

DEPARTMENT OF SOCIOLOGY

LESSON PLAN 2024-2025

Lesson Plan 2024-2025 Session

NORTH BENGAL ST XAVIER'S COLLEGE

Department of Sociology

Session 2024-2025

FYUGP SYSTEM

Semester I

Name of the Assistant Professor: Persis Mukhia

Lesson Type: Theory

Course: Major COURSE-01 Introduction to Sociology-I

Unit:1	Topic: Discipline and Perspective					
Lesson Title	Course Objectives	Method of Teaching/ Materials	Expected Course Outcome	Lesson Duration	Plan for Slow Learners	Plan for Active Learners
Meaning, Definition and Subject Matter	Understanding the concept of sociology, derivation of the term, and subject matter	Class lecture using chalk and board work Dictation, Notes Study Materials, Pdfs References given	Clarify the basic concepts on Sociology, society and the subject matter of sociology	2class/ 2hours	Interactive Discussion, Dictation Tutorials	Interactive Discussion Dictation
Emergence of Sociology	Understand the emergence of sociology	Class Lecture Dictation References given	Familiarise with the emergence of sociology as a discipline	1class/ 1hour	Discussion and Assignment Interaction	Discussion Interaction Assignment

Nature and Scope of Sociology	Understand the nature and scope of sociology	Class Lecture Study Materials References given	Clarify the nature and scope of sociology in society	2class/ 2hours	Discussion Assignment Tutorials	Discussion Assignment
Importance of Sociology	Understand the importance of sociology as a discipline	Class Lecture Dictations, Notes Study Materials References given	Clarify the importance of sociology in society	1class/ 1 hour	Discussion Assignment Tutorials	Discussion Assignment
Tutorial:		Study materials given and Clearing of Doubts			Extra Class/Counseling	Interactive Group Discussions
				= 6 Classes	Wall Magazine	

Signature of the Teacher:
Lesson Plan 2024-2025 session

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NORTH BENGAL ST XAVIER'S COLLEGE
Department of Sociology
Session 2024-2025

FYUGP SYSTEM

Semester I

Name of the Assistant Professor: Persis Mukhia

Lesson Type: Theory

Course: Major COURSE-01 Introduction to Sociology-I

Unit:2	Topic: Sociology and Other Social Sciences
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Lesson Title	Course Objectives	Method of Teaching/ Materials	Expected Course Outcome	Lesson Duration	Plan for Slow Learners	Plan for Active Learners
Sociology and Social Anthropology	Understanding the concept of Sociology and Social Anthropology	Class lecture Dictation, Notes Study Materials References given	Clarify the differences between Sociology and Social Anthropology	1class/ 1hour	Interactive Discussion, Dictation Tutorials Class Test	Interactive Discussion Dictation Class Test
Sociology and Political Science	Understand the concepts on Sociology and Political Science	Class Lecture Dictation References given	Familiarise with the differences between Sociology and Political Science as two disciplines	1class/ 1hour	Discussion and Assignment Interaction Class Test	Discussion Interaction Assignment
Sociology and History	Understand the concepts Sociology and History	Class Lecture Study Materials References given	Clarify the two disciplines –one Sociology and the other History.	1class/ 1 hour	Discussion Assignment Tutorials Class test	Discussion Assignment
Sociology and Economics	Understand the concept Sociology and Economics	Class Lecture Dictations, Notes Study Materials References given	Clarify the differences between Sociology and Economics	1class/ 1 hour	Discussion Assignment Tutorials	Discussion Assignment
Tutorial:		Study materials given and Clearing of Doubts			Extra Class/Counselling	Interactive Group Discussions
				= 4 Classes		Wall Magazine

Signature of the Teacher:

Lesson Plan 2024-2025 session

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NORTH BENGAL ST XAVIER'S COLLEGE
Department of Sociology
Session 2024-2025

FYUGP SYSTEM

Semester I

Name of the Assistant Professor: Persis Mukhia

Lesson Type: Theory

Course: Major COURSE-01 Introduction to Sociology-I

Unit:3	Topic: Basic Concepts: Concept, Definitions, Characteristics, Types, Significance					
Lesson Title	Course Objectives	Method of Teaching/ Materials	Expected Course Outcome	Lesson Duration	Plan for Slow Learners	Plan for Active Learners
Society and Community	Understanding the concept of Society and Community	Class lecture Dictation, Notes Study Materials References given	Clarify the differences between society and community+ Characteristic feature of community	1class/ 1hour	Interactive Discussion, Dictation Tutorials Class Test	Interactive Discussion Dictation Class Test
Association	Understand the concept on Association	Class Lecture Dictation References given	Familiarise with the term Association along with its features	1class/ 1hour	Discussion and Assignment Interaction Class Test	Discussion Interaction Assignment
Institutions	Understand the concept on social	Class Lecture Study Materials	Clarify the social Institutions like	2class/ 2 hours	Discussion Assignment	Discussion Assignment

	institutions	References given	family, marriage, education, economy polity religion and their functions in society.		Tutorials Class test	
Norms, Folkways, Mores and Values	Understand the concepts norms, values, folkways and mores	Class Lecture Dictations, Notes Study Materials References given	Clarify the different concepts of norms and values , folkways and mores	1class/ 1 hour	Discussion Assignment Tutorials	Discussion Assignment
Culture, Components, Significance	Understand the concept of culture ,it's components and importance	Class Lecture Dictations, Notes Study Materials References given	Understand the term culture, word derivation, components and the importance of culture.	2class/ 2 hours	Discussion Assignment Tutorials Class test	Discussion Assignment
Tutorial:		Study materials given and Clearing of Doubts			Extra Class/Counselling	Interactive Group Discussions
				= 7 Classes	Wall Magazine	

Signature of the Teacher:
Lesson Plan 2024-2025 Session

NORTH BENGAL ST XAVIER'S COLLEGE
Department of Sociology

Session 2024-2025

FYUGP SYSTEM

Semester I

Name of the Assistant Professor: Persis Mukhia

Lesson Type: Theory

Course: Major COURSE-01 Introduction to Sociology-I

Unit:4	Topic: Social Control					
Lesson Title	Course Objectives	Method of Teaching/ Materials	Expected Course Outcome	Lesson Duration	Plan for Slow Learners	Plan for Active Learners
Meaning, Types	Understanding the concept of Social Control and types	Class lecture using chalk and blackboard Dictation, Notes Study Materials References given	Familiarise the concept of Social control, derivation of the term and the types of social control- Formal and Informal	2class/ 2hours	Interactive Discussion, Dictation Tutorials Class Test	Interactive Discussion Dictation Class Test
Agencies, Importance	Understand the various agents of social control and their roles in society	Class Lecture using chalk and blackboard Dictation, Study Materials References given	Familiarise with the various agents of social control like family, religion, education, mass media etc	3class/ 3hours	Discussion and Assignment Interaction Class Test	Discussion Interaction Assignment
Tutorial:		Study materials given and Clearing of Doubts			Extra Class /Counseling	Interactive Group Discussions
				= 5 Classes	Wall Magazine	

Signature of the Teacher:

**NORTH BENGAL ST. XAVIER'S COLLEGE
DEPT. OF SOCIOLOGY**

Revised FYUGP System

SEMESTER – I

NAME OF THE ASST. PROF: DR. APARNA CHATTERJEE

LESSON TYPE: THEORY

Course: Major Course 02 (Indian Society)

Unit: I

Topic: Varna and Caste System in India

Lesson Title	Course Objective	Method of teaching	Expected Course Outcome	Lesson Duration	Plan for slow learners	Plan for advanced learners
Base of Hindu Social Organisation- Varna Ashram	objective of this course is to introduce students to the foundational concepts of Hindu social organization, specifically the Varna Ashram system.	Lecture-Based Instruction Interactive Discussion	Students will be able to Understand and explain the concept of Varna and Ashram systems in Hindu society, including their historical context and social impact.		Introduce the material in smaller, manageable chunks, starting with the definitions gradually progressing to more complex applications in Hindu	Encourage advanced learners to explore scholarly articles, books, and research papers
Origin, Meaning and Definition of Caste	to provide students with a comprehensive understanding of	Lecture-Based Instruction	Evaluate the social, economic, and political		Pair slow learners with more advanced students for	Encourage advanced learners to take part in class

	the origin, meaning, and definition of caste within the Indian social context	Readings from key texts in sociology,	implications of caste in contemporary India		peer-based learning,	presentations
Features and Functions of Caste	The course will explore the features, functions, and the historical evolution of the caste system, including its social, economic, and cultural implications.	Lecture-Based Instruction Assignments	Understand the features and functions of caste, and how it shapes social structures and individual identities.		Offer one-on-one sessions or small group discussions	Encourage advanced learners to explore scholarly articles, books, and research papers
Changes in Caste system	Students will examine the changes in the caste system in contemporary India, considering the role of modernization, legal reforms, and social movements	Lecture-Based Instruction Interactive Discussion	Analyze the historical and contemporary changes in the caste system and its impact on Indian society.		Encourage slow learners to revisit and revise core concepts	Provide case study assignments on the changes in the caste system.

Signature:

Course: Major Course 02 (Indian Society)

Unit: 2

Topic: Family in India

Lesson Title	Course Objective	Method of teaching	Expected Course Outcome	Lesson Duration	Plan for slow learners	Plan for advanced learners
Meaning and Definition	to provide students with a comprehensive understanding of the concept of family in the Indian context.	Class lecture using chalk and board Reading materials and PDF	The students will be able to define and explain the concept of family.	1 class 1 hour	Provide additional guidance and one-on-one sessions to help slow learners understand core concepts,.	Provide readings from sociological journals or advanced textbooks
Features and Functions	The course will explore the features and functions of family structures.	Class lecture using chalk and board Dictation and explanation	The students will be able to define and explain the features, and functions.	3 Classes 3 hours	Encourage group discussions and peer support to ensure that slow learners can grasp the material by learning with their classmates.	Engage advanced learners in deeper discussions of the evolution of family systems
Types of Indian family – Joint and Extended	The course will focus on joint and extended families.	Class lecture using chalk and board Dictation and explanation	Understand the different types of family structures in India, including joint and extended families.	3 Classes 3 hours	Use visual aids (e.g., charts, diagrams, and videos) to break down complex ideas and make the material more accessible.	Encourage students to conduct independent research on the topic of family types, family systems in different regions of India.

Changes in family system	It will examine the changes occurring in the family system due to social, cultural, and economic factors.	Class lecture using chalk and board Reading materials and PDF	Evaluate the changes in family systems and the impact of modernization, urbanization, and globalization on family structures.	2 Classes 2 hours	Incorporate case studies and real-life examples of families in different regions to contextualize theoretical concepts	Encourage advanced learners to take part in class presentations on the topic of family transformations
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Course: Major Course 02 (Indian Society)

Unit: 3

Topic: Institution of Marriage in India

Lesson Title	Course Objective	Method of teaching	Expected Course Outcome	Lesson Duration	Plan for slow learners	Plan for advanced learners
,Definition and Forms	to provide students with a comprehensive understanding of the concept of marriage in the Indian context.	Class lecture using chalk and board Reading materials and PDF	The students will able to define and explain the concept of marriage.	1 class 1 hour	Provide additional guidance and one-on-one sessions to help slow learners understand core concepts,.	Provide readings from sociological journals or advanced textbooks
Rules of Hindu marriage	The course will explore the functions and rules of Hindu	Class lecture using chalk and board	The students will able to define and explain the rules	3 Classes 3 hours	Personalised attention Simplified	Engage advanced learners in deeper discussions of the evolution of

	marriage.	Dictation and explanation	of Hindu marriage.		Learning Materials	marriage systems
Rules of Muslim marriage	The course will focusing on rules of Muslim marriage.	Class lecture using chalk and board Dictation and explanation	Understand the different rules of Muslim marriage.	3 Classes 3 hours	Use visual aids (e.g., charts, diagrams, and videos) to break down complex ideas and make the material more accessible.	Encourage students to conduct independent research on the topic of muslim marria in different regions of India.

Signature:

Name of the Asst. Prof: Dr. Aparna Chatterjee

Lesson Type: Theory

Course: Major Course 02 (Indian Society)

Unit: 4

Topic: Understanding of Indian Society

Lesson Title	Course Objective	Method of teaching	Expected Course Outcome	Lesson Duration	Plan for slow learners	Plan for advanced learners
	to provide	Class lecture	The students		Provide extra	Provide readings

Religious, Linguistic, Ethnic and Regional Diversity	students with a comprehensive understanding of the concept of religious, linguistic, ethnic and regional diversity in Indian context	using chalk and board Reading materials and PDF	will able to define and explain the concept of diversities.	4 classes 4 hours	assignments and exercises to help slow learners understand core concepts,.	from sociological journals or advanced textbooks
Unity in Diversity	The course will explore the diversities that contributes to the solidarity of Indian society.	Class lecture using chalk and board Dictation and explanation	The students will be able to understand the unique features of Indian society.	3 Classes 3 hours	Personalised attention Simplified Learning Materials	Engage advanced learners in deeper discussions of the meaning of diversities
Pluralism in India	The course will focus on the pluralism that contributes to the solidarity of Indian society.	Class lecture using chalk and board Dictation and explanation	Understand the meaning of socio-cultural pluralism.	3 Classes 3 hours	Use visual aids to break down complex ideas and make the material more accessible.	Encourage students to conduct independent research on the topics

Signature: