



On the 31st of August, 2024, AICUFers had a workshop on “Transformation, Reflection on Grass Root Realities of Youth: An Interaction Session and Sharing Session with the Youths of West Bengal” in the Smart Room, Loyola Block, NBSXC (Rajganj).

The program commenced with a prayer song followed by a warm welcome by Fr. Dennis Soosai, SJ (AICUF Convener) and speeches by the AICUFers. Suman Ghale explained the different commission, Pax Roman, and the Indigenous spirit. Boni Rai Ghale introduced IMCS (International Movement of Catholic Students), Nepal, which was founded in 1992 with the motto, “Lead for God, Lead for Nepal”. Pasang Tamang shared his experiences and

led the group in action song and interactive activities.

Thereafter, the AICUFers were divided into groups to discuss, and then presented with five questions to solve. This exercise encouraged critical thinking, reflection, and sharing of perspectives.

Overall, the program proved to be an enriching one, as the different sub-themes that were presented truly helped the students to gain more insight, knowledge, and perspective. The program was wrapped up with a group photo session.

~ **Monika Samad**

Dept. of English (3rd year), NBSXC



TREE PLANTATION DRIVE

On the 3rd of September, 2024, a Tree Plantation Drive was organized at North Bengal St. Xavier's College by North Bengal AICUF in collaboration with X-ISTENCE: The Nature Club (NBSXC), Purba Dhansara Jote Jana Kalyan Samiti, Himali Terai Gorkha Seva Samiti and Ranidanga SSB Unit.

The event began at 11:00 AM, starting with the welcoming of the guests in the Smart Room located on the ground floor of Loyola Block (NBSXC, Rajganj campus) and thanking them for joining in this event. Then the guests were felicitated by our respected Fr. Principal, Dr. Lalit P. Tirkey SJ. In turn, the guests too felicitated Fr. Principal and the Nature Club Convener, Ms. Barsha Dey. A short but motivating speech was given by one of the guests from the Purba Dhansara Jote Jana Kalyan Samiti, highlighting the importance of planting trees and of conserving our environment. Following this, Fr. Principal delivered a short speech, thanking them for joining us and inspiring us with their words.

After the speeches, the guests were led to Loyola Block-2, where around 40 AICUF students and 30 Nature Club Members had gathered for the plantation. Respected Fr. Principal then addressed the students and apprised them about how important a step this was for the college as well as for the environment. The Dean of Students, Ms. Nitya Rai was thereby called upon to give the vote of thanks.



Tree saplings were then brought out by Ranidanga SSB and distributed among the students for plantation. The saplings were enthusiastically planted and watered by the students in the area adjacent to Loyola Block-2.

~ Shapher Lama

Dept. of Comp. Sc. (2nd year), NBSXC



KARAM FESTIVAL CELEBRATION

On September 21, 2024, AICUFers of North Bengal St. Xavier's College organized a vibrant Karam Festival celebration, showcasing the rich traditions of the tribal people.

The event was attended by AICUFers from St. Joseph's College, local people from Mogradangi Parish, and senior AICUFers, who graced the celebration with their presence.

The celebration began ten days prior to the main event, following traditional customs and rituals. Seven girls and two boys were entrusted with growing Karam



plants in pots and bringing the Karam branch on the day of the celebration. The girls observed a 10-day fast, demonstrating their devotion and commitment.



Fr. Simon Kerketta SJ introduced the audience to the significance and origin of the Karam Festival. The celebration commenced with a solemn Eucharistic Mass, followed by a traditional dance honouring the Karam branch.

The seven girls who fasted and cared for the Karam plants were honoured with traditional Khada, acknowledging their dedication and efforts.

The program concluded with a farewell ceremony, where the Karam branch was respectfully immersed in the river, marking the end of the celebration.

~ **Monika Samad**

Dept. of English (3rd year), NBSXC

PUJA CAMP AT KOLKATA

The North Bengal Unit of AICUF embarked on a journey to Nitika Don Bosco for the AICUF Puja Camp from October 9-11, 2024, conducted by St. Xavier's College, Kolkata. The team, comprising the Darjeeling and Rajganj units, arrived at Howrah Station and reached the venue, where they registered, settled into their rooms, and explored the city before dinner. The evening featured an ice-breaking session, dividing participants into nine groups.

The inaugural function on **Day 1**, led by Fr. A. Swamy, introduced the theme "Social Justice Warriors," prompting reflection on societal issues. Three key sessions followed: 'Women Empowerment and Environmental Justice', led by Mrs. Anne Joseph;

'Relationship Dynamics', emphasizing self-love and emotional intelligence by Dr. Mary D'Cruz, and 'The Role of Social Media in Social Justice', exploring social media's power in activism by Fr. Vivek SJ.

Day 2 commenced with Holy Mass, breakfast, and a session on 'The Role of Youth in AI for a Better Society' by Architect Somali Sinha. A debate followed, leading to a session on 'Online Exploitation and Cyber Security' by Mr. Amit Chatterjee. Participants visited a slum, engaging with locals, and fostering empathy. The evening featured a cultural program with Adivasi and Bengali dances, followed by a feedback meeting and dinner.

On **Day 3**, Fr. Anbu SJ's session on 'Social Justice Warriors' encouraged animated discussions on governance and societal change. A quiz and group discussion followed. Fr. Jesu Benjamin SJ, the National AICUF Adviser, explored AICUF's history and youth aspirations, highlighting their need for recognition and employment. Fr. Michael Biswas led a session on modern social justice issues, including economic inequality and caste discrimination. The camp concluded with a closing ceremony, few cultural performances, and a bonfire.

The AICUF Puja Camp was an enriching experience, fostering learning, discussions, and lifelong connections. Participants departed from Howrah, bringing back memories and insights gained from the camp. The event



served as a platform for young minds to come together, reflect on societal issues, and strive for a positive change.

~ Isha Glory Tirkey

Dept. of Microbiology (2nd Year), NBSXC.



CHILDREN'S DAY CELEBRATION

"The children today will make the India of tomorrow. The way we bring them up will determine the future of our country."

~ Pandit Jawaharlal Nehru

The AICUF unit of NBSXC celebrated Children's Day on the 15th of November, 2024, at Howrah South Point, Bakuabari - a home for specially-abled children. The celebrations began at 3:25 PM. Barkha Bakla (5th Semester) was the emcee for the program. The celebration started with volunteers wishing the little ones a very happy Children's Day. When it came to introducing themselves, all the children mentioned their names and spoke very confidently about their dream of what they wanted to be in future. After this, the volunteers introduced themselves to the children. A short, fun quiz was conducted by the emcee on fun facts about this particular



day, where each child who gave a correct answer got a colour pencil as a reward.

To re-energize all the students, there were two action songs where all the students and volunteers enjoyed their fullest, grooving to those Christian songs. Thereafter,



a melodious song was sung by Alex Hembrom (1st Semester), followed by Rajnath Murmu (1st Semester) who gave a beautiful speech regarding the importance of education, and motivating the kids to study hard. It was followed by Royan Kujur (1st Semester), who talked about the importance of having a dream and actually fulfilling it. Isha Glory Tirkey (3rd Semester) added the idea that achieving the dream can only be fulfilled if we study seriously and work hard upon it, and how achieving one's dream can make us independent. Barkha Bakhla (5th Semester) said a few words on women safety, on how if they feel anything happening wrong with them or others, how they should inform their home in-charge, Mrs. Daliya. She also emphasized on how Mrs. Daliya is an inspiration for today's youngsters for her service towards the nation through her HSP home, and making the children believe that she will always be there for them.

Through their talks, the four

volunteers motivated the children to study and emphasized on building great careers, and why it is important to be independent. The children were listening to the speeches and were actively taking part by interacting. At the end, chocolates and gifts were distributed to the children. There were a total of 10 volunteers from AICUF who also volunteered for tuition classes. This celebration was an initiative with a purpose of following the motto of AICUF, bringing change in the society, especially in the lives of these special children. The celebration was a success as we were able to bring smiles on the faces of these beautiful children.

~ Isha Glory Tirkey
Dept. of Microbiology
(2nd Year), NBSXC

PRE-CHRISTMAS CELEBRATION AT NBSXC (RAJGANJ)



On December 16, 2024, the AICUFers of North Bengal St. Xavier's College organized a joyous Pre-Christmas celebration, bringing together the entire Xaverian family of the college.

The festivities commenced with Fr. John Kennedy SJ blessing the crib and invoking God's blessings in everyone's life. This solemn moment was followed by melodious carol singing, filling the air with festive cheer. A joyous cake-cutting ceremony, and distribution of chocolates and sweets added to the merriment. One of our AICUF students, dressed as Santa Claus, surprised the gathering by distributing chocolates, bringing sheer delight to everyone.

The event aimed to foster unity and joy in the Xaverian family at NBSXC, celebrating the true essence of Christmas in terms of love, togetherness, and happiness.

The Pre-Christmas Celebration was a memorable occasion, filling everyone with festive cheer and cherished memories.

~ **Monika Samad**

Dept. of English (3rd year), NBSXC

BREAKING TABOOS: MENSTRUAL AWARENESS PROGRAM AT HARIHAR HIGH SCHOOL

A significant step towards promoting health education and breaking societal taboos was taken by NBSXC at Harihar High School on January 16, 2025. A Menstrual Awareness Program was organized for higher-grade girls from classes 6 to 12, with the primary objective of educating them on menstrual health and hygiene.

The program, conducted by AICUF in collaboration with the NSS unit, NBSXC, was designed to be age-appropriate and engaging. The session began with a brief introduction to menstruation as a natural biological process, emphasizing the need to normalize the topic and remove societal stigma.

Key highlights of the program included an explanation of the menstrual cycle, hormonal changes, and its importance in female health. Proper menstrual hygiene practices, such as the use of sanitary pads, correct disposal methods, proper food intake, and personal cleanliness, were also discussed. Additionally, myths and misconceptions surrounding menstruation were addressed and debunked.

Interactive activities, including a Q&A session and demonstrations on how to use and dispose of sanitary products, encouraged open discussion and active participation from the students.

The program was well-received, with girls expressing gratitude for the opportunity to learn in a safe and



supportive environment. By empowering young girls with knowledge and confidence, the program aimed to create a positive impact on their overall health and well-being. The Menstrual Awareness Program at Harihar School was a significant step towards promoting health education and breaking taboos attached to the menstrual cycle. As we strive to create a more inclusive and equitable society, it is essential that we prioritize education and awareness on menstrual health. By doing so, we can empower young girls to take control of their health, challenge societal norms, and create a brighter future for themselves and their communities.

~ Rimpa Soni

Dept. of English (2nd Year), NBSXC



AICUF STUDENTS' RETREAT AT DIVINE VOICE RETREAT CENTER, CHOPRA



From January 31 to February 2, 2025, AICUF students embarked on a three-day devotional retreat in Chopra, led by Fr. John Kennedy SJ.

Each day began with a meditation session, setting a reflective tone for the activities ahead. The students participated in various sessions, exploring themes such as:

- Love and relationships
- Prayer and contemplation
- Thought dynamics
- Navigating hatred and strong dislike

Students were divided into groups, assigned specific topics, and were engaged in discussions, activities, and tasks. This collaborative approach fostered a deeper understanding of the themes, and encouraged teamwork.

At the end of each day, each group shared their experiences, ideas, and takeaways with the entire gathering. This exchange of perspectives promoted a sense of community and mutual growth.

The retreat provided a transformative experience, allowing students to reflect, learn, and connect with one another on a deeper level.

~ Monika Samad

Dept of English (3rd Year), NBSXC

LEADERSHIP DEVELOPMENT PROGRAM (KATHMANDU)



St. Xavier's College, Kathmandu, Nepal, hosted the "Lead Change – Discernment in Leadership" program from February 12-16, 2025, fostering ethical and insightful leadership. This immersive event featured expert-led sessions on self-awareness, emotional intelligence, decision-making, and value-based leadership.

Participants engaged in discussions on leadership philosophies, resilience, and social responsibility. Beyond sessions, visits to St. Xavier's School, Godavari, Boudhanath, Pashupatinath, and Bhaktapur provided real-world learning, while recreational activities encouraged reflection and team bonding.

AICUFers proudly represented North Bengal St Xavier's College, further strengthening our college's presence in this transformative leadership initiative.

The program successfully equipped students with essential leadership skills, reinforcing St. Xavier's commitment to shaping responsible and visionary leaders.

~ Rimpa Soni

Dept. of English (2nd year), NBSXC

KHERIPARA CHILDREN'S PROGRAM

On February 26, 2025, the AICUFers hosted a vibrant Kheripara Children's Program at North Bengal St. Xavier's College Boys' Hostel Ground. The event commenced at 10:00 a.m., with 36 children and their accompanying teacher in attendance.

The AICUFers extended a warm welcome to the children, treating them to a delicious breakfast that set the tone for a wonderful day ahead.

The children showcased their talents through song and dance performances. They also participated in sports and games, promoting teamwork, friendship, and healthy competition.

Fr. John Kennedy SJ and Fr. Dennis Soosai SJ also joined the program, bringing joy and warmth to the celebrations. Everyone enjoyed a delicious lunch together, fostering a sense of community and togetherness.

The program concluded with a prize distribution ceremony, recognizing the winners of the various events. Chocolates and treats were distributed among all the children, bringing bright smiles to their faces. A memorable photo session wrapped up the day's celebrations around 4:00 p.m.

~ Monika Samad

Dept. of English (3rd year), NBSXC.



WOMEN EMPOWERMENT PROGRAM

Women empowerment is a crucial step towards achieving gender equality and ensuring the overall development of society. As part of our initiative in that direction, 20 students of AICUF, under the guidance of Rev. Fr. John Kennedy Susai SJ, organized a women empowerment initiative at Kheripara, Rajganj, on the 27th of March, 2025. This program aimed to educate, support, and encourage women to become self-reliant and actively participate in the community.



OBJECTIVES:

1. To create awareness about women's rights and legal provisions
2. To promote financial independence through self-employment and entrepreneurship
3. To actively participate in social and political activities
4. To provide guidance on managing children and dealing with problems of alcoholism in the family
5. To address the lack of childcare support in rural and semi-rural areas, which prevent mothers from fully engaging in training or jobs.

Women shared their challenges which they face in their daily life, and the AICUFers provided them with guidance, motivating them to address their concern. The AICUFers performed a skit highlighting women issues and empowerment, creating awareness in an engaging manner. Mr. George Lepcha, Senior Officer in the DM's Office, interacted with the participants. He discussed key aspects of various governmental schemes like aid to Self-Help Groups, and cautioned them about the bad consequences of marrying before reaching the legal age. The AICUFers also performed an action-song dance, where everyone participated and enjoyed, fostering unity and enthusiasm among the attendees. At the end of the program, tea and snacks were offered to all the participants.

Over 40 women and around 20 children participated in the program, and gained valuable knowledge and insights. Awareness about women's rights and legal support significantly increased confidence among the women to raise voice for their concerns. The women empowerment initiative by AICUFers in Kheripara successfully met its objectives of raising awareness, improving skills, and promoting women's self-development and independence. The event was an invaluable experience for both the AICUFers and the women in the community, fostering a sense of solidarity and empowerment.

~ Royan Kujur

Dept. of BCA (1st year), NBSXC.

LEADERSHIP WORKSHOP AT ST. XAVIER'S UNIVERSITY(SXUK), KOLKATA



The AICUF Day 2025 Leadership Workshop was held at St. Xavier's University, Kolkata, over two days. The event aimed to foster leadership qualities, social awareness, and teamwork among students for bringing about social change. The details are as follows:

Day 1 featured interactive sessions, guest lectures, and group activities focused on leadership skills, self-development, and effective communication. Facilitators Fr. Jesu Benjamin SJ and Dr. Gladston Ashok Xavier emphasized the role of youth in driving social transformation. Participants were divided into groups to enhance collaboration and problem-solving abilities.

Day 2 centered on social change and activism. Participants discussed pressing social issues, including poverty, education, and environmental sustainability. Ten teams showcased their projects, describing problems and proposing solutions.

Key learnings included the importance of effective leadership, enhanced communication and teamwork, and practical strategies for implementing social change initiatives. Participants gained greater awareness of social justice issues and community engagement.

Feedback from participants praised the interactive sessions, expert talks, and group activities. Suggestions for improvement included more hands-on activities and case study discussions. Extending the workshop to three days was also recommended.

The AICUF Day 2025 Leadership Workshop was a remarkable initiative that inspired students to take proactive steps toward social change. The knowledge and skills gained will help participants become effective leaders in their communities. Such events should be encouraged to continue nurturing responsible and impactful youth leaders.

~ Alex Hembrom

Dept. of B. Com (1st Year), NBSXC.

Good Touch and Bad Touch Awareness Program

The NSS Unit of North Bengal St. Xavier's College organized a "Good Touch and Bad Touch Awareness Program" on September 10, 2024, at Golabari State Plan Prathomik Vidyalaya, Jalpaiguri. The primary aim of the program was to educate young students about the concepts of 'good' and 'bad' touch, making them more aware of their surroundings and how to respond to inappropriate situations.

The program witnessed the participation of fifty students and one teacher from the mentioned school. Additionally, the mothers of the students were also present, adding an important dimension to the session.

The program commenced with the NSS volunteer-students engaging the school children by explaining the difference between good and bad touch, using hand-drawn posters for visual clarity. The session was made more interactive by dividing the children into groups, and playing a game to reinforce the learning in a friendly and comfortable environment. Following this, a special session was conducted by Dr. Pavanbir Kaur from the Department of English (NBSXC). Dr. Kaur focused on educating the



parents, particularly mothers, in this crucial dialogue to ensure they can support their children effectively. The response from both the students and their mothers was very encouraging. The children participated with great interest, and their mothers attended the lecture with care and enthusiasm. The teachers of the school were equally supportive and appreciated the initiative. Volunteers and professors of our college expressed their satisfaction in being part of such an impactful event.

The 'Good Touch and Bad Touch Awareness Program' was a significant step towards empowering young students and their families with knowledge that can protect them from harm. The active participation of the students, their mothers, and teachers made the program a success, and it laid the groundwork for future community-driven initiatives. Building on the success of this program, the NSS Unit (NBSXC) plans to organize many awareness events like this in the future.



mothers about how to handle situations of bad touch and how to communicate these sensitive issues to their children effectively.

The key objective of the program was to increase awareness among the children about personal safety, and how to recognize and respond to uncomfortable situations. The program also aimed to involve

~ Srishty Banerjee

5th Semester,
Dept. of Computer Science and Applications
(NBSXC).

Swachhata Abhiyan on NSS Day

A *Swachhata Abhiyan* (Cleanliness Drive) was conducted at North Bengal St Xavier's College, Rajganj campus, on September 24, 2024, at 12 PM by the NSS volunteers from the 1st, 3rd and 5th semesters of the college. The program was inaugurated by the NSS Program Officer of NBSXC, Ms. Payel Dey. It was followed by the welcome address, which was given by the NSS Students' Representative, Abhirbhab Majumdar from 3rd semester, Dept. of Zoology (NBSXC). In the Campus Cleanliness Drive, eighty (80) NSS volunteers participated and cleaned the entire campus by collecting a total of 30 kilogram of degradable and non-degradable solid waste. It included glass bottles, tins, cans, plastic wastes, etc. found in and around the campus. Dr. Payel Paul and Dr. Tanmay Mukhopadhyay – teacher-volunteers from the college's Botany and Zoology departments respectively – encouraged the students throughout the program. At the end of the program, the ceremonial NSS clap was followed by the pledge – "I shall do my best for protecting the earth and its natural environment. I shall also adopt such practices that would minimize wastage. I shall reuse whatever I can. I shall take care to clean up the environment. I shall reduce the waste we create. I shall plant more trees. I shall conserve energy and water". At the end of the program, all the volunteers were provided with refreshments by the NSS unit .



~ **Monami Dhar**

6th Semester, Dept. of English (NBSXC)



MENSTRUAL HYGIENE AWARENESS PROGRAM

On the 16th of January, 2025, a Menstrual Hygiene Awareness Program was organized by the members of the National Service Scheme (NSS) in collaboration with AICUF, NBSXC. The event was organized at Harihar High School, Mehendigachh. Around 70 to 80 high school girls with three female teachers were present for this informative program. The event positively marked some of the essential points of hygiene care like use and disposal of sanitary napkins, overall cleanliness, etc. A proper set of demos was shown to the school girls on how to use a sanitary napkin. A detailed explanation was provided to each student so that they do not face any difficulties in the future. The school girls were also provided with the knowledge of what type of iron-rich foods can be consumed during this time. More importance was given on keeping their body hydrated during their periods, as it plays an important role in proper functioning of the body. They were also introduced to some of the useful yoga postures that can be done in order to reduce menstrual pain. Some home remedies were also shared to make them aware of how they can manage such pain at home.

Overall, the Menstrual Hygiene Awareness Program was quite a successful one. The program helped us to spread vital information about hygiene and self care. The main purpose of this event was to spread awareness about hygiene and sanitation, and to normalize the idea of discussing menstruation as a health issue in society. Hence, the event generated a great impact on the audience.

~ Ms. Payel Dey

Programme Officer, NSS (NBSXC)



Blood Donation Camp by NSS

Blood is the essence of life: flowing silently through our veins, connecting us in ways unseen but vital. It carries with it not just the pulse of survival but the promise of hope, of second chances. In every drop lies the power to heal, to restore, to save a life. Blood donation is not just an act of giving – it is a gift of time, a chance to make the invisible visible, to turn one person's generosity into the lifeline of another. In a world where time often slips through our fingers, the selflessness of donating blood becomes a timeless act of compassion, reminding us that we are all bound by the same fragile threads of life and hope.

Blood is not a limitless resource; it is finite and requires constant renewal. Regular blood donation is the steady heartbeat of our healthcare systems, ensuring that the supply remains available for accidents, surgeries, cancer treatments, and countless other emergencies. Through regular and consistent blood donation, we make sure that those who need it most are never left without this vital lifeline. With this noblest cause in mind, the National Service Scheme (NSS) unit of North Bengal St. Xavier's college organized a Blood Donation Camp. It was held on the 18th of February, 2025, starting from 10.30 am at the Ground floor of the college's Loyola Block (Rajganj). The event was supervised by NSS Programme Officer, Ms. Payel Dey, along with Professor Ms. Payel Saha. Many eager students had volunteered to help organize and run the programme. They all manned several duties – filling up registration forms, checking with the doctors, helping the medical team, and distributing food packets for the donors.

The blood donors, however, remain the stars of the event. After all, they are the ones who made the whole event possible. The total number of donors was calculated to be fifty (50), including all the students, professors, and other staff members who generously came forward to donate a portion of their life's essence.



The Camp had been a joyous occasion for all—a day of lessons learnt, basking in the afterglow of being able to make a difference, of ecstasy in comradeship in working together. The Blood Donation Camp had been a huge success. Under the skilful guidance of Payel Dey Ma'am, the enthusiasm of student volunteers reached new heights to work harder. As the event was wrapped up, the students left feeling fulfilled and gratified.

~ Nilanjana Sinha Roy

6th Semester, Dept. of Pol. Science (NBSXC)



Report on NSS Special Camp

The NSS Special Camp is an integral part of the National Service Scheme (NSS) activities in India, aimed at fostering social responsibility, community engagement, and personal growth among students. This year, the NSS unit of North Bengal St. Xavier's College, Rajganj organized a special camp from 2nd to 4th April 2025 at Golabari State Plan Prathamik Bidyaloy, Khaltajote (W.B.) with the central theme – "Health, Hygiene, and Rural Development". It brought together thirty-one (31) dedicated volunteers under the guidance of Ms. Payel Dey, Programme Officer, NSS Unit (NBSXC), along with Professor Dr. Payel Paul and Dr. Tanmay Mukhopadhyay. The objective of the camp was to raise awareness about hygiene, support basic education, identify local problems through surveys, and encourage student participation in rural development.

1st Day



On the first day (2nd of April, 2025), the program began with the NSS anthem. Sung with passion and conviction, it marked the camp's opening, establishing a strong sense of camaraderie. All the students were then divided into three groups of ten students each. The groups conducted a socio-economic survey by visiting more than 100 households in the village. During the survey, students invited locals to the Health Camp scheduled for 3rd April and also discovered that the villagers were facing a drinking water problem. The teams decided to take steps toward arranging a proper water facility to address the issue.



In the second half, students conducted interactive sessions for schoolchildren, including basic English, Maths and Environmental Science classes.

Volunteers from various departments participated enthusiastically, sharing knowledge and engaging the young minds. The day's activities wrapped up at 2:30 p.m., leaving a lasting impression and high expectations for the next two days.

2nd Day



On the 3rd of April, 2025, a health camp was organized by NSS members. The health camp was an integral part of our three days of special camp put up by our members and coordinators of NSS. The health camp was organised at Golabari State Plan Prathamik Bidyaloy, Khaltajote. All the volunteers and members of NSS came forward for active participation in the activity. The main motive of this health camp was to provide maximum support to all the local people. It was amazing to witness such a camp that had an altruistic mindset to openly welcome and help the people.

This medical health camp was a free health camp. It basically included inspections by ophthalmologists and general physicians. The best part of the camp was



that people were also provided with free medicines which helped them in a greater way. Every doctor and their staff member showed their active participation and support to make the camp a successful one. The camp started sharp at 11:00 am and ended at around 1:30 pm. Around thirty (30) people came for free eye-check up and fifty (50) people came to see the general physicians for health issues. The camp also included free check-ups for sugar and blood pressure related problems. The camp also provided free cataract surgery to seven (07) people from the village. Arrangements were made to send them to Greater Lions Shri VidyaSagar Oswal Eye Hospital for this cataract surgery.

This health camp was also open for all the members and active volunteers of NSS, NBSXC. The volunteers tried their best to make the camp function in a proper and smooth way. They managed every part of the camp and all this was possible only because of all the help that was received from our teachers of the NSS unit. Along with the Health Camp, a drawing competition for the school students was also held.

It was a heart-warming experience to witness such a camp that was able to offer help to those people who were in great need of this free check-up. This joyous experience will always dwell in the hearts of all the members and volunteers of NSS and we find ourselves blessed as we were able to do this little help for the villagers of Khaltajote.

3rd Day

The third and last day, the 4th of April, 2025, was a momentous day, full of myriad activities. It started with an Origami Craft Class organized by the NSS student-volunteers. The young children, eager to learn, huddled together in the courtyard where the





volunteers taught them the art of Origami. However, the volunteers decided to put a wonderful twist to the classic art— by using old newspapers. It was the most perfect example of ‘turning trash to treasure’. The children had fun learning how to make fishes, birds and windmills out of old newspapers.

Next, the NSS unit organised a programme for Awareness on Mother and Child Health. We invited

Mrs. Paromeeta Roy, ICDS Supervisor at Gorubathan Block, Kalimpong District, to speak on the subject. All young mothers and women had come to join with their young ones. Mrs. Roy was eloquent, interacting with the locals and imparting valuable information. It was an important event, meant for spreading awareness and helping the villagers become conscious about mother-child nutrition and health.

Following this, the volunteers from Department of Microbiology & Zoology, NBSXC, presented a small session on Hygiene and Cleanliness. They talked on the importance of hygiene and how the children could maintain cleanliness. They showed tutorials on how to properly wash hands and brush teeth, what homely substitutes could be used when soap is not available. The children interacted enthusiastically with the college students.

After lunch, a cultural programme was organized.

First up, the children of Golabari State Plan Prathamik Vidyalaya performed dances. The NSS volunteers had taken time out the previous days to teach the dance routines to them. The audience – consisting of the school children, their families and villagers, along with the volunteers and professors of NBSXC – applauded and appreciated the kids. Some of the volunteers also performed. Then NSS members presented a play on the dangers of the online world for young children. The play showcased how young impressionable adolescents with free rein on the internet might face danger of getting manipulated and scammed by strangers posing as friends. The event ended with a melodious duet song by Dr. Tanmay Mukhopadhyay and Mrs. Paromeeta Roy. The three-day Special Camp came to an emotional end as the NSS volunteers and the children bid each other tearful farewells. A strong bond had grown between them after spending so much time together, engaging in different fun activities and events. The Camp had irrefutably left a lasting impact on the college volunteers, who got the opportunity to step in and live a little in the rural world, and who in turn, also tried to make a small impact with their efforts.



~ Nilanjana Sinha Roy
6th Semester, Dept. of Pol. Science (NBSXC)

Installation of Sanitary Napkin Vending Machine by NSS UNIT of NBSXC



Over the ages, the topic of menstruation has often been met with shame and associated with myths and taboos in our conservative Indian society. In fact, adolescent girls find it extremely difficult to even discuss the issue with their parents or elders in the family. As per study, in India only 12% of women use Sanitary Napkins. It is observed that 20% of girls did not use toilet in school during menstruation for fear of staining, and many girls had no idea about menstruation when they started with their periods. Of those who had some idea, only 16% received any information in school. So, for educating and creating awareness for the use of Sanitary Napkins and to provide easy access to them, using a Vending Machine is of prime need in addition to the awareness about menstrual health and hygiene. A Sanitary Napkin Vending Machine is a Self-Service Vending Machine used for dispensing Sanitary Napkins against acceptance of 5 rupee coins. Installed Vending Machine has loading capacity of fifty (50) napkins with display for showing Napkin Stock availability. In our college, a sanitary napkin vending machine was installed on November 12, 2024. This has generated awareness about menstrual health and hygiene among the girls.

~ Ms. Payel Dey

NSS Program Officer, NBSXC

Observing 'Suicide Prevention Week, 2024'



The Life Coaching and Wellness Cell, in collaboration with the Department of Psychology, NBSXC, organized a poster-making competition to observe “Suicide Prevention Week” on the 9th of September, 2024. The event was conducted in the Ground Floor of Xavier Block, NBSXC (Rajganj), with 30 students actively participating in it.

The objective of the competition was to raise awareness about suicide prevention by encouraging students to express their thoughts and emotions creatively through poster presentations. The aim was to help students recognize the warning signs of suicidal thoughts, understand mental health challenges, and learn as well as promote ways to provide support to those in distress. The workshop commenced with an introductory address by Dr. Pavanbir Kaur, Convener of the Life Coaching and Wellness Cell (NBSXC).

Students actively engaged in the session by creating informative and thought-provoking charts that highlighted crisis help-lines, coping mechanisms, and positive messages to promote mental well-being. The event concluded successfully with a vote of thanks delivered by faculty-member, Ms. Anuja Tamang (Asst. Professor & Head, Department of Psychology, NBSXC).

~ Parna Paul

3rd Semester, Dept. of English (NBSXC)

Special Talk on 'Manners & Etiquette'



The Life Coaching and Wellness Cell, NBSXC, organized a Special Talk on “Manners & Etiquette” on the 13th of February, 2025. The event took place in the Smart Classroom of Loyola Block, NBSXC (Rajganj), with 30 students participating in it.

The objective of the session was to highlight the importance of good manners and proper etiquette in personal and professional settings. It aimed to help students develop social awareness, refine their interpersonal skills, and enhance their confidence in formal and informal interactions. The session was conducted by Dr. Pavanbir Kaur, Convener of the Life Coaching and Wellness Cell, NBSXC.

Students actively engaged in discussions focused on communication etiquette, dining manners, and professional decorum. The event concluded successfully with a vote of thanks delivered by a faculty-member of the Cell, Mr. Subham Mandal (Asst. Professor, Department of English).

~ Shakambhari Sinha

2nd Semester, Dept. of English (NBSXC)

Celebration of 'Act of Kindness Week'



The Life Coaching and Wellness Cell, NBSXC, organized a special event titled, “Act of Kindness” on the 6th of March, 2025. The event took place on the Ground Floor of Xavier Block, NBSXC (Rajganj), with 20 students actively participating in the initiative.

The primary objective of the event was to promote the values of kindness, compassion, and generosity among students. As part of this initiative, Payal Paul, Shruti Roy and Arjita Singha – all 6th semester students – voluntarily collected funds to organize the event. The contributions were used to purchase and distribute gifts for the children of the Group D staff members of the college, spreading love and joy through this heartfelt gesture.

The event was graced by the presence of Fr. Dennis Soosai SJ, Vice Principal (Administration), and Fr. John Kennedy SJ, Superior, who were invited to deliver brief speeches on the significance of kindness and community support. Their words have encouraged students to continue engaging in acts of kindness and service to society.

Dr. Pavanbir Kaur, Convener of the Life Coaching and Wellness Cell (NBSXC), led the initiative, ensuring its smooth execution. The event concluded on a positive note, leaving a lasting impact on both the students and the beneficiaries of their generosity.

~ **Shruti Roy**

6th Semester, Dept. of English (NBSXC)

Fostering A Safer Workplace: An Awareness Programme on Sexual Harassment Act

An awareness programme on the “Sexual Harassment of Women (Prevention, Protection, and Redressal) Act, 2013: Transforming Workplace Culture” was conducted on February 12, 2025, at North Bengal St. Xavier’s College, Rajganj Campus. The session was organised by the Internal Complaint Committee (ICC) of the college, and led by Dr. Sanyukta Moitra (Asst. Professor, Dept. of Law, NBU). The programme was attended by students, teachers, administrative staff, and other members of the college community. The objective of the programme was to educate attendees about workplace harassment laws, preventive measures, and the mechanisms for redressal to foster a safer and more inclusive work environment.

Dr. Moitra elaborated on the legal provisions, responsibilities of institutions, and the importance of building a culture of respect and equality. The session encouraged interactive discussions, raising awareness about the rights and responsibilities of individuals in an institutional setting.

The event successfully enhanced awareness and sensitivity toward workplace ethics, empowering participants to contribute to a harassment-free and supportive work environment.

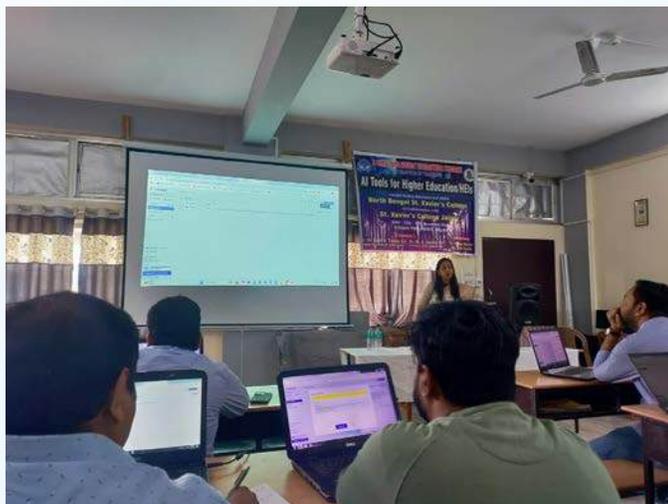


~ **Dr. Aparna Chatterjee**
Presiding Officer, ICC (NBSXC)

Faculty Development Workshop on “AI Tools in Higher Education”

A three-day Faculty Development Workshop on “AI Tools in Higher Education” was successfully conducted from November 25 to 27, 2024, by the Internal Quality Assurance Cell (IQAC) of NBSXC. The workshop focussed on the integration of artificial intelligence into academic and research practices. The initiative provided an engaging platform for participants to explore AI tools that are instrumental in teaching, research, and institutional management.

The event witnessed enthusiastic participation, with 52 faculty members from various departments of the college attending it. The sessions offered valuable insights to the teachers about numerous AI-powered tools, designed to enhance both their roles as educators and their research capabilities.



The workshop was enriched by the expertise of two distinguished resource persons from St. Xavier's College, Jaipur – Dr. Happy Agarwal and Ms. Ritu Sisodia. Their sessions emphasized practical applications of AI, including teaching aids, data analysis tools, and administrative solutions. Participants appreciated the interactive format, which allowed them to gain hands-on experience under expert guidance.

The success of the workshop was made possible by the unwavering support of the respected Principal, Fr.



Dr. Lalit P. Tirkey SJ and by the pivotal role played by the Coordinator of the Internal Quality Assurance Cell (IQAC), NBSXC, Dr. Bipranch Kumar Tiwary, in planning and executing the event. The efforts of the organizing committee and support staff were also instrumental in ensuring the smooth conduct of the workshop.

The event concluded with participants expressing gratitude and highlighting the importance of such initiatives in equipping educators and administrators to thrive in an increasingly AI-driven world. The workshop provided valuable tools and knowledge to help faculty members enhance their teaching skills and research outputs.

~ Ms. Nitya Rai

Asst. Professor, Dept of Microbiology (NBSXC)

& Member of IQAC (NBSXC)

New Year Celebration at Howrah South Point (HSP), Rajganj

The Social Service Cell (SSC) of NBSXC organized a belated New Year Celebration at Howrah South Point (Rajganj) on the 29th of January, 2025. Through this event, the SSC tried to spread some good cheer and joy among the specially-abled children of the home. The team started on its mission with four (04) faculty-members and around twenty (20) student-members. The group was given a warm welcome at the home, which was followed by the cake-cutting ceremony. The student-volunteers of NBSXC performed some delightful dances and sang beautiful songs, much to the joy of the children of HSP. Being inspired by the students' performances, a group of children of HSP gave a few surprising performances. The event drew to a close with members of the SSC distributing some drawing colours, books, toys, and stationery as gifts among the children. Finally the team left the venue with hearts full of joy and warmth.



The programme was organized with the objective that the students may learn the importance of compassion and empathy in society. The students could, thereby, become more inclusive in nature and realize that there are people in the world who tend to appear different or disempowered. But in reality, such people are specially-abled individuals. Our students need to develop the understanding that such people are an integral part of our society, and they require more of our support than our sympathy.

~ Ms. Priya Ekka

Asst. Professor, Dept. of History &
Member of Social Service Cell (NBSXC).

“She Matters” Celebrating Women’s Health and Well-Being at NBSXC



In observance of International Women’s Day, the Women’s Cell of North Bengal St. Xavier’s College organized a thought-provoking and empowering session on the 7th of March, 2025, which centered around the theme – “She Matters: Prioritizing Women’s Health and Well-Being.”

The event welcomed the active participation of female staff members, Women’s Cell representatives, and 6th Semester female students from all the departments of the college. The session was graced by two eminent healthcare professionals - Dr. Saheli Saha, renowned oncologist, and Dr. Neha Bansal, respected gynaecologist - who shed light on pressing health issues faced by women today. Dr. Saheli Saha highlighted the critical importance of cancer awareness, emphasizing early detection, prevention strategies, and the value of routine medical check-ups. Her address served as a vital reminder of the power of knowledge and timely action in combating life-threatening illnesses.

Complementing this, Dr. Neha Bansal focused on reproductive health, menstrual hygiene, and mental well-being—areas often overlooked in everyday conversations. Her insights encouraged participants to embrace self-care and break the stigma around women’s health.

The session was highly interactive, with students and staff engaging in meaningful dialogue with the speakers. The open and supportive environment fostered a deeper understanding of personal health and wellness.

This initiative by the Women’s Cell (NBSXC) stood as a testament to the college’s commitment to nurturing informed, healthy, and empowered women. The event not only celebrated the spirit of International Women’s Day, but also left a lasting impact by championing the message that women’s health truly matters.

~ Ms. Sanjukta Mitra

Convener, Women’s Cell (NBSXC)



Empowering Through Action: **Self-Defence Workshop at NBSXC**



On the 25th of February, 2025, the Women's Cell of North Bengal St. Xavier's College took a commendable step towards student empowerment by organizing a Self-Defence Workshop, which was aimed at promoting personal safety and boosting confidence among the female students of the college.

A total of 34 students from the Science, Humanities, and Commerce streams of NBSXC actively participated in the session. The workshop was led by experienced trainers—Mr. Bijay Gurung, Ms. Promila Oraon, and Ms. Susmita Oraon Minj—who brought their expertise and enthusiasm to the training.

The session featured practical demonstrations, hands-on practice, and insightful discussions on situational awareness and real-life safety strategies. From basic self-defence techniques to quick-response tactics, the workshop covered a wide range of scenarios that students might face in everyday life.



Participants engaged with great enthusiasm, learning effective ways to respond to threats and emergencies. The interactive nature of the workshop made it not only informative but also empowering.

Feedback from the students was overwhelmingly positive, with many expressing appreciation for the practical approach and engaging format of the training. The initiative underscored the importance of equipping young individuals—especially women—with the tools and confidence needed to ensure their safety.

The workshop was a resounding success and highlighted the growing need for skill-based, awareness-driven programs. It also reaffirmed the Women's Cell's steady commitment to foster a safe, supportive, and inclusive college environment.

~ Ms. Sanjukta Mitra

Convener, Women's Cell (NBSXC)

Literary Quiz Competition



On the 4th of October, 2024, the Quiz and Debate Club, in collaboration with the Department of English, NBSXC, organized a Literary Quiz Competition. The host of the competition was Ms. Monami Dhar and the score-keeper was Ms. Saathi Barua – two 6th Semester students of the English Department of the college. The quiz was conducted from 10 am at Hall 1, Xavier Block, NBSXC (Rajganj), with 50 students participating in it.

The objective of the competition was to expand the knowledge of the students, promote a deeper appreciation of global and regional literary traditions, and also to encourage healthy competition among the students, enabling them to learn from one another.

The students were divided into six (06) groups. The questions were divided according to the sections on prominent authors, their important works, awards received, movie adaptations, etc. Group A won the 1st position followed by Group E students, who secured the 2nd position. Students and the entire audience were very excited, and they enjoyed the competition thoroughly. The successful event was wrapped off by the vote of thanks delivered by Mr. Subham Mandal (Asst. Prof., Dept of English & Convener of the Quiz and Debate Club, NBSXC).

~ Shakambhari Sinha

2nd Semester, Dept. of English (NBSXC)

Inter-Departmental Quiz Competition



On the 12th of February, 2025, the Quiz and Debate Club (NBSXC) organized an Inter-Departmental Quiz Competition titled, “Quiz-topia: A Battle of Brains”. The host of the competition was Ms. Monami Dhar and the score-keeper was Ms. Saathi Barua – two 6th Semester students of the English Department of the college. The quiz was conducted from 2 pm in the Smart Classroom (Loyola Block I, NBSXC, Rajganj) with twelve (12) students actively participating in it.

The objective of the competition was to promote analytical thinking by requiring students to connect India’s diverse geography, rich history, social structures, political systems, and literary traditions. It helped expand the knowledge of the students in areas beyond their syllabus, polish their public speaking skills, and promote healthy competition to enable them to learn from one another.

The students were divided into six (06) groups according to their departments. The questions were divided into many genres and presented through PPT. Group D, comprising Political Science students, won the competition. Both the students and the audience thoroughly enjoyed the clash of wits. The successful event was wrapped off by the vote of thanks delivered by Mr. Subham Mandal (Asst. Prof., Dept of English & Convener of the Quiz and Debate Club, NBSXC).

~ Akhil Thapa

2nd Semester, Dept. of English (NBSXC)

Inauguration of X-Ponential, the Current Affairs Forum of NBSXC

Current affairs play a vital role in shaping our understanding of the world and influencing our daily lives. Understanding current political, social, economic, and environmental challenges is crucial for informed citizenship in a world that is becoming more interconnected by the day.



Engagement with current affairs fosters critical thinking, enabling individuals to analyse complex situations and make informed decisions. With all these valuable perspectives in mind, North Bengal St. Xavier's College took the initiative to establish "X-Ponential, The Current Affairs Forum" – a club focusing on current affairs. This forum is the brainchild of esteemed Fr. John Kennedy Susai SJ (Jesuit Superior), and a product of Mr. Rajyavishek Pradhan's (Asst.

Professor, Dept. of Pol. Science, NBSXC) unbounded efforts - both being the Coordinators of this club.

The club was inaugurated on the 30th of September, 2024. The esteemed office-bearers include Aritra Ghosh (Secretary), Pravakar Gurung (Vice-President), and

Bimochana Thapa (President).

The inauguration programme was scheduled at 11 AM in the Smart Classroom (Loyola Block I, NBSXC Rajganj Campus). Students, who were club members

and office-bearers, were asked to assemble at the scheduled time. The Chief Guest of the programme was Fr. Dennis Soosai SJ (Vice Principal, Administration, NBSXC). The programme started with an opening address by Mr. Rajyavishek Pradhan (Asst. Professor, Dept. of Political Science & Coordinator, X-Ponential, NBSXC). He emphasized the basic objectives and dynamic nature of this forum, and gave a brief overview of upcoming events. The



X-PONENTIAL (CURRENT AFFAIRS FORUM)

programme was then taken forward by a demonstrative speech by the Chief Guest, Fr. Dennis.

The first seminar of the forum focused on the tragic incident of R.G. Kar Medical College (Kolkata, West Bengal), which shook not only the medical fraternity but the entire nation. Well-articulated speeches were delivered by the five speakers – Bimochana Thapa, Pravakar Gurung, Aveekaditya Dey, Tanushree Saha, and Rinchen Lamu Lama. Following the presentations by the speakers, Fr. John Kennedy and the President of the club, Bimochana Thapa, gave a vote of appreciation to conclude the inaugural ceremony. The seminar provided students with comprehensive details regarding the tragedy, and created the groundwork for the upcoming seminars and discussions.

To sum up, the inaugural seminar was a great success, and it can be considered as a first step towards the journey of a thousand miles.

~ Nitisha Thapa
Member, X-PONENTIAL
(NBSXC)

Seminar on

“The Trade War: Clash of Tariffs”

To ensure that students remain up to date on the latest political and economic issues, ‘X-Ponential, the Current Affairs Forum of NBSXC’, successfully organised an insightful seminar titled, “The Trade War: Clash of Tariffs” on Tuesday, the 11th of March, 2025. The seminar was held at the Smart Classroom in the Loyola Block-I of NBSXC Rajganj campus. The event provided a platform for students to engage in an in-depth discussion about the global economic conflicts surrounding trade tariffs. The Coordinator, Mr. Rajyavishek Pradhan (Asst. Professor, Dept. of Pol. Science, NBSXC) delivered the introductory note, and briefed the audience about the club and its objectives. Following that, he presented the audience with the idea of the ‘trade war’, which set the stage for the seminar.

their effects on the economy. Gaurav Pradhan then presented a history of trade wars to the audience, highlighting notable instances of countries engaging in economic conflict with one another through tariffs and trade restrictions. The contemporary trade war between the United States and China was examined in greater detail by Nilanjana Sinha Roy, as she emphasised how this battle has changed the dynamics of international trade, while outlining the major incidents, policies, and retaliatory actions made by both countries. The audience was drawn in by her perceptive and data-driven analysis. Following that, an extensive analysis of the effects of the continuing trade war on India was given by Nitisha Thapa. She emphasised changes in trade patterns, supply chain interruptions, and India’s strategic stance in the international market, as well as the opportunities and problems that faced the Indian economy. Talking about the possible future trends, the changes in international alliances, and the long-term economic effects, Sampradha Khati summarised the overall outcomes and effects of



trade wars as the seminar drew to a close.

Fr. John Kennedy (Jesuit Superior and the Chief Coordinator of the club), delivered the vote of thanks to conclude the event. With students actively participating, the seminar was a huge success. It not only increased knowledge but also encouraged critical thinking about global economic policies and their effects on other nations, particularly India. Overall, the discussion broadened the attendees’ perspectives and captured their intellectual interest, making it a stimulating experience for all.

~ Bimochana Thapa
President, X-PONENTIAL
(NBSXC)



In her opening remarks, Kathryn Lama gave an overview of the topic, including the fundamentals of trade wars, their causes, and



Planting Trees - The Ultimate Remedy for Global Warming



Rabindranath Tagore once famously said, “Trees are the Earth’s endless effort to speak to the listening Heaven.” It befalls us, the humans, to let the Earth succeed in this effort. As a small step in that direction, on the 3rd of September, 2024, a Tree Plantation Drive was organised in our Rajganj college campus by the All India Catholic University Federation (AICUF) and X-istence (The Nature Club) of North Bengal St. Xavier’s College (Rajganj), in collaboration with Purba Dhansara Jote Jana Kalyan Samity, Himali Terai Gorkha Seva Samiti, and the Sashastra Seema Bal (SSB), Ranidanga. As Mrs. Nitya Rai, the Dean of Students, rightly mentioned in her short inaugural speech, “Today is no Earth Day or Environment Day, but we don’t need any particular day to plant trees.” If we contribute to the well-being of Mother Nature, each and every day can effectively be an Earth Day or an Environment Day.

SSB Ranidanga Sector Head, Mr. Prem Kumar, who was present at the event, gave us an example of a village in the border region which had zero COVID-19 cases. He held this as an instance as to how humans are rewarded by Mother Nature for remaining close to her and caring for her.

The serious issue of Global Warming was also raised in the event. The accelerated warming of the Earth, which is occurring for quite a long time, is leading to a very harmful effect on the planet. Growing trees will lead to removal of excessive greenhouse gases from the atmosphere, storing carbon, and releasing oxygen. Trees help regulate Earth’s climate by influencing global atmospheric circulation patterns. Trees also influence local weather patterns by creating microclimates, affecting wind patterns, and producing rain.

Our respected Principal (Fr. Dr. Lalit P. Tirkey SJ), Vice-Principal Administration (Fr. Dennis Soosai SJ), Dean of Students (Mrs. Nitya Rai), Convener of X-istence (Ms. Barsha Dey), and many teaching and non-teaching staff members participated in the event, encouraged the students, and gave further boost to the overall idea – “Plant a tree today, for a better tomorrow.”

~ Richik Kar

4th Semester, Dept. of Microbiology (NBSXC)

Our Power, Our Planet: Celebrating International Earth Day 2025



As Western cultural icon, Arnold Schwarzenegger, had memorably put it: “The future is green energy, sustainability, renewable energy.” In a step towards encouraging the usage of sustainable energy, X-istence (The Nature Club) and the All India Catholic University Federation (AICUF), in collaboration with the Departments of Political Science, Sociology, and Geography, North Bengal St. Xavier’s College, celebrated International Earth Day on the 22nd of April, 2025, at the Rajganj campus of the college. This year’s theme for the celebration was, “Our Power, Our Planet”.

The Chief Guest present at the event was Mrs. Meeta Bala (Assistant Professor, Department of Environmental Science, Kalipada Ghosh Tarai Mahavidyalaya, Bagdogra). She enlightened the students about the “Importance of Sustainable Development in Northern West Bengal Region”. Mrs. Bala provided a lot of insightful information on the topic. She also appreciated the works of X-istence (NBSXC) in adding value to the interface between nature and society. Following this, Mr. Rajyavishek Pradhan (Asst. Professor, Dept. of Political Science, NBSXC) presented his take on sustainable development from social, political and global perspectives.

Prizes were also distributed on this occasion to the winners of the Essay Competition and the Poster and Model Competitions.

Our respected Principal, Fr. Dr. Lalit P. Tirkey SJ, Jesuit Superior Fr. John Kennedy Susai SJ, Dr. Subrata Roy (HoD, Dept. of Geography), Ms. Ambika Chettri (HoD, Dept. of Pol. Science), Dr. Persis Mukhia (HoD, Dept. of Sociology), and Ms. Barsha Dey (Convener of X-istence), along with many teaching and non-teaching staff members participated in the event, encouraged the students, and gave further boost to the overall idea of “Our Power, Our Planet”.

~ **Richik Kar**

4th Semester, Dept. of Microbiology (NBSXC)

From Awareness to Action: My Journey with X-istence

“The greatest threat to our planet is the belief that someone else will save it.”

– Robert Swan

This quote deeply resonates with my decision to join X-istence, The Nature Club of NBSXC. It serves as a powerful reminder that it is our collective responsibility to solve environmental issues and preserve Mother Nature. X-istence is all about encouraging students to take responsibility for the environment, and play an active role in protecting it.

As a student-member of X-istence, I have come to realise the profound impact a student can have in the preservation and protection of the environment. A key initiative I participated in was the tree plantation drive. As a group, we planted saplings around the college campus and nurtured them. Deforestation is a grave issue that demands immediate restoration efforts. The large-scale loss of forests leads to serious problems like climate change, degradation of air quality, and loss of habitats for wildlife. The simple act of planting trees effectively combats these issues. Knowing that the trees we planted will grow and positively impact the environment gave me a sense of fulfilment. It also reinforced the idea that even the smallest of contributions can lead to long-lasting benefits.

To make X-istence even more impactful, I believe we can introduce some exciting activities that will engage more students and promote sustainability. One activity that would enhance our efforts is trekking, as it not only promotes physical fitness but also fosters a deep sense of connection and respect towards nature. I think we can also introduce gardening workshops that would teach students those skills which are essential for the improvement of nature like organic gardening, composting, soil preparation, etc. We could also organise more awareness campaigns on plastic pollution, soil and water conservation, sustainable energy, rainwater harvesting, and climate change in our campus as well as beyond it.

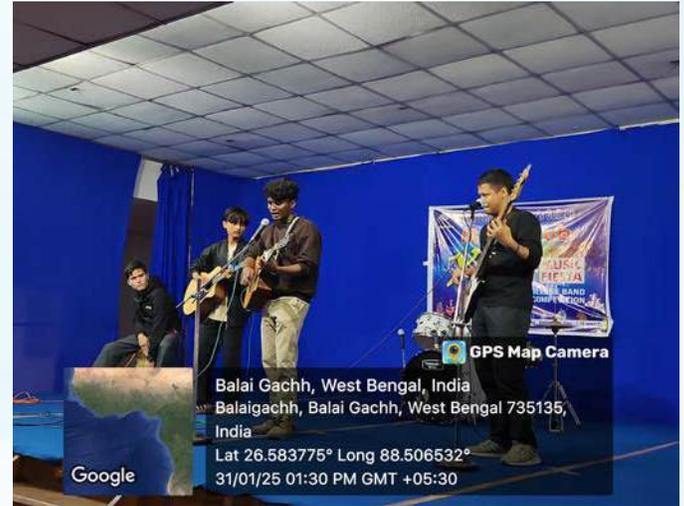
Overall, my experience in X-istence has been both eye-opening and rewarding. I have learnt that no initiative is too small when it comes to the safeguarding of our environment. With continued efforts, I believe we can contribute towards a more sustainable and eco-conscious future for our campus and beyond.

~ Rinchon Lamu Lama

Member, X-istence (NBSXC)

X-Finity Music Fiesta

An Intra-College Band Competition



The Music Club of our college organized an electrifying Intra-College Band Competition titled, “X-Finity Music Fiesta”, on the 31st of January, 2025. Held in the college auditorium, the event witnessed enthusiastic participation from multiple student bands, each bringing their own flavour of rhythm, energy, and passion to the stage.

From soulful ballads to electrifying rock performances, the event showcased the diverse musical talents of our students. The audience was thoroughly engaged, and the judges had a tough time selecting the winners due to the high level of musical excellence and competitiveness exhibited by the groups.

After an intense round of performances, one band emerged victorious and was awarded a cash prize for their exceptional performance and stage presence.

As an added highlight, talented individuals from the participating bands were selected for the official formation of the college band. This newly formed band went on to perform in “Xhilarate 4.0”, earning accolades for their remarkable debut, and further enriching the cultural fabric of the institution.

~ Ms. Rosemary Subba

Convener, Music Club (NBSXC)



Orientation Day 2024

Like every year, North Bengal St. Xavier's College (Rajganj) organised an Orientation Day for welcoming the newly admitted students of the 2024-2025 session, and to familiarise them with the academic environment of the college. The program – conducted by the Cultural Committee (NBSXC), under the guidance of its Convener, Mrs. Shreya Majumdar – was held on the 10th of August, 2024, in the college Auditorium (Xavier Block, Rajganj). The day's proceedings were initiated with a prayer led by Fr. John Kennedy, SJ (Jesuit Superior). Thereby,



the College Prayer Song, sung prior to the auspicious Lighting of the Lamp, set the perfect ambience for this special day. It was followed by a beautiful prayer dance performed by the members of AICUF (NBSXC). Thereafter, our respected Principal, Fr. Dr. Lalit P. Tirkey SJ, welcomed the freshers, talked about the methods and ways of effectively educating oneself, and how the students should grow into responsible adults after graduating from this institution. A musical performance followed, which was delivered by Akashlina Ghosh.

The faculty members from different departments were then introduced to the freshers. The Vice-



Principal (Administration), Fr. Dennis Soosai SJ, then addressed the students. The next event was the felicitation of the Alumni Office Bearers, followed by a song by Akancha Kujur and a speech by the Vice Principal (Academics), Dr. Sourish Dasgupta. The event also included the official release of *Xpressions 2023-2024*, the annual college magazine, by Fr. Principal and Mr. Rajarshi Bagchi (Chief Editor, *Xpressions*). The audience then witnessed a mesmerizing dance performance by Hridhdi and Aratrika. The freshers were thereafter addressed by the Dean of Students, Mrs. Nitya Rai. After that, Gourav Thapa regaled the audience with a beautiful song. It was followed by the introduction of various clubs, cells, and committees of the college – for the benefit of the new students – by Mr. Shubham Mandal (Asst. Professor, Dept. of English, NBSXC). A speech was then delivered by the college IQAC Coordinator, Dr. Bipransh Kumar Tiwary. The event drew to its close with a vote of thanks by Fr. Dennis Soosai SJ. Refreshments were given before the next two events - Library Orientation and Alumni program. The day's proceedings were concluded with an exciting 'Socials' for all the students.

~ Parna Pal
4th Semester, Dept. of English (NBSXC)

X-travaganza 2025

At North Bengal St. Xavier's College, the tradition of holding an Annual Cultural Fest (X-travaganza), was conducted with zeal on February 27, 2025, in the college Auditorium (NBSXC Xavier Block, Rajganj). Every year, students are given this unique platform for showcasing their talents. The event began with the college prayer song, followed by the introduction of the dignitaries – Chief Guest Padmashree Gita Roy Barman, a Bhawaiya singer at Akashvani, and the Guest of Honour, Mrs. Debdatta Lahiri, Founder and Dance Director at 'Chaarukriti'. The esteemed judges for the cultural competition were then introduced. Our panel of judges had Fr. Edward Arokiaraj, Mrs. Suchitra Kujur Adhikari, and Mr. Souvik Ghosh. The guests and judges were duly felicitated by the college authorities. The day's events began with the lighting of the auspicious lamp and an opening dance performance by Hridhhi and Aratrika. Our respected Principal, Fr. Dr. Lalit P. Tirkey SJ, then delivered



a short speech, followed by our guests addressing our students with their insightful and inspiring words. After this, the cultural competitions began. The first event was a classical solo dance, followed by a Hindi



duet song, Western duet dance, regional songs, Indian solo dance and regional dance, recitation, and a Western group dance. Each student-participant brought a different vibe but the same intensity and energy to the table. The audience cheered and enjoyed their hearts out. A lunch break of forty minutes was provided in order for everyone to recharge their batteries. The events in the second half of the day included Western solo dance, Hindi solo song, Bollywood duet dance, Western solo song, and Bollywood group dance. After the completion of all the performances, came the most awaited moment – the declaration of results. The audience cheered on harder with the announcement of each winner. With a happy wrap up of the competition, a vote of thanks was delivered by our Vice-Principal (Academics), Dr Sourish Dasgupta.

~ Parna Pal

4th Semester, Dept. of English (NBSXC)

Celebrating 'International Mother Language Day' 2025



The Cultural Committee of North Bengal St. Xavier's College organized a captivating and thought-provoking event to celebrate 'International Mother Language Day' on February 28, 2025, in the College Auditorium (Xavier Block, Rajganj Campus). The programme aimed to promote awareness about linguistic diversity, encourage cultural expression, and emphasize the importance of preserving mother tongues.

The event commenced with the traditional lamp-lighting ceremony, symbolizing the lighting up of knowledge, unity, and cultural harmony. This was followed by an official welcome and introduction by the emcee for the event, Rajarshi Sir, who set the tone with his insightful words on linguistic identity and inclusivity. The schedule featured an exciting lineup of performances and speeches, each representing a unique linguistic and cultural tradition. The audience was treated to a Kuruk song by Priya Ma'am, a reflective speech on the Bhojpuri language by Subhas Sir, and two melodious Tamil songs performed by Fr. Dennis and Fr. Dhivviyanandam.

Adding a lighter tone, Bipranch Sir engaged the audience with a lively stand-up comedy act. This was followed by a series of Bengali performances, beginning with an introductory speech by Mitali Ma'am and continuing with solo songs by Haimanti Ma'am, Sourish Sir, and Tanmay Sir; a graceful dance performance by Soumya Ma'am; and a song performance by Soumyadip Sir, with Tamal Sir accompanying on the *tabla*.

The celebration extended to the Nepali culture, featuring a compelling speech by Sagar Sir, a solo song by Fr. Deven, recitation by Ambika Ma'am, a student dance performance, and a group song that beautifully concluded the segment. A short Bengali play in the form of script-reading – performed by faculty members from different departments of the college – added a unique dramatic flair to the event. The programme concluded with a vote of thanks by Sourish Sir, acknowledging all the contributors, and reinforcing the college's commitment to fostering cultural appreciation and linguistic diversity.

~ Bishal Sarkar
6th Semester, Dept. of Zoology (NBSXC)

Celebrating 'Cultural Diversity Day' 2025



The term 'cultural diversity' refers to the presence of different cultural groups within a society, including various languages, traditions, religions, cuisines, artforms, and lifestyles. Such diversity is a reflection of the richness and uniqueness of human societies across the world. Embracing cultural diversity promotes understanding, respect, and tolerance among people from different backgrounds. It encourages peaceful coexistence and allows individuals to learn from one another, fostering creativity and innovation.

North Bengal St. Xavier's College celebrated this spirit of 'World Day for Cultural Diversity' on the 8th of May, 2025. The Cultural Committee of the college planned and executed a well-staged cultural event in the auditorium of the college's Xavier Block (Rajganj). The day started with a melodious opening song by Afrin Rahman and an enlightening introductory speech by Fr. Principal, Dr. Lalit P. Tirkey SJ. Following it, the students showed up in their regional attires, staged their culture through art, music, folk dance and classical dance performances, thereby filling the campus atmosphere with radiance and vibrance! After a short interval, the winners of X-travaganza 2025 were felicitated with certificates and prizes. As the event continued,



Akansha Kujur gave a soulful musical performance, followed by the college band performance, which thrilled the audience. The event was wrapped up with Dr. Aparna Chatterjee's vote of thanks. The day marked a cheerful celebration of different cultures, and served as a beautiful reminder to the richness that different cultures bring to our lives.

~ Anuj Sarkar
6th Semester, Dept. of BCA (NBSXC)

X-cellence Day 2025

On the 26th of February, 2025, North Bengal St. Xavier's College celebrated its much-awaited annual event, 'X-Cellence Day 2025' – an occasion dedicated to recognising and honouring the outstanding achievements of students and faculty members of the college. Organised by the Cultural Committee, in collaboration with the Internal Quality Assurance Cell (IQAC), the day stood out as a testament to the institution's unwavering commitment to academic, co-curricular, and professional excellence.

The ceremony commenced with the solemn college prayer song, followed by the traditional lighting of the lamp, marking the auspicious beginning of the celebration. The event was graced by the esteemed presence of Prof. (Dr.) Pranab Ghosh, Vice Chancellor of Dakshin Dinajpur University, who attended as the Chief Guest. His arrival was met with a warm welcome, and his presence added great prestige to the day's proceedings.



A vibrant cultural dance performance by the students set an energetic tone for the day. Following this, Fr. Principal, Dr. Lalit P. Tirkey, S.J., read out the Annual Report, outlining the major achievements and milestones of the college in the last academic year. His address provided a proud backdrop for the celebrations that followed. Dr. Pranab Ghosh then took the stage to deliver an inspiring address, which resonated deeply with the audience. His words served as the perfect prelude to the highlight of the event – the conferring of awards for excellence in diverse categories to the students.

The college proudly felicitated university toppers, recognising their hard work and academic brilliance. Students who had represented the institution in inter- and intra-college events at the national and international levels were also honoured for bringing laurels to the college. In addition, awards for professional excellence were conferred, along with special recognition for students who achieved 100% attendance and thereby demonstrated exemplary discipline and commitment. Students who had presented or published research papers at national and international platforms were duly acknowledged for their academic achievements. The college also presented awards for Best Student of the Department and Student of the Year, highlighting individual excellence and all-round development. Each award reflected the college's dedication to fostering growth in both academic and co-curricular pursuits.



The award distribution ceremony was seamlessly interwoven with lively performances by students, creating a dynamic and engaging atmosphere. The event concluded with a heartfelt vote of thanks delivered by Dr. Sourish Dasgupta (Vice-Principal, Academics, NBSXC), who expressed sincere gratitude to all who contributed to the success of the event. The ceremony came to a close with the collective singing of the college anthem, a moment of unity and pride for the entire college community.

X-Cellence Day 2025 successfully celebrated the achievements of the past year while inspiring hope and ambition for the future. It was a day of reflection, recognition, and renewed motivation for all.

~ Monami Dhar

6th Semester, Dept. of English (NBSXC)

Farewell Day 2025



The Central Farewell for the outgoing 6th semester students of NBSXC was held with great warmth and spirit on the 27th of May, 2025, at the Auditorium of the Rajganj campus. The event, filled with emotions, laughter, and memories, began at 10 AM and continued until 3 PM, offering a heartfelt send-off to the graduating batch. The event was gracefully hosted by Suryai Nag and Akhil Thapa – students from the 2nd Semester, Department of English (NBSXC).

The program began with a prayer led by Fr. John Kennedy Susai, SJ (Jesuit Superior), followed by the college prayer song. This was followed by the ceremonial lamp lighting by Fr. Principal Dr. Lalit P. Tirkey, SJ, along with Fr. Dennis Soosai, SJ (VP, Administration), Fr. John Kennedy Susai, SJ (Jesuit Superior), Mrs. Nitya Rai (Dean of Students), Dr. Bipranch Kumar Tiwary (IQAC Coordinator), Fr. Deven Damien Yonzon, SJ (Bursar / Treasurer), Fr. Dr. Dhivviyanandam Irudayaraj, SJ (Estate Manager), Ms. Shreya Majumder (Cultural Committee Coordinator), and Monami Dhar (Student Representative).

For this mesmerizing event, a series of exciting performances were lined up. It began with an opening dance by AICUF students, setting a lively tone for the succeeding events. A warm and motivating speech was then delivered by respected Fr. Principal, urging the outgoing students to carry forward the values and discipline they had imbibed from the college. This was followed by a beautiful song performance by Afrin and Abhishek, and then an elegant group dance by Aishwarya and her team. Next, Fr. Dennis Soosai SJ (Vice-Principal, Administration) addressed the gathering, sharing encouraging words for the graduates as they stepped into a new phase of life. A solo dance by Shawantini Chakraborty followed, captivating the audience with her graceful moves.

After that, a special moment marked the contribution of the Literary Association of the English Department – the release of the students' literary magazine, *X-Position: Jane at 250*. The magazine commemorated the 250th birth anniversary of the iconic 18th century English novelist, Jane Austen. Featuring informative content on Austen's life and works, it honoured her timeless influence. The magazine was officially released by Fr. Principal Dr. Lalit P. Tirkey SJ and Dr. Rajarshi Bagchi (HoD, Dept. of English, NBSXC), along with the magazine's Editor (Monami Dhar), Sub-Editor (Shakambhari Sinha), and Designer (Saathi Barua).

As the program continued, Alex Hembrom gave a soulful musical performance, followed by a group dance by Srishti and her team that energized the stage. Thereafter, Aishwarya Pradhan from the Botany Department gave a heartfelt message, which was dedicated to the outgoing batch. Next, Haimanti Hajra lit up the stage with her powerful dance performance, followed by another engaging group performance by Diya and her team. Carrying the momentum forward, Monami Dhar from the outgoing 6th semester of the English Department, delivered a heartfelt farewell message, reminding everyone of the bonds formed over the years. As the event drew to its close, a group of the graduating students presented a special performance. At the end, the Vote of Thanks was delivered by Mrs. Nitya Rai (Dean of Students, NBSXC), acknowledging everyone who contributed to making the event a success. As the day ended, everyone left with a sense of closure as well as with excitement for what lies ahead.

~ Suryai Nag
2nd Semester, Dept. of English (NBSXC)

X-UBERANCE 2025

“Gold medals aren't made of gold. They're made of sweat, determination, and a hard-to-find alloy called guts” ~ Dan Gable

They say, “What cannot be taught in class, can be learned on the ground”. Sports do exactly that. They teach us the value of involvement, commitment, self-discipline, strength, resilience, teamwork, and innumerable other qualities that are vital life-lessons. Sports are an integral part of education, where students can find a sense of belonging and accomplishment through individual milestones and team dynamics.

Keeping all of this in mind, North Bengal St. Xavier's College conducted its Annual Sports Day ('X-uberance') on the 21st of February, 2025, on the college campus ground. The event commenced with the arrival of the Chief Guest, Ms. Takeme Sarkar, and the Guest of Honour, Dr. Bibekananda Ghosh. The Annual Sports Day began with the College Prayer Song, setting a serene and respectful tone for the proceedings. The College Flag was hoisted, symbolizing unity and institutional pride. The lighting of the X-uberance Flame, representing the energy and enthusiasm of the participants, marked the symbolic beginning of the proceedings



of the day.

Our respected Principal, Fr. Dr. Lalit P. Tirkey SJ formally inaugurated the event through a welcome speech and felicitation of our guests with the traditional *khada* and college souvenir. Ms. Takeme Sarkar, our Chief Guest and a renowned International Table Tennis player, and our Guest of Honour, Dr. Bibekananda Ghosh (Assistant Secretary of Sports Board NBU), enthused the students with their motivational speeches, where they highlighted the value of physical fitness, and its importance in terms of education and mental



strength.

Finally, after the oath-taking ceremony of the athletes, the event started at 10:30 AM, with a 100m race for boys and girls, followed by other exciting events like discus throw, shot-put, long jump, high



jump, triple jump, etc.

A total of 25 events were conducted on that day. Additionally, there were events for male and female staff, and nonteaching staff, ensuring inclusive



participation across the college community.

The competitions were intense and exciting, with participants demonstrating remarkable skill





and determination, while spectators cheered enthusiastically, creating a vibrant atmosphere. The Prize Distribution ceremony recognized the outstanding achievements of the participants, with winners receiving medals and certificates. The day concluded with a Vote of Thanks by Fr. Dennis Soosai SJ (Vice Principal, Administration, NBSXC), who expressed gratitude to the guests, participants, staff, and organizers for their contributions in making the Sports Day memorable. Overall, the Annual Sports Day of NBSXC highlighted the athletic talents of the participants, and emphasized the importance of perseverance, teamwork, and fair play, making it a significant and successful event for the college community.



~ **Mr. Tushar Das**
Convener, Games & Sports Committee (NBSXC)



Inter-College Kho-Kho Tournament 2024-'25

The "Panu Dutta Majumdar Memorial Inter-College Kho-Kho Tournament 2024-'25" was successfully organized by North Bengal St. Xavier's College (NBSXC) on behalf of the Sports Board, University of North Bengal (NBU). The tournament was held on the 24th and 25th of September, 2024, at the NBSXC college ground. The event witnessed an enthusiastic and energetic display of sportsmanship and team spirit.

The tournament featured the participation of 16 boys' teams and 19 girls' teams from various affiliated colleges under the University of North Bengal. The event aimed to encourage physical fitness, foster inter-collegiate interaction, and provide a platform for budding sportspersons to showcase their skills in the traditional Indian sport of Kho-Kho.

The inaugural ceremony took place on the 24th of September at 9:30 AM, beginning with the ushering of guests and officials, followed by flag hoisting and a welcome speech by Fr. Dr. Lalit P. Tirkey, SJ, respected Principal of North Bengal St. Xavier's College. The boys' matches commenced at 10:00 AM and continued throughout the day, with participating teams displaying remarkable agility, coordination, and competitive spirit. The final match of the boys' category was held at 4:00 PM, drawing loud cheers from the spectators and supporters.

Next day, that is, on the 25th of September, the girls' tournament began at 10:00 AM. The matches were held according to a revised fixture. All participating teams gave outstanding performances, reflecting their dedication and hours of rigorous training. The event maintained a high level of discipline and organization, overseen by match officials and coordinators. The final match for the girls' category was played at 3:30 PM, concluding the two-day tournament on a high note.

~ **Mr. Tushar Das**

Convener, Games & Sports Committee (NBSXC)



XAVIER'S PREMIER LEAGUE: Intra-College Tournament 2025

North Bengal St. Xavier's College celebrated its Intra-College Tournament, Xavier's Premier League 2025, with great enthusiasm and active participation from the students. The sporting events were organized by the Sports Committee Convener (Mr. Tushar Das), Sports Teacher (Mr. Sambhu Saha), and other teachers of the college. The events were held to develop competitiveness, sportsman spirit, and team work among the students.

- **Cricket**

The Intra-College Cricket (Boys and Girls) matches were held from the 24th to the 29th of January, 2025, where both Rajganj and Matigara campus students played thrilling matches. The winning teams (Pure Science Boys and Commerce Girls) were congratulated for their excellent performances, and were awarded with trophies, certificates, and medals.



Rajdeep Debnath and Geetika Ghosh were announced as the 'Player(s) of the Tournament'.

- **Football**

The Intra-College Football (Boys and Girls) matches were also memorable events. The matches were held in the middle of January. The competition was held between 8 teams. Team GPH of Boys and Girls emerged as the champions of the event, and were awarded with trophies, medals, and certificates.



Diesantai and Barkha Bakhla were announced as the 'Player(s) of the Match'.

- **Handball**

The Handball (Boys and Girls) event was actively participated by both boys and girls. The matches were held from the 16th to the 17th of January, 2025. GPH Boys and Pure Science Girls were declared as the winners. Ashish Basumatary and Grishma Rai were praised for their excellent performance, and they were selected as the 'Player(s) of the Match'.



- **Basketball**

There were 4 teams in both Boys' & Girls' Intra-College Basketball Tournament, which was held from the 20th to the 22nd of January,



2025. In the Boys' team, GPH was the winning team and in the Girls' tournament, Science Girls secured the 1st position. Ashish Basumatary and Pratyasha Chettri were much appreciated for their excellent skills and sporting spirit.

- **Volleyball**

In the Volleyball Tournament, 6 teams with a fusion of arts, science, and commerce competed against each other from the 16th to the 20th of January, 2025. In the Boys' and Girls' tournaments, ESP & GPH obtained the winner's position respectively. Himalay Barman and Seema Magar were declared as the 'Player(s) of the Match'.



~ Mr. Tushar Das

Convener, Games & Sports Committee (NBSXC)

Special Report

A Two-Day Seminar-cum-Workshop on 'Shared Vision'

The Society of Jesus founded by St. Ignatius of Loyola has over 16,000 members worldwide. The Jesuits collaborate with tens of thousands of mission partners in running schools, colleges, universities, and social work centres. Instilled with the values of St. Ignatius, and driven by the love and life of Jesus, the Jesuits and their collaborators work tirelessly to make the world a better place. Fr. Shajumon Chakkalakkal SJ (Jesuit Provincial, Darjeeling Province) with Fr. Amrit, the Regional Superior (Nepal) constituted the "Shared Vision" committee which would undertake the task of conducting a two-day workshop in all the Jesuit institutes across the province & region. In keeping with this, the "Shared Vision" seminar-cum-workshop was conducted at North Bengal St. Xavier's College (Rajganj) on the 30th and 31st of May, 2025. The day began with registration and a welcome address by the respected Principal, Fr. Dr. Lalit P. Tirkey SJ. The Convener of "Shared Vision" at NBSXC, Fr. John Kennedy SJ (Jesuit Superior), began the proceedings with a prayer and brief introduction to the workshop.



Fr. Shajumon (Provincial, Darjeeling Province), Fr. Donatus Kujur (Principal, North Point College, Darjeeling), Fr. Daniel Bara (Vice Principal, Loyola College of Education, Namchi), and Fr. Lawrence (Principal, St. Xavier's School, Alipurduar) were the eminent resource persons for the sessions.

Each day had four input sessions, which covered topics like History of Jesuit Education, Jesuit values, IPP, Discernment, Examen, among others.

The two-day seminar-cum-workshop provided the staff with an opportunity to align themselves with Jesuit values, especially in their roles as educators.

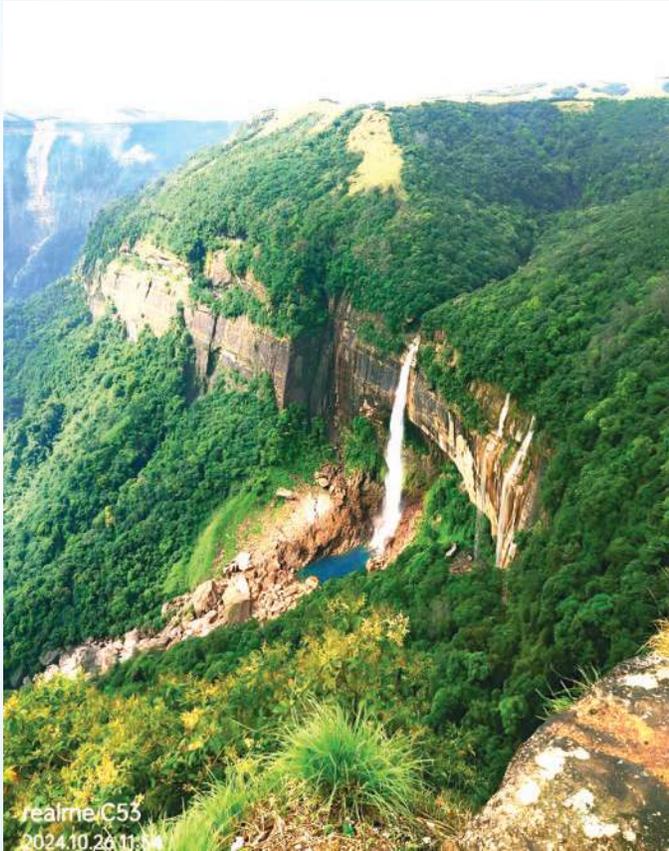


Dr. Pavanbir Kaur was the moderator for both days, and the workshop culminated on the final day with the practice of Examen, followed by a group photo session.

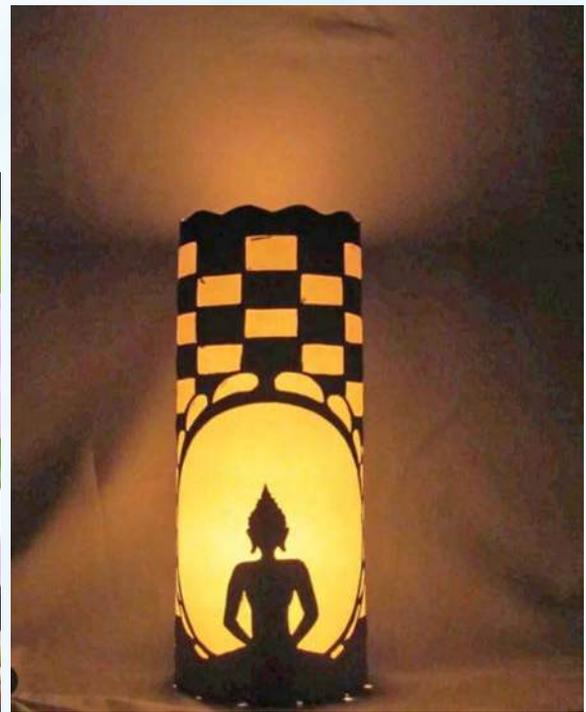
~ Dr. Pavanbir Kaur

Collaborator, 'Shared Vision' (NBSXC)

Guwahati - Shillong Diaries ...



~ Monami Dhar
6th Semester,
Dept. of English (NBSXC)



~ Madhurima Das
6th Semester, Dept. of English
(NBSXC)

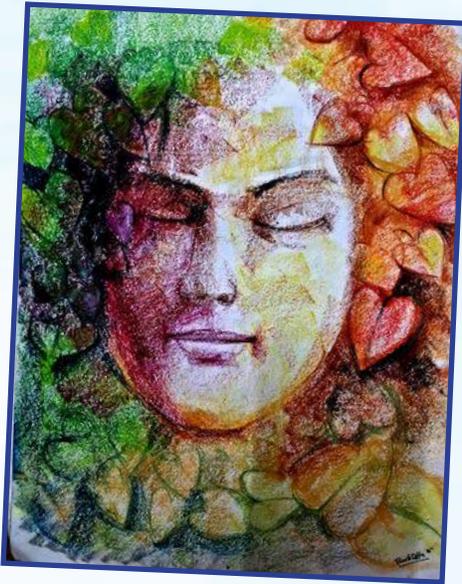


Sree Padmanabhaswamy
Temple, Kanyakumari

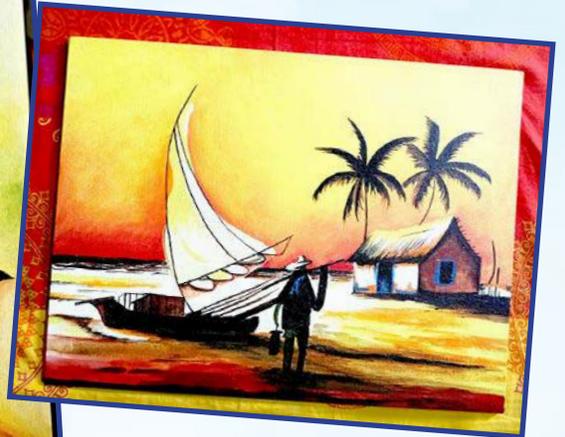


Vivekananda Rock
Memorial, Kanyakumari

~ Deepshikha Das
6th Semester, Dept. of English
(NBSXC)



~ **Bornik Dutta**
4th Semester, BCA (NBSXC)



~ **Bipasha Routh**
4th Semester, Dept. of English
(NBSXC)



~ **Utsav Saha**
4th Semester, BCA (NBSXC)



~ **Parna Pal**
6th Semester, Dept. of English
(NBSXC)

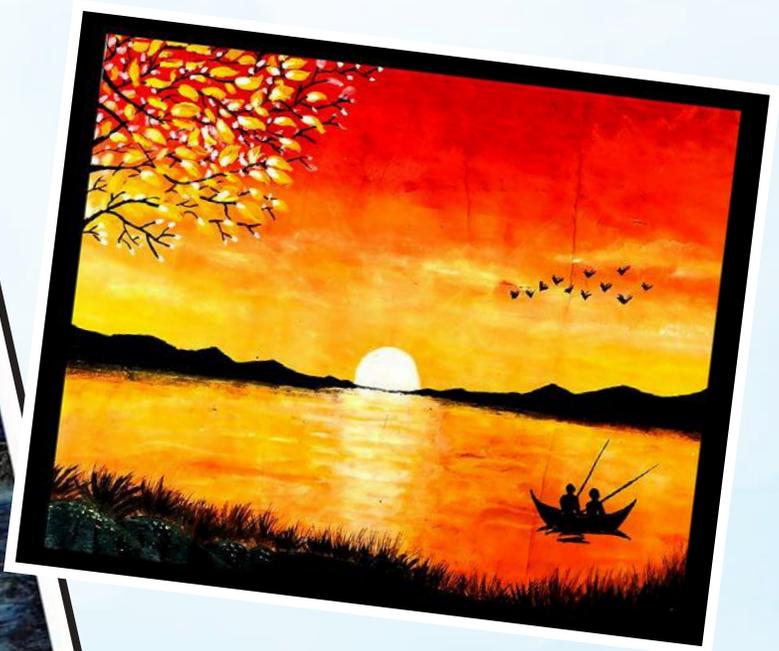


~ **Saathi Barua**
6th Semester, Dept. of English
(NBSXC)





~ Ritika Saha
4th Semester, Dept. of English
(NBSXC)



~ Madhurima Das
6th Semester, Dept. of English
(NBSXC)

हिमालय दर्पण

उत्तर बंगाल सेन्ट जेभियर्स कलेजमा अन्तर्राष्ट्रिय कार्यशाला-अन-सेमिनार सफलतापूर्वक

सिलिगुड़ी, २६ जनवरी (विश्व) - उत्तर बंगाल सेन्ट जेभियर्स कलेजमा अन्तर्राष्ट्रिय कार्यशाला-अन-सेमिनार सफलतापूर्वक सम्पन्न भएको छ।



उत्तर बंगाल सेन्ट जेभियर्स कलेजमा अन्तर्राष्ट्रिय कार्यशाला-अन-सेमिनार सफलतापूर्वक सम्पन्न भएको छ।

कार्यशाला-अन-सेमिनारको उद्देश्य भनेको विद्यार्थीहरूलाई व्यावसायिक जीवनमा तयार पार्नु हो।

नार्थ बंगाल सेन्ट जेभियर्स कालेज ने माटीगाड़ा में खोला दूसरा कैंपस

आजमा संसारभरमा शिक्षाको आवश्यकता बढी गेली छ। त्यसैले उत्तर बंगाल सेन्ट जेभियर्स कलेजले नयाँ माटीगाड़ा में अर्को कैंपस खोला छ।



नयाँ कैंपसको उद्घाटनको मौकामा उत्तर बंगाल सेन्ट जेभियर्स कलेजका अधिकारीहरूको साथमा एक समूहको तस्वीर।

नयाँ कैंपसमा १३ जेभियर्स स्टाफ र १३ जेभियर्स विद्यार्थीहरूको साथमा काम गर्नेछ।

हिमालय दर्पण

उत्तर बंगाल सेन्ट जेभियर्स कलेज माटीगाड़ामा दुईदिने व्यवस्थापन सम्मेलन

सिलिगुड़ी, २६ जनवरी (विश्व) - उत्तर बंगाल सेन्ट जेभियर्स कलेजमा माटीगाड़ामा दुईदिने व्यवस्थापन सम्मेलन सम्पन्न भएको छ।



उत्तर बंगाल सेन्ट जेभियर्स कलेजमा माटीगाड़ामा दुईदिने व्यवस्थापन सम्मेलनको तस्वीर।

सम्मेलनमा विद्यार्थीहरूलाई व्यवस्थापनमा तयार पार्नुको उद्देश्य रहेको छ।

हिमालय दर्पण

सेन्ट जेभियर्स कलेजको दोस्रो क्याम्पस उद्घाटन

सिलिगुड़ी, २६ जनवरी (विश्व) - उत्तर बंगाल सेन्ट जेभियर्स कलेजको दोस्रो क्याम्पसको उद्घाटन भएको छ।



उद्घाटन कार्यक्रममा सहभागिता लिएका व्यक्तिहरूको तस्वीर।

Siilguri Edition Jan 11, 2025 Page No. 4 Powered by: erelego.com

शिक्षा, संस्कार और करियर का सम्मन्ध है नार्थ बंगाल सेन्ट जेभियर्स कालेज

द्वितीय क्याम्पास

शिलिगुड़ी, १० जनवरी : म्यानेजर तथा प्रकाशक प्रलयकांति माटीगाड़ाय शुक्रवार उद्घोषण करा हल सेन्ट जेभियर्स कलेजको द्वितीय क्याम्पसको।

North Xavier's second campus launched

OUR CORRESPONDENT Siliguri: The North Bengal St Xavier's College (NBSXC) opened its second campus at Matigara on the outskirts of Siliguri on Friday.



The inauguration of North Bengal St Xavier's College's second campus at Matigara on Friday.

The principal, "It will also provide better accessibility for students and allow the institution to introduce more job-oriented courses."





TEACHING FACULTY OF NORTH BENGAL ST. XAVIER'S COLLEGE

2nd Back Row (Left to Right) : Dr. Tanmay Mukhopadhyay, Siddharth Chettri, Rohan Chettri, Dr. Amlanjyoti Ghosh, Rajyavishek Pradhan, Dr. Jackson Guring, Fr. Dr. Dhivvianandam Irudayaraj SJ, Sanjeevni Mishra, Gargi Majumdar, Priya Ekka.

1st Back Row (Left to Right) : Manoj Debnath, Dr. Baidurya Biswas, Subash Kumar Gupta, Partha Sarathi Dutta, Tushar Das, Dr. Subrata Roy, Shreya Majumdar, Swarnali Dutta, Dr. Abhisikta Bhaduri, Karma Diki Bhutia, Ankita Chhetri, Divya Limbu, Payel Dey, Dr. Payel Paul, Dr. Soumya Mitra, Priyanka Chakraborty, Barsha Dey.

Front Row (Left to Right) : Sagar Sharma, Dr. Saikat Roy, Dr. Bipransh Kumar Tiwary, Dr. Soumyadip Ghosh, Nitya Rai, Fr. Dr. Dennis Soosai SJ, Fr. Dr. Lalit P. Tirkey SJ (Principal), Dr. Tamal Mazumder, Fr. Deven Damien Yonzon SJ, Dr. Aparna Chatterjee, Dr. Persis Mukhia, Sumita Roy Choudhury.

College Prayer Song

*I am carrying you on my eagle's wings
I am leading you to eternal springs (refrain)
Lord, my life is filled with, peace and love divine;
By your countless blessings, every day does shine;
Cradled like child, I'm safe within your arms;
Guarded I'm and fearless, from life's every harm.
I am carrying you on my eagle's wings,
I am leading you to external springs (refrain)
Failures and successes cross my life's long way;
From all devious turnings, keep me straight I pray;
Like a wayward child, I'm fickle, proud and vain;
From you when I stray, bring me back again.
I am carrying you on my eagle's wings,
I am leading you to eternal springs (refrain)
Months and years of College, they keep passing by;
Helping to achieve the goals before me lie;
Wisdom sure and clear, to light up darkest ways;
Values steer safe life's bark, midst all stormy days
I am carrying you on my eagle's wings
I am leading you to eternal springs (refrain)...*

Text & Music by:
Fr. Arthur Rasquinha, S.J



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